

OR-OSHA PUBLIC EDUCATION SAFETY AND HEALTH PROFESSIONAL DEVELOPMENT PROGRAM

Earning one or more of these five safety and health Professional Development Awards of Completion from OR-OSHA's Public Education can help you:

- * gain knowledge and skills to manage your company's occupational safety and health effectively in today's competitive business world.
- * increase your safety and health understanding, and your ability to contribute as a safety committee member, supervisor, or manager/director.



Please place a check mark in the box next to the safety and health Professional Development award that you have completed and mail this form to OR-OSHA Public Education, PO Box 14480, Salem, OR 97309-0405, or fax a copy to (503) 947-7462.

Although earning a Professional Development award helps you gain important knowledge and skills, the certificate should not be considered formal OR-OSHA certification of professional competency or qualification.

Certificates:

30-Hour Safety and Health

Requirements:

Accumulate a minimum of 30 hours of combined workshops and on-line training.

Safety Committee Member

Requirements:

100 Safety and Health Management - The Basics
101 Safety Committee Basic Training
102 Conducting an Accident Investigation
104 Identifying and Controlling Hazards
112 Safety and the Supervisor
116 Safety and Health Program Evaluation
119 Safety Accountability

Safety and Health Supervisor

Requirements:

100 Safety and Health Management - The Basics
101 Safety Committee Basic Training
102 Conducting an Accident Investigation
103 Conducting a Job Hazard Analysis (JHA)
104 Identifying and Controlling Hazards
105 Introduction to Safety Training
112 Safety and the Supervisor
119 Safety Accountability, and
Two elective classes

Safety and Health Manager/Director

Requirements:

100 Safety and Health Management - The Basics
101 Safety Committee Basic Training
102 Conducting an Accident Investigation
103 Conducting a Job Hazard Analysis (JHA)
104 Identifying and Controlling Hazards
105 Introduction to Safety Training
112 Safety and the Supervisor
116 Safety and Health Program Evaluation
119 Safety Accountability
201 Introduction to Ergonomics
206 Ergonomics of Manual Material Handling
212 Workplace Emergency Action Plan, and
Two elective classes

Safety and Health Ergonomics

Requirements:

103 Conducting a Job Hazard Analysis (JHA)
200 Developing an Effective Ergonomics Program
(online Only)
201 Introduction to Ergonomics
206 Ergonomics of Manual Material Handling
207 Ergonomics in the Office, and
Three elective classes

PROFESSIONAL DEVELOPMENT PROGRAM ATTENDANCE RECORD

INSTRUCTIONS: As you complete each OR-OSHA workshop or online course, record the instructor's name, date, and hours of credit on this attendance record. To receive a certificate, please check the box next to the appropriate Professional Development award on the first page, and either mail a copy of this record to: **PO Box 14480, Salem, OR 97309-0405**, or fax it to Salem **(503) 947-7462**. Your certificate will be mailed to you.

Name (Print) _____ Phone _____
 Company _____ Email _____
 Address _____
 City _____ State _____ Zip _____

All classes are 4 hours in length, unless otherwise specified

	Instructor Name	Date	Hours
100 Safety and Health Management – The Basics	_____	_____	_____
101 Safety Committee Basic Training	_____	_____	_____
102 Conducting an Accident Investigation	_____	_____	_____
103 Conducting a Job Hazard Analysis (JHA)	_____	_____	_____
104 Identifying and Controlling Hazards	_____	_____	_____
105 Introduction to Safety Training	_____	_____	_____
106 What to Expect from an OR-OSHA Inspection	_____	_____	_____
108 OSHA 300 Recordkeeping	_____	_____	_____
112 Safety and the Supervisor	_____	_____	_____
116 Safety and Health Program Evaluation	_____	_____	_____
119 Safety Accountability	_____	_____	_____
120 Developing a Violence Prevention Program (online Only)	_____	_____	_____
200 Developing and Effective Ergonomics Program (online Only)	_____	_____	_____
201 Introduction to Ergonomics	_____	_____	_____
203 Personal Protective Equipment (PPE) (online Only)	_____	_____	_____
204 Lockout/Tagout and Machine Safeguarding	_____	_____	_____
205 Hazard Communication Program	_____	_____	_____
206 Ergonomics of Manual Material Handling	_____	_____	_____
207 Ergonomics in the Office	_____	_____	_____
212 Workplace Emergency Action Plan	_____	_____	_____
215 Confined Space Safety	_____	_____	_____
216 Exposure Control/Bloodborne Pathogens	_____	_____	_____
217 Hearing Conservation Program	_____	_____	_____
220 Motor Vehicles: Planning and Safe Practices	_____	_____	_____
221 Forklift Safety	_____	_____	_____
301 Fall Protection	_____	_____	_____
302 Excavation Safety	_____	_____	_____
350 Forest Activities	_____	_____	_____
401 Worker Protection Standard	_____	_____	_____
700 Safety for Small Business (2 hours)	_____	_____	_____
702 SFSB – Violence in the Workplace (1 hour)	_____	_____	_____
703 SFSB – Personal Protective Equipment (1 hour)	_____	_____	_____
704 SFSB – Back Safety (1 hour)	_____	_____	_____
800 SFSB – Safety Committee Training	_____	_____	_____

Other OR-OSHA workshops not listed:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Total Hours Completed: (for 30-Hour Professional Development award only)