

# REGISTRATION PROGRAM



## Construction Safety Conference

January 30 & 31, 2017 • Bend

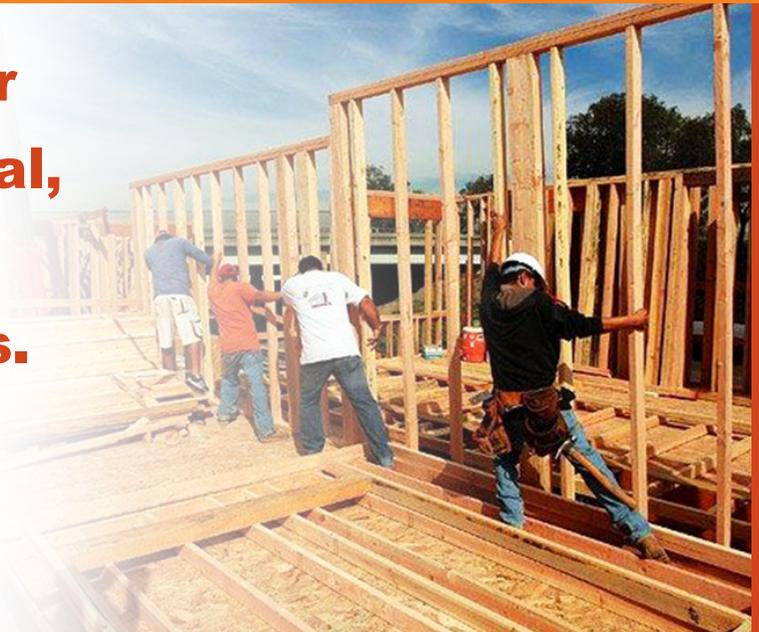
**Keynote:**

**The Journey to  
the Commitment**

by Jeff Deswert  
and Todd Taylor

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— Mid-Oregon Construction Safety Summit



# SCHEDULE AT A GLANCE

Riverhouse on the Deschutes Convention Center • Bend, Oregon

## Monday, January 30, 2017 • PRE-CONFERENCE WORKSHOPS

10 a.m.-noon  
(Only for attendees who are taking the OSHA 10 Hour for Construction certification)

### **Introduction to OSHA** (Part of the OSHA 10 Hour for Construction Series)

This session provides basic knowledge of OSHA's history and mission, worker rights and employer responsibilities under OSHA, OSHA standards, OSHA inspections, and safety and health resources, including how to file an OSHA complaint. A short knowledge-based OSHA quiz concludes the session.

**Doug Pettyjohn, MS, C-OH, CHST, Safety Management Consultant**  
HUB International Limited, Lake Oswego

1-4:30 p.m.

### **Basics in Starting a Safety Program**

Where does one start? Safety encompasses so many facets that it is easy to get frustrated just knowing where to begin. This session is designed to provide some basics in starting up a Safety Program. Topics include: Why OSHA and what do they do? What, if any, reporting requirements are there? Can I be inspected and why? What are some first steps in putting together my program and safety team? What tools can I use in developing my program? Where can I go for more information and help? These and several other topics are discussed. The goal is for attendees to have a basic understanding on what to do and where to get additional help and guidance.

**Randall Jones, Safety and Environmental Manager**  
Johnson Crushers International, Eugene

### **Fatal Four (1-5 p.m.)** (Part of the OSHA 10 Hour for Construction Series)

Construction safety is one of OSHA's top concerns. Construction is among the most dangerous industries in the country and construction inspections comprise approximately 60% of OSHA's total inspections. Preliminary data from the Bureau of Labor Statistics indicate continual fatal on-the-job injuries to construction workers – more than in any other single industry sector, and nearly one out of every five work-related deaths in the U.S. Private industry construction workers had a fatal occupational injury rate nearly three times that of all workers in the United States: 9.7 per 100,000 full-time equivalent construction workers vs. 3.3 for all workers. Part two of this day's session covers those Fatal Four areas consisting of: Falls; Struck-by; Caught-in-or-Between; and Electrocutions that are the most dangerous to workers in the construction industry.

**Doug Pettyjohn, MS, C-OH, CHST, Safety Management Consultant**  
HUB International Limited, Lake Oswego

### **First Aid/CPR/AED**

MEDIC First Aid BasicPlus is a combined adult CPR, AED, and first aid training program designed specifically for the occupational first aid provider. This program helps employers meet OSHA and other federal and state regulatory requirements for training employees how to respond and care for medical emergencies at work. The program is based upon the 2010 International Consensus on Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC) Science with Treatment Recommendations (CoSTR) and other evidence-based treatment recommendations. All students must perform required skills competently without assistance.

**Toby Holborn, Owner, Holborn Safety, Woodland, WA**

### **Flagger Certification/Recertification**

Receive the instruction you need to be an Oregon certified Traffic Control Flagger. This course also provides you the basics to set up safe work zones.

**Danny Dean, President, Alert Safety Supply, Inc., Redmond**

### **Forklift Train-the-Trainer**

Oregon OSHA's forklift operator training rule requires trainers to have the knowledge, training, and experience to train operators, and the ability to judge a trainee's competence. This interactive session reinforces your knowledge of safe forklift operations and provides ideas to establish or strengthen your in-house operator training program.

**Craig Hamelund, Education Specialist, Oregon OSHA, Tigard**

**PRE-CONFERENCE WORKSHOPS**

Attendees choose one topic to attend in this time period

## Tuesday, January 31, 2017

8-8:45 a.m.  
**General Session**

### Welcome and Keynote: The Journey to the Commitment

The journey to a successful safety culture starts with a commitment from management. No one understands this commitment like Todd Taylor with Taylor NW and Jeff Deswert with Kirby Nagelhout Construction. Both Todd and Jeff have more than 30 years of experience; starting as employees in the field to becoming owners of two of Central Oregon's largest construction companies. Join them as they share their journey of safety and how that culture has contributed to the success of their companies and careers.

**Lindsey Wenick and Tracy Stephens, Conference co-chairs**

**Brian Halfman, Oregon OSHA**

**Jeff Deswert and Todd Taylor, Keynote speakers**

9:30 a.m.-noon

### Construction A-Z

From accident investigations to zero energy maintenance programs, the alphabet has us covered when it comes to construction health and safety. This lively session reviews the many hazards commonly found in construction and demolition, and the best practices (and Oregon OSHA requirements) designed to correct those hazards. Several Oregon case studies involving construction-related injuries and deaths are presented.

**Craig Hamelund, Education Specialist, Oregon OSHA, Tigard**

**Randy Nice, Occupational Safety Consultant, Oregon OSHA, Bend**

### Employment Law Update and Best Practices

This session covers what every employer needs to know about the most recent changes and updates to Oregon's employment laws including minimum wage, sick leave, and overtime. Also, best practices and tips regarding hiring, discipline, and discharge are covered.

**Peter S. Hicks, Jordan Ramis PC, Bend**

### Fleet Safety for Construction and Distribution Organizations

Topics covered in this session include commercial motor vehicle definitions, driver qualifications and hours of service, substance abuse testing, maintenance, hazardous materials, load securement, and best practices.

**Steve Bojan, Vice President – Transportation Practice Leader, Risk Services Division**

**HUB International Limited, Milwaukee, WI**

### Industrial Hygiene and Health in Construction (Part of the OSHA 10 Hour for Construction Series)

This presentation is for construction managers, superintendents, and safety people. It covers the major health hazards found in typical construction activities. Occupational exposure levels are briefly discussed, with more time spent on the types of hazards and helpful tips, controls, and practical solutions. Also covered is respiratory protection as part of the OSHA 10 Hour Construction requirements.

**Alden Streatly, MS, CIH, Occupational Hygienist/Industrial Hygienist**

**Associated General Contractors, Wilsonville**

### Strategies for Inspiring Participation and Improving Safety Performance

The quest for increasing employee participation and worker involvement is critical to sustaining high levels of safety performance. Our ability to engage with others is a key ingredient to creating a relationship-based safety culture. This workshop focuses on systems that influence behaviors, behaviors that create work practices, and ownership that impacts personal choice.

**Dan Miller, President, Dan Miller & Associates, Bend**

### Excavation Safety Overview - Worker Protection Options & Solutions

This session is geared toward any companies who work in and around excavations. It provides an overview of the most important rules, hazards, and worker protection solutions used in both small and large excavations.

- What is a "Competent Person" and when is it required?
- When is worker protection required in an excavation?
- What do I need to know about soil types?
- What are some simple ways my company can provide worker protection in order to be compliant?
- What worker protection options are available, and how are they used?
- What is the liability is there if a subcontractor is working unsafe?

**Bret Taylor, Co-founder/General Manager, Cascade Shoring, LLC, Portland**

**BREAKOUT SESSIONS**

Attendees choose one topic to attend in this time period

Noon-1:30 p.m.

**Lunch and visit exhibits**

# SCHEDULE AT A GLANCE — Tuesday, January 31, 2017, continued

1:30-3 p.m.

## BREAKOUT SESSIONS

Attendees choose one topic to attend in this time period

### Fire Safety During Construction

The Oregon Fire Code devotes a chapter to “Fire Safety During Construction and Demolition”, Chapter 33. This chapter also directly references compliance with NFPA 241 for items not addressed in that chapter. The complex and changing nature of a construction site and the unique hazards therein make it a challenge to maintain a safe environment from a fire protection standpoint. Providing fire access and water supply on a site where infrastructure and fire protection systems are at varying stages of completeness is something that can be addressed effectively if construction management and fire authorities communicate well throughout the process. With that in mind, the Deputy Fire Marshall hopes to provide a fire official’s perspective on the Fire Code and NFPA requirements.

**Jeff Bond, AAS Fire Protection Technology, ICC Inspector II, ICC Fire Plans Examiner, Deputy Fire Marshal Bend Fire Department, Bend**

### Hand/Power Tools and PPE (Part of the OSHA 10 Hour for Construction Series)

Did your grandparents teach you about tool safety? Part (1) of this session looks at tools being such a common part of our home and work lives that it is difficult to remember that they do pose hazards. Tragically, a serious incident can occur before steps are taken to identify and avoid or eliminate tool-related hazards. Part (2) covers personal protective equipment, commonly referred to as “PPE.” Come prepared to view this session the way Gallagher would smash his watermelons on stage in Las Vegas.

**Doug Pettyjohn, MS, C-OH, CHST, Safety Management Consultant HUB International Limited, Lake Oswego**

### Ladder Safety and the Advancement in the Ladder Industry

This session covers the following regarding ladder safety:

- Choosing the right ladder for the Job.
- How to handle and set up a ladder properly for the Job?
- The Do’s and Don’ts’ of climbing a ladder.
- Why are people hurt when using a ladder (not just climbing the ladder)?
- Why we should not get creative when using ladders?
- Inspection of ladders including what to look for and how often you should inspect.
- What is changing in the ladder world to make them safer pieces of equipment to use?
- What are the three most common problems with ladders and why people get hurt?

**Jeff Van Winkle, VP/Owner, Northcoast Sales Agency, Gladstone**

### Safety Culture Improvement and the Power of Influence

This session focuses on improving safety culture by influencing others. We discuss effective leadership traits that encourage participation from all levels of the organization by empowering people to take “ownership.”

**Scott Clark, Senior Safety Management Consultant, SAIF Corporation, Bend  
Dave Holland, Senior Safety Management Consultant, SAIF Corporation, Bend**

### Stopping Falls!

Oregon OSHA’s fall protection rule for construction has changed! How are you going to comply? This session covers not only the new rule updates and minimal requirements, but explores methods employers are using to avoid their employees’ exposure to falls. Information is applicable to all phases of construction.

**Kevin Kilroy, CSP, Occupational Safety Consultant, Oregon OSHA, Bend  
Bryon Snapp, Technical Safety Specialist, Oregon OSHA, Salem**

### Underground Damage Prevention

Join this session to learn about the Oregon Dig Law, “811”, and what to do if there is a natural gas line strike.

**Bill Walker, District Operations Manager, Cascade Natural Gas, Bend  
Shannon Potter, Regional Contract Administration Manager – ID, NV, OR, & SW WA, CenturyLink**

3-3:30 p.m.

**Break and visit exhibits**

# SCHEDULE AT A GLANCE – Tuesday, January 31, 2017, continued

3:30-5 p.m.

**BREAKOUT SESSIONS**  
Attendees choose one topic to attend in this time period

## Biggest Challenges, Best Solutions

What are others doing? How can I make that work for my company? From understanding the rules to figuring out how to comply, safety can be overwhelming and reinventing the wheel often isn't necessary. Join local contractors for a question-and-answer session about how their companies manage safety. Bring your questions and find out what others in the industry are doing to make safety successful for themselves and their business.

**Shay Perry, Safety Director, Kirby Nagelhout Construction, Bend**

**Panel Members from Kirby Nagelhout Construction, Western Partitions Inc, Hooker Creek Construction Materials, and Fortis Construction**

## Fall Protection Equipment

Topics covered in this session are:

- Introduction to fall protection including the hierarchy of fall protection
- ABCD's of fall protection
  - **Anchor points** - the need for 5000 lb. anchor points, structure and good and bad places to place anchors, different types of anchors, and engineered anchor points
  - **Body harness** - focus on proper inspection and use of the harness, types of harnesses, connections, labels, and what you can do with your harness
  - **Connectors** – inspection and types of lanyards, fall clearance calculations, proper use of self-retracting lifelines, and use of rope lifelines
  - **Decent and Rescue** – suspension trauma, need for quick rescue, and trauma straps
- Questions and answers

**Dustin Schneider, Territory Sales Manager, 3M Fall Protection, Portland**

## Ladders, Stairs, and Scaffolds *(Part of the OSHA 10 Hour for Construction Series)*

This session provides awareness with working on and around stairways, ladders, and scaffolds. Stairways and ladders are major sources of injuries and fatalities among construction workers and many of the injuries are serious enough to require time off the job. Scaffold hazards continue to rank high on the list of the most frequently cited standards in the construction industry. Scaffold-related fatalities account for a significant number of fatalities in the construction workplace.

**Doug Pettyjohn, MS, C-OH, CHST, Safety Management Consultant  
HUB International Limited, Lake Oswego**

## Regulatory Update for the Construction Industry

This session provides an update on Oregon OSHA's activities as they pertain to recent rule making including updates on Fall Protection in Construction, Recordkeeping, Silica, Personal Protective Equipment, and Heat Stress.

**Dave McLaughlin, Technical Health Specialist/Industrial Hygienist, Oregon OSHA, Salem  
Bryon Snapp, Technical Safety Specialist, Oregon OSHA, Salem**

## Strains: Causes, Prevention, and Treatment

During this session, local orthopedist, Dr. Nonweiler, discusses the effects caused by strains on the body as well as prevention and treatment.

**Dr. Blake Nonweiler, Orthopedic Surgeon, The Center, Bend**

## What to Expect and What You Deserve

Some people are very knowledgeable of Oregon OSHA regulations and the resources the agency provides while others might think OSHA is a small town in Wisconsin. This lively session explains what you should expect from Oregon OSHA and the services, resources, and advantages you can receive! No need to bring your map of Wisconsin – we got you covered.

**Craig Hamelund, Education Specialist, Oregon OSHA, Tigard  
Kevin Kilroy, CSP, Occupational Safety Consultant, Oregon OSHA, Bend**



**Register online by January 25, 2017:**  
**[safetyseries.cvent.com/summit17](http://safetyseries.cvent.com/summit17)**  
**[www.cosha.org](http://www.cosha.org)**

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*Thank you!*

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- SMAF
- SunWest Builders
- Taylor NW

*(List as of Nov. 17, 2016)*



## LODGING

### Riverhouse on the Deschutes

A block of rooms has been reserved at Riverhouse on the Deschutes in Bend. All reservations received after January 3, 2017, will be accepted only if space is available. Book under group name: "Mid-Oregon Construction Safety Summit." The Riverhouse is located on the north end of Bend, on North Business 97.

More information can be found at  
[www.riverhouse.com](http://www.riverhouse.com)

Riverhouse on the Deschutes  
3075 N. Business 97  
Bend, Oregon 97701

For room reservations call  
800-547-3928 or 541-389-3111

**Rate: \$105 per night plus tax**

*Rates are good for 3 days prior to and 3 days after the event.*





## A message from the Construction Summit Co-Chairs

As co-chairs of the 2017 Mid-Oregon Construction Safety Summit, we would like to commend you and your employers for showing your commitment to a safe and healthful workplace. Providing a safe and healthful workplace is a constant challenge in any industry and your interest in the Summit shows that you are committed to making your workplace safer.

This year's Summit provides multiple opportunities to learn best practices in areas of construction safety for residential, commercial, and industrial worksites. The Summit is also offering the OSHA 10 hour certification for construction.

Of particular interest, our keynote speakers own or manage local businesses in the Central Oregon area and will inspire us to think differently about safety.

On behalf of the Planning Committee and the Central Oregon Safety & Health Association (COSHA), it is our pleasure to invite you to the 2017 Mid-Oregon Construction Safety Summit.

**Lindsey Wenick, Co-chair**

**Tracy Stephens, Co-chair**

**2017 Mid-Oregon Construction Safety Summit**

## 16th Annual **Mid-Oregon Construction Safety Summit**

### ***Earn continuing education credits and certifications.***

- **OSHA 10 Hour for Construction**
- **First Aid/CPR/AED** (*Instructor qualified by BCD for plumber and electrician CEUs*)
- **Flagger certification/recertification**

Information on how to track your hours/credits is provided at the conference. A certificate of completion for the event is also issued.



**COSHA**  
PO Box 6476  
Bend, OR 97708

# REGISTRATION PROGRAM



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**Riverhouse on the Deschutes Convention Center • Bend, Oregon**

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