

26th Annual

Western Pulp, Paper, & Forest Products Safety & Health Conference

Partners in Safety – Steering Toward the Future

November 29-December 2, 2016

Red Lion Hotel on the River – Jantzen Beach • Portland, Oregon

Register online at safetyseries.cvent.com/wppfp16

Special Thanks — Sponsors



The Conference Planning Committee members thank the following organizations for their generous donations to this year's conference:

- ◆ AWPPW Local 1 St. Helens, OR
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- ◆ AWPPW Local 13 Toledo, OR
- ◆ AWPPW Local 677 Springfield, OR
- ◆ USW International Union Local 237 Tacoma, WA
- ◆ USW International Union Local 1097 Westport, OR
- ◆ USW International Union Local 1234 Halsey, OR
- ◆ Boise Cascade ID, OR, WA
- ◆ Cascades Tissue Warren, OR
- ◆ Clearwater Paper Corporation Lewiston, ID
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- ◆ Georgia-Pacific Halsey, OR
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- ◆ International Paper Springfield, OR
- ◆ Jammie's Environmental Longview, WA
- ◆ KapStone West Longview, WA
- ◆ Packaging Corporation of America Wallula, WA
- ◆ SAIF Corporation
- ◆ WestRock Tacoma, WA

(List as of 10/25/16)

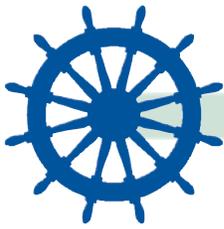


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Co-sponsorship of this conference by the Association of Western Pulp & Paper Workers and Oregon OSHA does not necessarily constitute endorsement or approval of the content of programs. Employers and employees should review applicable rules and regulations to ensure that the information they have received is appropriate to specific worksites and work situations. Oregon Safety Council of AWPPW is financially responsible for this event.



AWPPW



The Association of Western Pulp and Paper Workers (AWPPW) is a labor organization affiliated with the International Brotherhood of Carpenters and Joiners Union of America (UBC). The AWPPW represents members employed in pulp, paper, paper converting, packaging, and medium-density board industries in Washington, Oregon, Idaho, Utah, California, and Virginia. The AWPPW headquarters is located in Portland, Oregon, and the UBC headquarters is in Washington, D.C.

Safety and health in the workplace is the first and foremost priority. Our goal is to make certain when a member goes to work each day, that person returns safely home. The Safety Steering Committee that helps plan the Annual Western Pulp & Paper Workers Safety & Health Conference is made up of participants from the AWPPW Oregon/Idaho/Utah Area Council as well as participants from the Washington and California local unions and beyond. These dedicated participants promote and endorse programs to provide safe workplaces and educate safety committee members in safety and health for all workers.

Oregon OSHA



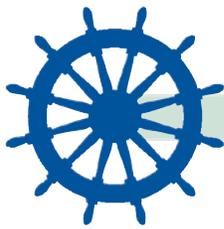
Oregon OSHA administers the Oregon Safe Employment Act (OSEA). The OSEA authorizes enforcement of federal and state occupational safety and health regulations and provides consultation, educational opportunities, technical assistance, and creative programs to assist employers and workers in Oregon. Oregon OSHA is committed to reducing occupational fatalities, injuries, and illnesses, thereby reducing human suffering and workers' compensation costs. For training opportunities or for information about conferences, please call 503-947-7411, or toll-free 888-292-5247, option 1. For technical assistance or consultative services, call toll-free 800-922-2689.

DOSH



The Washington State Legislature passed the Washington Industrial Safety and Health Act in 1973, establishing the Division of Occupational Safety and Health program. DOSH enforces the state's occupational safety and health laws to ensure safe and healthful working conditions for all workers in Washington state. DOSH is dedicated to working in partnership with employers and employees to save workers' lives, and to prevent workplace injuries and illnesses. To report workplace hazards or request technical assistance or consultative services, call 1-800-4BE-SAFE.

Register online at safetyseries.cvent.com/wppfp16



Conference Information & Services

Registration

Early registration is encouraged, as class space is limited. Registrations are accepted by mail, fax, and online. If you are faxing registrations, be sure to fax both sides of the form. If space is available, you may register at the conference. Fees are as follows:

Full conference — Nov. 29-Dec. 2 \$270

One day — Tuesday, Wednesday, or Thursday . . . \$90

One day — Friday \$40

Lunch and continental breakfast are included in your registration fee on Wednesday and Thursday. A hot buffet breakfast is included on Tuesday and Friday. Tickets to the Awards Presentation Dinner on Wednesday, November 30, are \$25 each. Please purchase tickets in advance.

Complete the enclosed registration form and send it with your payment, or **fax it with a purchase order or credit card information to 503-947-7019.**

Make check payable to:

**Pulp & Paper Conference
PO Box 5640
Salem, OR 97304-0640**

A separate registration form must be completed for each person registering. A unique e-mail address must be included for each individual. If more than one person from your company is attending, photocopy the registration form for each person registering and issue a single check or purchase order for the total amount, or provide a single credit card number.

All parts of the registration form must be completed. If not, forms are returned for you to complete before we process your registration.

You can also register online at:
safetyseries.cvent.com/wppfp16

Refunds

No refunds are granted after November 18, 2016. Substitutions are permissible.

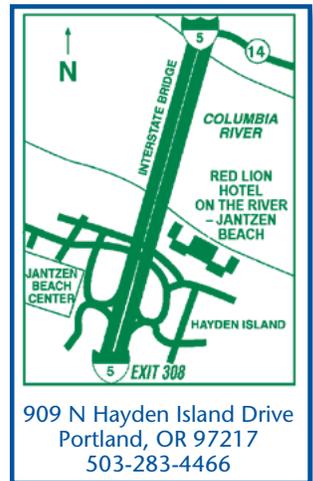
Lodging

Attendees are responsible for making and paying for their own lodging arrangements. A block of rooms has been reserved at the Red Lion Hotel on the River — Jantzen Beach. The conference rate is \$133 plus tax. For room reservations, call 503-283-4466. When making reservations, the room block is under the name "Western Pulp & Paper Workers."

Reservations received after **November 7, 2016,** are accepted only on a space-available basis, at standard room rates. Check-in time is 3 p.m. and check-out is noon.

Deadline for reduced room rate is November 7!

Effective October 1, 2016, the hotel will no longer offer airport transportation. Transportation options can be found at safetyseries.cvent.com/wppfp16.



909 N Hayden Island Drive
Portland, OR 97217
503-283-4466

Accreditation

If you need continuing education credits (CEUs) to keep certifications or licenses current, complete the form provided in your on-site attendee packet. This form is proof of attendance at sessions you wish to submit for accreditation. Submit your form, with required signatures and program descriptions of applicable sessions, directly to your accrediting organization, and keep a copy for your records.

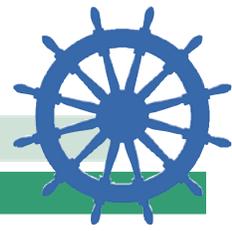
Accommodation for disabilities

The Red Lion Hotel on the River — Jantzen Beach is wheelchair accessible. If you need special accommodations to attend conference sessions, be sure to complete the Special Accommodations Section of the registration form. Information concerning additional services for the disabled will be available at the registration desk.

**Pre-register for sessions
by November 18**

If you have questions or need help registering, call the Oregon OSHA Conference Section at 503-947-7411 or toll-free 888-292-5247, option 1.

Schedule at a glance



Tuesday, November 29, 2016

7:30 a.m. Registration opens
7:30-8:30 a.m. Networking Breakfast (*hot buffet breakfast provided*) – Grand Ballroom
7:30 a.m.-3:30 p.m. Exhibits open

SESSION 1

8:30-10 a.m. Opening and Keynote: Just a Second Ago...
10-10:30 a.m. Break and Visit Exhibits

SESSION 2

10:30 a.m.-noon **Company meetings:**
◆ Boise Cascade
◆ Georgia-Pacific
◆ International Paper
◆ KapStone Container
◆ KapStone Mill
◆ WestRock
◆ Weyerhaeuser

Session for those not attending a company meeting:

◆ Improving Your Safety Culture
Noon-1:30 p.m. Lunch (*provided*) and Visit Exhibits, Prize drawing at 12:30 p.m.

SESSION 3

1:30-3 p.m. ◆ A-Z Incident Investigation and Root Cause Analysis Techniques (*1:30-5 p.m.*)
◆ Active Shooter Awareness (*Repeat session on Thursday at 2:30 p.m.*)
◆ For the Rest of Your Life (*Repeat session on Wednesday at 3 p.m.*)
◆ Fundamental Safety Talks on Aerial Equipment and Confined Space
◆ Improving Your Safety Culture (*Repeat session from 10:30 a.m.*)
◆ Managing People (*1:30-5 p.m.*)
◆ Nutrition and Wellness in the Workplace
◆ Welding Shop Safety — The Invisible Hazards!

3-3:30 p.m. Break and Visit Exhibits

SESSION 4

3:30-5 p.m. ◆ A-Z Incident Investigation and Root Cause Analysis Techniques (*continued from 1:30 p.m.*)
◆ Managing People (*continued from 1:30 p.m.*)
◆ Don't Fall for It: Fall Arrest and Fall Prevention During Maintenance Activities
◆ Emergency Preparedness
◆ Lightning Safety Awareness: The Facts You Never Knew (*Repeat session on Wednesday at 1 p.m.*)
◆ Looking for Trouble — How to Spot Health and Safety Problems
◆ Roundtable: Railcar Safety

Wednesday, November 30, 2016

7:30 a.m. Registration opens and continental breakfast – Grand Ballroom
7:30 a.m.-3 p.m. Exhibits open

SESSION 5

8:30-11:30 a.m. ◆ Critical Hazard: Identification and Risk Assessment
◆ Managing Our Driving Behaviors (*Repeat session on Thursday at 8:30 a.m.*)
◆ Medic First Aid/AED Certification Training (*8:30 a.m.-4:30 p.m.*)
◆ OSHA 10 Hour for General Industry (*all day Wednesday and Thursday*)
◆ Personal Communication/Responding to Criticism
◆ Promoting a Healthier Workforce through Fitness, Ergonomics, and Wearable Technologies
◆ PPE for the Maintenance World: We've Got You Covered
◆ Water Hammer Safety

9:30-10:15 a.m. Break and Visit Exhibits

11:30 a.m.-1 p.m. Lunch (*provided*) and Visit Exhibits — Prize drawing at noon

SESSION 6

1-2:30 p.m. ◆ OSHA 10 Hour for General Industry (*continued*)
◆ Chain Saw Safety and Maintenance Training
◆ Constructive Confrontation (*1-4:30 p.m.*)
◆ Critical Hazards: Effective Controls
◆ Lightning Safety Awareness: The Facts You Never Knew (*Repeat session from Tuesday*)
◆ Medic First Aid/AED Certification Training (*continued from 8:30 a.m.*)
◆ Roundtable: PPE for the Maintenance Worker (*1-4:30 p.m.*)
◆ Soft Tissue Injury Prevention: It's Not Luck; It's Know How and Consistent Action

2:30-3 p.m. Break and Visit Exhibits



Schedule at a glance

Wednesday, November 30, 2016 — continued

SESSION 7

- 3-4:30 p.m.**
- ◆ OSHA 10 Hour for General Industry *(continued; concludes on Thursday)*
 - ◆ Medic First Aid/AED Certification Training *(concludes)*
 - ◆ Constructive Confrontation *(continued from 1 p.m.)*
 - ◆ Roundtable: PPE for the Maintenance Worker *(continued from 1 p.m.)*
 - ◆ Critical Hazards: Validation of Controls
 - ◆ For the Rest of Your Life *(Repeat session from Tuesday)*
 - ◆ Saw Filing Safety—How We Stay “Sharp” Doing a Dangerous Job
 - ◆ Wellness Roundtable

5:30 p.m. Awards Presentation and Dinner; Stay after the Awards Ceremony – a live band will perform!

Thursday, December 1, 2016

- 8 a.m.** Registration opens and continental breakfast – Grand Ballroom
8 a.m.-12:30 p.m. Exhibits open; Passport activity with exhibitors

SESSION 8

- 8:30-11:30 a.m.**
- ◆ OSHA 10 Hour for General Industry *(continued from Wednesday)*
 - ◆ Body Mechanics: A Leading Cause for Muscle Stress
 - ◆ Limiting Your Exposure to Cancer Risks
 - ◆ Managing Our Driving Behaviors *(Repeat session from Wednesday)*
 - ◆ Mindfulness
 - ◆ P&P&PSM—What is That? Pulp and Paper and Process Safety Management
 - ◆ Roundtable: Facilities and Contractors – Bridging Safety Expectations
 - ◆ Roundtable: Planer Safety
 - ◆ Tools for Conscious Leadership: Responsibility

9:45-10:15 a.m. Break and Visit Exhibits

11:30 a.m.-12:30 p.m. Lunch *(provided)* and Visit Exhibits, Prize drawing at noon

SESSION 9

- 12:30-2 p.m.**
- ◆ OSHA 10 Hour for General Industry *(continued)*
 - ◆ Advanced Safety for Hourly Workers
 - ◆ Behavior-Based Safety
 - ◆ Energized Equipment Beyond Zero: How to Follow LO/TO Rules All the Time
 - ◆ Fatigue and Distractions
 - ◆ Four Interpersonal Skills for Frontline Leaders *(12:30-4 p.m.)*
 - ◆ Log Yard Safety
 - ◆ Managing Change and Transition *(12:30-4 p.m.)*
 - ◆ Roundtable: Confined Space Entry

2-2:30 p.m. Break – Lower lobby by breakout sessions

SESSION 10

- 2:30-4 p.m.**
- ◆ OSHA 10 Hour for General Industry *(concludes)*
 - ◆ Four Interpersonal Skills for Frontline Leaders *(continued from 12:30 p.m.)*
 - ◆ Active Shooter Awareness *(Repeat session from Tuesday)*
 - ◆ Combustible Dust
 - ◆ Creating Effective EHS Training
 - ◆ Industrial Hygiene Sampling
 - ◆ Maintenance Shop Safety
 - ◆ Managing Change and Transition *(continued from 12:30 p.m.)*
 - ◆ Roundtable: Annual Outage Best Practices

Friday, December 2, 2016

- 7:45 a.m.** Registration opens
8-8:45 a.m. Networking Breakfast *(hot breakfast buffet provided)* – Grand Ballroom

SESSION 11

- 8:45-11 a.m.** General Session including Keynote: **21st Century Safety by Jon Geenen**
10-10:15 a.m. Break
11-11:30 a.m. Conclusion and Prize Drawings



Tuesday, November 29, 2016

SESSION 1

7:30 a.m.

Registration opens and Networking Breakfast
(hot breakfast buffet provided) – Grand Ballroom

7:30 a.m.-3:30 p.m.

Exhibits Open

8:30-10 a.m.

Opening and Keynote

Sandra Bradfield and Chonda Simon
Conference Planning Committee Co-chairs

Craig Blackwood
Deputy Assistant Director, DOSH

Michael Wood, CSP
Administrator, Oregon OSHA

Keynote: Just a Second Ago...

Brad Livingston was involved in back-to-back explosions that were 100% preventable. The contributing factors to these explosions were the same as what exists in EVERY type of company EVERYWHERE -- Shortcuts; Complacency; Pride; Bad Attitudes; and Improper Perspectives. Brad overcame a 5% chance of surviving his injuries and now shares his story. He explains 'The Ripple Effect,' including what he went through, and more importantly, what his family went through, in such a way that those in attendance WILL understand why they CANNOT allow these factors to be a part of their workplace -- "You think it can't happen to you?"

Brad Livingston
Keynote Speaker

10-10:30 a.m.

Break and Visit Exhibits

SESSION 2

10:30 a.m.-Noon

KapStone Mill Company Meeting

A safety meeting for KapStone Mill employees.

Georgia-Pacific Company Meeting

A safety meeting for Georgia-Pacific employees.

Boise Cascade Company Meeting

A safety meeting for Boise Cascade employees.

International Paper Company Meeting

A safety meeting for International Paper employees.

Weyerhaeuser Company Meeting

A safety meeting for Weyerhaeuser employees.

KapStone Container Company Meeting

A safety meeting for KapStone Container employees.

WestRock Company Meeting

A safety meeting for WestRock employees.

For those not attending a company meeting:

Improving Your Safety Culture

Are you looking to better your organization's safety culture? This presentation details basic components of any safety and health management system, including the cultural component, how it functions, and how to improve it. Speakers from Oregon OSHA and from an Oregon VPP facility share varied and vital information on making your safety culture work for you.

Rick Gammon
Production Lead/Safety Committee Chair
Georgia-Pacific, Philomath

Mark Hurliman, CSHM
VPP/SHARP Program Coordinator
Oregon OSHA, Medford

NOTE: Awards Dinner tickets must be purchased by noon on Tuesday. *Limited tickets available.*

Register online at safetyseries.cvent.com/wppfp16



Noon-1:30 p.m.

Lunch (*provided*) and Visit Exhibits
Prize drawing at 12:30 p.m.

SESSION 3

1:30-3 p.m.

A-Z Incident Investigation and Root Cause Analysis Techniques (1:30-5 p.m.)

Ever have these thoughts? "We have the same incident on a different day and all that ever changes is the name of the person involved"; "If we learn from history, then why do we keep repeating it around here?"; "We seem to know all the answers to our problems only after we suffer the consequences." "If we actually discovered the factors that caused our incident last time, then why are we creating new corrective actions this time?" During this session, Joe shares critical steps, common errors, and techniques for eliminating those errors during incident investigations and analysis. Participants gain a better understanding of tools used to dissect and diagnose an incident, and the preventative, corrective, and sustainable actions required to prevent recurrence.

Joe Estey

*Performance Improvement Specialist
Lucas Engineering and Management Solutions
Richland, Washington*

Active Shooter Awareness (Repeat session on Thursday at 2:30 p.m.)

It is a sad reality that all organizations must seriously consider and plan for how they would respond in an active shooter situation. In this session, participants examine how historical active shooter data, combined with OSHA Emergency Action Plan recommendations, can be used to create an effective response plan that may save the lives of people in your workplace.

Jeff Geddings, SHRM-CP

*Safety Supervisor
Boise Cascade, Medford*

Managing People (1:30-5 p.m.)

Many managers and supervisors are promoted into their leadership positions for their technical skills, not their people skills. They often spend a lot of time addressing worker attitudes when the only area they can control is worker performance. And while much of a manager's success comes from motivating employees to perform in ways that produce quality products and services quickly and efficiently, many new managers don't understand the basics of human motivation. This program helps you and your team hone your managerial skills and practice key leadership concepts that influence business success through motivation and performance expectations.

Dan Miller

*President
Dan Miller & Associates, Bend*

Nutrition and Wellness in the Workplace

This interactive discussion on nutritional choices, dieting, and the importance of staying properly hydrated at work. It targets the overall wellness of employees, mentally and physically. Participants learn strategies to help overcome obesity, stress, and chronic fatigue.

Sam Rader

*Nutritionist
Proactive Injury Prevention Inc., Vancouver, Washington*

For the Rest of Your Life (Repeat session on Wednesday)

Hear the stories of three individuals who had life-changing experiences when it came to workplace injuries. Speakers share their stories of how they still live with the constant reminder that in a split second their injuries affected them "FOR THE REST OF THEIR LIVES."

Steve Barham

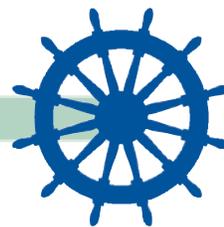
ALC Services, Inc., Coeur d'Alene, Idaho

Mark Coxen

Georgia-Pacific, Toledo

Matt Pomerinke

*Papermaker/Safety Representative
KapStone, Longview, Washington*



Tuesday, continued

Fundamental Safety Talks on Aerial Equipment and Confined Space

Part 1: Information shared about Aerial Boom Lifts and Scissor Lifts: General outline of OSHA regulations, how to conduct and document pre-use inspections, location of manufacturers operating manual and ANSI book of responsibilities, auxiliary lowering systems, lower controls and how they function, and harness requirements and how to properly fit them.

Part 2: Confined Space Entry – OSHA 1926 Subpart AA Confined Space for Construction: Definitions, general requirements, permit-required confined space programs, permitting process, entry permits, training, duties of authorized entrants, attendants, and entry supervisors, evaluation of rescue services, typical confined space hazards, and confined space protective systems.

Jim Craig

Branch Manager

United Rentals Trench Safety, Portland

Chad Lindsley

Regional Produce Development Manager

United Rentals Trench Safety

Jim Westmoreland

Master Trainer, United Rentals

Improving Young Safety Culture

(Repeat session from 10:30 a.m.)

For session description and speakers, see page 8.

Welding Shop Safety – The Invisible Hazards!

We discuss welding fume hazards and control options available to protect the welder as well as others in the shop or proximate area. Control options are explored including welding process selection, source capture equipment, ergonomics, and PPE options. Specific fumes discussed include manganese and hexavalent chrome.

Rob Cameron

Sales Manager

Central Welding Supply, Kelso, Washington

3-3:30 p.m.

Break and Visit Exhibits

SESSION 4

3:30-5 p.m.

A-Z Incident Investigation and Root Cause Analysis Techniques *(continued from 1:30 p.m.)*

Managing People *(continued from 1:30 p.m.)*

Don't Fall for It: Fall Arrest and Fall Prevention During Maintenance Activities

This session explores and develops strategies for protecting workers from injuries due to falls during maintenance activities. The session also outlines the possible risks posed by the use of generic fall arrest strategies and provides methods for more effectively preventing injuries while maintaining compliance with OSHA regulations.

Eric Connelly, CSP

Senior Safety Management Consultant

SAIF Corporation, Portland

Lightning Safety Awareness: The Facts You Never Knew

(Repeat session on Wednesday at 1 p.m.)

Ever wondered “Why” when thunder roars you want to go indoors? Not all things about lightning are intuitive but using your intuition is a good start. This presentation offers valuable information about how lightning works and the important decisions that must be made when lightning is near. Attendees gain helpful and useful insights regarding the “Whys” of lightning safety and will want to share this information with co-workers, family, and friends!

Michael Howard

IPO Electrician

Idaho Cleanup Project (ICP), Idaho Falls, Idaho

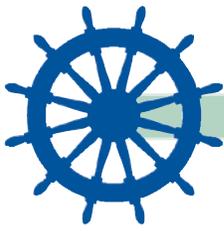
Roundtable: Railcar Safety

We deal with railcars on a daily basis. How do we do it safely? Get ready to share your challenges and best practices in this Railcar Safety roundtable session. Whether you tie down lumber or logs, or load boxcars with paper or cardboard, this is your chance to get a new perspective on the safe way to deal with railcar loading.

Debbie Mattinen

Weyerhaeuser Lumber Division, Longview, Washington

Register online at safetyseries.cvent.com/wppfp16



Emergency Preparedness

What should emergency preparedness look like at work and in the community? Suzie takes you through a journey of what a disaster while on the job may look like; chemical release, a co-worker down in a confined space, or performing CPR on the person working next to you. She explains how to be prepared at work by educating yourself in the art of Advanced First Aid, the use of an AED, a Bloodborne Pathogen kit, and what you should carry in your car to be prepared outside of your work or in the event you would have to evacuate your facility. What to expect of your local Emergency Services and how they interact with your place of employment is covered. Also, Gary talks about emergency preparedness from the CERT approach.

Lori Bullis

Benton County CERT Program Director, Corvallis

Suzie Crickmore

*Advanced First Aid and AED Trainer
Northwest AED, Graham, Washington*

Kimber Townsend

Polk County CERT Program Director, Dallas

Gary Walker

*Safety Specialist PS/CPS Coordinator
Georgia-Pacific, Halsey*

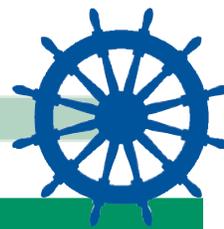
Looking for Trouble – How to Spot Health and Safety Problems

This is a review of common pulp and paper hazards that lead to injuries and death and a sharing of lessons learned from common repeating hazards as well as the immediate and underlying causes. The workshop helps increase your hazard recognition and controls skills.

Steve Sallman

*Safety & Health Specialist
United Steelworkers, Pittsburgh, Pennsylvania*

If you have questions or need help registering, call the Oregon OSHA Conference Section at 503-947-7411 or toll-free 888-292-5247, option 1.



Wednesday, November 30, 2016

7:30 a.m.

Registration opens and continental breakfast
Grand Ballroom

7:30 a.m.-3 p.m.

Exhibits open

SESSION 5

8:30-11:30 a.m.

Critical Hazard: Identification and Risk Assessment

This session is part one of a three part series focused on critical hazards. Attendees can choose to attend one or more of the sessions in the series. What can cause a bad day in your facility? A key part of safety and health is preventing serious injuries and fatalities. The first step is being able to identify hazards and then properly assess the risk they pose. In this session you learn the difference between hazard and risk and how to differentiate between hazards and critical hazards by using a risk assessment tool.

Carly Cholewa

Industrial Hygiene Specialist
Georgia-Pacific, Clatskanie

Joe Ciullo

Safety Manager
Georgia-Pacific, Clatskanie

Anita Jensen

Process Safety Leader
Georgia-Pacific, Clatskanie

Personal Communication/ Responding to Criticism

A message sent does not equal a message received! The cost of poor communication is tremendous: Misunderstandings lead to waste and rework, and relationships break down. Our ability to have conscious interactions and intentional discussions is key to elevating the quality of relationships and improving performance.

When managers and supervisors are not receptive to input, employees and coworkers quit coming to them with complaints, issues, ideas, and solutions. Yet the tendency to be reactive to feedback and get defensive is natural. At the same time, amazing things happen when we become more aware of our reactive triggers and respond to critical feedback with genuine curiosity. Uncomfortable situations become opportunities to gain clarity and information. Individuals feel valued for their contributions. This program

helps you and your team learn powerful communication methods for sending and receiving messages. Individual contributions and team results soar when members of an organization practice these skills.

Dan Miller

President
Dan Miller & Associates, Bend

Managing Our Driving Behaviors

(Repeat session on Thursday at 8:30 a.m.)

If you like to have fun while learning, then you are in for a real treat. Mr. Syd Muzzy, known all across the United States as a "Driver Behavior Specialist", offers a unique and fresh approach to a "Defensive Driving" course that keeps you and your employees alive. Topics include: Driver Distractions, Physical and Mental Limitations, 15 Good Driving Habits, Driver Behaviors, and Truths and Myths regarding "Drowsy Driving".

You learn what our Minds and Bodies can and cannot do, as well as the limitations of the vehicles we operate. This is a fast paced, energetic, fun, and informative course.

Syd Muzzy, MA

Driver Behavior Specialist
Sydney W. Muzzy Traffic Safety Education Consultant
Vancouver, Washington

PPE for the Maintenance World: We've Got You Covered

This session is intended to help educate and encourage both maintenance employees and their managers in addressing their PPE needs and choices, with an emphasis on why it's so important to wear it! The session offers hands-on labs, videos, and experiments with lots of visuals to help people fully understand how PPE protects us. Our goal is to promote a fun and engaging environment, where people can learn in many different ways. Covered topics are: eye protection, hard hats, safety toe shoes, full body protection, etc. We also cover concepts such as chemical exposures, being your "brother's keeper", glove permeation, and more.

Aaron Cooper

Boilermaker
WestRock, Tacoma, Washington

David Kelly

Instrument Tech
WestRock, Tacoma, Washington

Register online at safetyseries.cvent.com/wppfp16



Promoting a Healthier Workforce through Fitness, Ergonomics, and Wearable Technologies

This course provides an overview of how fitness and ergonomic programs have been implemented successfully at pulp and paper locations. It includes practical movement lessons attendees are able to apply immediately. Fitness and ergonomic programs based on demands of the job and needs of both the employee and employer aim to promote a healthier workforce. We focus on equipping individuals to use fitness, injury prevention knowledge, and ergonomic techniques to improve musculoskeletal wellness and better balance the demands of work and life. Additionally, we introduce how data captured with new cutting edge “wearable” technologies can translate into improved ergonomic solution designs. These ergonomic solutions benefit both employer and employee by maximizing safe and efficient job performance.

Cory Blickenstaff, PT, MS, OCS

Physical Therapist

Forward Motion Physical Therapy, Vancouver, Washington

Kristen Cederlind, OTR/L

On-Site Services Manager

WorkWell Prevention and Care, Duluth, Minnesota

Norm Puente

Vice President-Sales

WorkWell Prevention and Care, Duluth, Minnesota

Water Hammer Safety

Water hammer events in steam and water systems can be very destructive. Many lives have been lost over the years due to water hammer incidents. This presentation shows the causes and effects of water and the destructive potential of water hammer. We discuss lessons learned from water hammer events that have occurred across the nation.

Kalle Hyrkas, CSP, OHST

Activity Manager

MSA Hanford, Richland, Washington

OSHA 10 Hour for General Industry (All day Wednesday and Thursday)

The OSHA 10 hour General Industry course is intended for supervisors and entry level employees who want to have more safety knowledge and better understand areas of health and safety compliance. The OSHA 10 hour curriculum includes the following courses: Introduction to OSHA, Walking & Working Surfaces, Fall Protection, Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection, Electrical Safety, PPE, Hazard Communication, Hazardous Materials, Machine Guarding, Bloodborne Pathogens, Ergonomics, and an Introduction to Industrial Hygiene and Safety and Health Programs. Each attendee is issued an OSHA General Industry 10 hour card.

Lori Bierhaus

Safety Training and Records Coordinator

Clearwater Paper Corporation, Lewiston, Idaho

Joe Ciullo

Safety Manager

Georgia-Pacific, Clatskanie

Gary Walker

Safety Specialist PS/CPS Coordinator

Georgia-Pacific, Halsey

Medic First Aid/AED Certification Training (8:30 a.m.-4:30 p.m.)

Training for people who are occupationally required or just desire to have first aid knowledge and skills, such as emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters.

Todd Kuhnhausen, Wa.St.EMR, Medic First Aid Instructor, Basic First Aid, AED, BBP

Security/ Emergency Services

Georgia-Pacific Camas, Kelso, Washington

Sherri Silva, RN, Medic First Aid Trainer

Occupational Health Nurse

Georgia-Pacific Camas, Kelso, Washington

9:30-10:15 a.m.

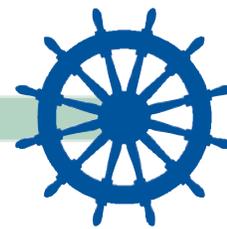
Break and Visit Exhibits

11:30 a.m.-1 p.m.

Lunch (provided) and Visit Exhibits

Prize drawing at noon

Sessions



Wednesday, continued

SESSION 6

1-2:30 p.m.

OSHA 10 Hour for General Industry *(continued)*

Medic First Aid/AED Certification Training *(continued from 8:30 a.m.)*

Critical Hazards: Effective Controls

This session is part two of a three part series focused on critical hazards. Attendees can choose to attend one or more of the sessions in the series. Has your facility experienced a serious injury or fatality? Controlling critical hazards is crucial to maintaining a safe work environment and preventing incidents that cause life altering injuries or death. Participants learn how to establish controls for critical hazards that occur in many work environments.

Nicholas Coffey, MS Safety Management
Safety Associate

Georgia-Pacific, Clatskanie

Thomas Justus
Safety Specialist

Georgia-Pacific, Clatskanie

Chris Newman
Property Protection Supervisor
Georgia-Pacific, Clatskanie

Lightning Safety Awareness: The Facts You Never Knew

(Repeat session from Tuesday at 3:30 p.m.)

For session description and speakers, see page 10.

Soft Tissue Injury Prevention: It's Not Luck; It's Know How and Consistent Action

This session addresses the ever-growing concern of soft tissue injuries for companies and employees nationwide. These injuries cost industrial facilities billions of dollars to treat every year, not to mention, the employees suffering with these types of injuries are unable to live quality "pain free" lives both at work and at home. Commitment from both employers and employees is the first step to preventing soft tissue injuries. This session is led by a Sports Medicine/Industrial Medicine professional that has nearly thirty years experience in preventing injuries for Olympic, Professional, Collegiate, and Industrial Athletes alike.

Brett Moore, MSS, ATC, CSCS
Owner

Moore Wellness Systems, Warner Robins, Georgia

Constructive Confrontation (1-4:30 p.m.)

When managers, supervisors, and lead people do not provide corrective feedback, it breeds inconsistency and diminishes relationships. In fact, when performance issues go uncorrected, serious consequences occur. Productivity, safety, and quality are negatively impacted, managers and supervisors lose their effectiveness as leaders, and the issues spread. Yet many leaders do not know the most effective ways to address performance issues. This program helps you and your team learn to forge solutions from the heat of confrontation, allowing all parties to emerge with clear understanding and full integrity.

Dan Miller

President

Dan Miller & Associates, Bend

Roundtable: PPE for the Maintenance Worker (1-4:30 p.m.)

People are injured every day on the job because they don't use the correct tool or wear the proper PPE for the job. Taking shortcuts doesn't always make the job faster; sometimes it makes the job longer and painful. This roundtable is great for the maintenance worker to help with new ideas and tools available to make your job safer and more productive. Come to this roundtable and share your safety tips and learn from other attendees.

Aaron Cooper

Boilermaker

WestRock, Tacoma, Washington

Bob Oversby

Millwright

Georgia-Pacific, Halsey

Chain Saw Safety and Maintenance Training

This session is focused on the safe use and maintenance of chain saws. We look at the safe use of chain saws, recommended PPE when using a chain saw, and maintenance procedures that should be performed on a routine basis.

JD Fernstrom

Technical Service Manager

STIHL Northwest, Chehalis, Washington

2:30-3 p.m.

Break and Visit Exhibits

Register online at safetyseries.cvent.com/wppfp16



SESSION 7

3-4:30 p.m.

OSHA 10 Hour for General Industry
(continued; concludes on Thursday)

Constructive Confrontation
(continued from 1 p.m.)

Roundtable: PPE for the Maintenance Worker *(continued from 1 p.m.)*

Medic First Aid/AED Certification
(continued from 8:30 a.m.)

Critical Hazards: Validation of Controls

This session is part three of a three part series focused on critical hazards. Attendees can choose to attend one or more of the sessions in the series. How do you know that your controls are effective and being used as intended? This class provides techniques on how to validate existing controls and how they can be improved.

Representatives from Georgia-Pacific, Clatskanie:

Randy Hansen

Process Safety Management Coordinator

Darcy Hendrickson

Safety Engineer

Tracy McEntire

Principal Secretary

Darrell Womack

Hourly Safety Coordinator

For the Rest of Your Life

(Repeat session from Tuesday)

For session description and speakers, see page 9.

Saw Filing Safety—How We Stay “Sharp” Doing a Dangerous Job

Take a tour through Weyerhaeuser Longview Lumber’s state-of-the art saw filing shop, and a day in the life of a Saw Filer. This program highlights how the filing department’s well-established safety protocols and standards mitigate the hazards of a high-risk trade.

Madeline Lovingfoss

Saw Filer

Weyerhaeuser Lumber, Longview, Washington

Wellness Roundtable

Come prepared to kick off your shoes, have a bottle of water, and a piece of fruit while you share your ideas and experiences on how you were able to build a wellness program at your facility. If you are looking to build a wellness program or simply need some new ideas this is the session for you. We include speakers from two other sessions promoting health and wellness by tying together discussions on soft tissue injuries from an athletic trainer and promoting a healthier workforce through fitness and ergonomics from a physical therapist.

Brett Moore, MSS, ATC, CSCS

Owner

Moore Wellness Systems, Warner Robins, Georgia

Debbie Whitt

Safety Coordinator

WestRock, Tacoma, Washington

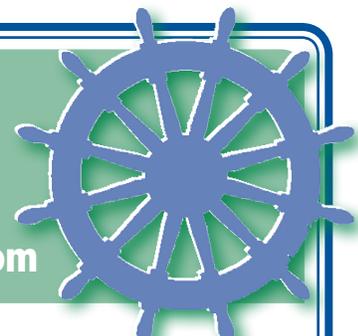
Awards Presentation and Dinner

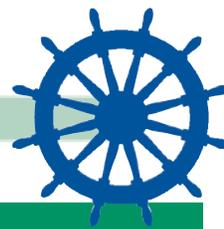
Wednesday, November 30 • 5:30 p.m. • Grand Ballroom

Join us as we celebrate 26 years!

Dinner tickets \$25 each ~ Purchase in advance

Grand Prize Drawing ~ You must be present to win!
Stay after the Awards Ceremony ~ a live band will perform!





Thursday, December 1, 2016

8 a.m.

Registration opens and continental breakfast
Grand Ballroom

8 a.m.-12:30 p.m.

Exhibits open; Passport activity with exhibitors

SESSION 8

8:30-11:30 a.m.

OSHA 10 Hour for General Industry
(continued from Wednesday)

Body Mechanics: A Leading Cause for Muscle Stress

If you have ever worked a desk job, chances are, at one time or another you had an ergo assessment. During that assessment your keyboard was changed, your monitor was raised or lowered and your chair was changed. The question is, was your body movement/position changed? I would say yes! You sat up taller during the assessment because you didn't want to get lectured about good posture, core fitness, etc. Then 5 minutes after the assessment, you go back to slouching forward and now your neck hurts because you are looking up at your monitor. The assessment didn't look at how your body movement and position were when not being assessed.

Gene Berry, LMT, BCMT

Owner/Manual Therapist
Muscle Movement Therapy, Vancouver, Washington

Managing Our Driving Behaviors

(Repeat session from Wednesday)

For session description and speakers, see page 12.

Mindfulness

What is mindfulness? What does it have to do with safety? This interactive session addresses the role of mindfulness in improving decision making and safety performance. We discuss practical strategies for engaging employees to increase mindfulness and improve safety.

Ben McCormack

Senior Safety Management Consultant
SAIF Corporation, Portland

Siobhan Murphy

Senior Safety Management Consultant
SAIF Corporation, Portland

Limiting Your Exposure to Cancer Risks

Is it a myth or is it a fact? Hmm...Let's explore the old thinking on cancer from the new, and separate the fact from the fiction once and for all. Together we identify what and where the risk factors are within our work environments and how we can seek to limit our exposure through awareness, education, and positive change. We learn new tips and tricks to incorporate into our everyday work life, and how to carry these over into our home life. Let's put cancer out of work! This highly interactive class promises to be very informative and engaging!

Catherine Houston

Rapid Response and Women of Steel Coordinator
USW District 12 Policy and Legislation
United Steelworkers, District 12

P&P&PSM – What is that? Pulp and Paper and Process Safety Management

This class provides a general overview of the elements of a PSM program with emphasis on the documentation associated with each element. The class also reviews some of the most often cited sections of the PSM regulation and is presented by one of Oregon's PSM compliance officers who is at your disposal for the duration of the class. Any question, rumor, or hypothetical situation can be discussed in a safe environment during the class.

Brandi S. Davis MS, CIH, CSP

Senior Health Compliance Officer
Industrial Hygienist
Oregon OSHA, Tigard

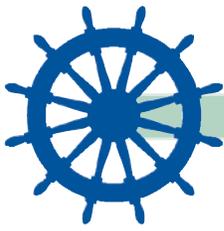
Roundtable: Planer Safety

Operating and maintaining a lumber planer is risky business. Everyday Planer Professionals are exposed to hazards that could cause a life changing incident in the blink of an eye. This roundtable is an opportunity: to discuss ways to assess and mitigate, or eliminate, those risks and hazards; share best practices, and follow the journey of Weyerhaeuser's focus team to improve overall Planer safety for their Northwest mills.

Weyerhaeuser Northwest Planer Team

Weyerhaeuser, Longview, Washington

Register online at safetyseries.cvent.com/wppfp16



Roundtable: Facilities and Contractors – Bridging Safety Expectations

This roundtable is a candid conversation about safety aspects from both a contractor and customer's perspective. We share many of the same safety goals; how can we better ensure that we have a clear and consistent cooperative safety message? We look at the intersection in our efforts to provide a safe environment in sharing best practices and identifying gaps. The town-hall style discussion topics are: How do we conduct our safety training? Are there systemic and financial impacts to how we conduct training where we can better collaborate? How are hazards recognized and communicated? Are there steps we can take to ensure hazards are communicated across the board? Can we do more to increase visibility of our safety programs on both sides? Would a regional oversight group of representatives help to open the communication avenues? Speaking of communications, is one hurdle we face as simple as terminology? Are there opportunities to find terminology consistent from mill-to-mill and contractor-to-contractor for safety roles and safety processes?

Jim Berry

Boise Cascade, Kettle Falls, Washington

Darcy Hendrickson

Safety Engineer

Georgia-Pacific, Clatskanie

Clark Hislop

Jammie's Environmental, Longview, Washington

Marc Skiles

Safety Director

CH Murphy || Clark-Ullman, Inc., Portland

Tools for Conscious Leadership

Creating the best in leaders requires expanding into new behaviors and skill sets. Our ability to build relationships between people in the workplace is essential at all levels. When these relationships break down, information is withheld, immovable positions are taken, and interpersonal dramas escalate. The ability for individuals and teams to take healthy responsibility for how they show up and how they hold themselves and each other accountable is essential to sustaining organizational excellence. This program provides proven strategies to reduce drama, value human needs, and increase organizational performance.

- Learn how to recognize and shift out of the Persecutor, Rescuer, and Victim positions in the drama triangle.
- Develop strategies for stepping into healthy responsibility.
- Explore the benefits of taking personal responsibility.

Dan Miller

President

Dan Miller & Associates, Bend

9:45-10:15 a.m.

Break and Visit Exhibits

11:30 a.m.-12:30 p.m.

Lunch (*provided*) **and Visit Exhibits**

Prize drawing at noon

SESSION 9

12:30-2 p.m.

OSHA 10 Hour for General Industry (*continued*)

Advanced Safety for Hourly Workers

Like quality and production, the physical accomplishment of workplace safety and health is the direct result of the efforts of hourly front-line workers, not management personnel. What can hourly workers do to take control of their fate and improve the safety and health of their workplace? How can differences of opinion between salary and hourly workers be resolved when it comes to the best way to direct the safety and health efforts of the workplace? Looking beyond general safety (i.e. housekeeping, hazard recognition, OSHA standards, etc.), focus is given to the state-of-the-art concepts provided by ANSI's Z10 standard on Occupational Health and Safety Management Systems and how hourly workers can use them to enhance the safety of their workplace. This course provides interactive learning, hands-on training, and the necessary tools and methods for getting salary and hourly workers on the "same page" when it comes to safety.

Tim Carrico

PM10 Team Member

KapStone Paper and Packaging, Kelso, Washington

Behavior-Based Safety

In this interactive roundtable session, facilitators explain how a successful Behavior-Based Safety program can help your site achieve the next level in safety. Creating an observation program can help with all aspects of continued safety improvements when we focus on workers and their behaviors (safe or unsafe).

Vince Elkinton

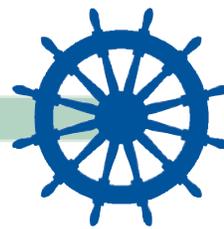
Level of Preservation/Safety Leader

Georgia-Pacific, Camas, Washington

Edward Larson

Union Safety Coordinator

Georgia-Pacific, Toledo



Thursday, continued

Energized Equipment Beyond Zero: How to Follow LO/TO Rules All the Time

This presentation details the various activities the International Paper Springfield mill undertakes resulting in high probability of full compliance with LO/TO rules. The goal is Life Impacting Injury and Fatality Elimination.

Scot Johnson

Machine Tender

International Paper, Springfield

David Maloney, P.Eng

EHS & S Manager

International Paper, Springfield

Four Interpersonal Skills for Frontline Leaders (12:30-4 p.m.)

A recent study from Development Dimensions International (DDI) concluded interpersonal skills are the #1 reason frontline leaders fail. Most frontline leaders are promoted from the ranks; they move into their jobs with a lot of work knowledge and skill (that's usually why they are promoted); but, technical knowledge alone isn't enough to make anyone a good leader. Growing demands for greater productivity, more innovation, and doing more with less, have made leading at the frontline as challenging as ever. Leaders need a wide range of skills and knowledge, and most importantly, skilled in managing people. This training is designed to help you become a more skilled and effective frontline leader. We spend the first half practicing four essential interpersonal skills, and the second half, have a lively and spirited roundtable discussion on the challenges of frontline leadership.

Cheryl Binda, M.Ed.

President

Binda Consultants LLC, Boise, Idaho

Log Yard Safety

Log yards have people and equipment working in close proximity. Safety and communication are paramount to ensure employees and contractors work safely together. In this presentation, we discuss equipment safety, truck driver protocols, yard best practices, and risk assessment/mitigation.

Tad Maki

Log Scaling Supervisor

Weyerhaeuser, Longview, Washington

Megan Schultz

Export Operations Supervisor

Weyerhaeuser, Longview, Washington

Managing Change and Transition (12:30-4 p.m.)

People struggle with change because no attention is given to the emotional and psychological impacts that it has on them. In addition, top management, supervisors, and employees are often not engaged in operational changes as they don't know why the changes are necessary and what's at stake if they are not implemented successfully. Therefore, it's not surprising that 35% of organizational changes fail, costing millions of company dollars, negatively impacting morale and motivation, and resulting in unrealized improvement opportunities. Drawing on the work of noted expert, William Bridges*, Ph.D., this program demonstrates how to manage change and transition effectively by helping employees come to terms with new situations through knowledge of the big picture, the purpose of the plan, and their part in the change.

Dan Miller

President

Dan Miller & Associates, Bend

Roundtable: Confined Space Entry

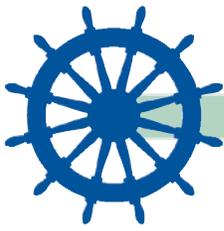
Twenty-plus years following the implementation of the Confined Space Entry Standard, the question can be fairly asked: How are we doing? Certainly better...but with lots of room for improvement. From a technical perspective, we can reasonably argue that all the tools associated with Confined Space Entry have made a difference. Training is readily available to employers and employees in the form of seminars, online formats, and a number of regional state/federal/industry-sponsored workshops. Products designed to help make entries safer, ranging from gas detection, rescue/retrieval systems, blowers, lighting and the entire spectrum of Personal Protective Equipment, have all improved. As with every other aspect of technology in our lives, the technical products, air monitors most notably, have gone down in cost – while at the same time showing dramatic increases in quality, reliability, and ease of use. If all the above is true, why do we, in 2016, continue to experience the confined space entry body counts that we do?

Mike Standley

Safety Division Sales Manager

OXARC, Inc., Spokane, Washington

Register online at safetyseries.cvent.com/wppfp16



Roundtable: Fatigue and Distractions

We all face fatigue on a daily basis-late night movies, sick kids, or just your every night sleep apnea. We all have distractions in our lives that carry over into our work environment-cell phones, family worries, financial issues, or even what we are going to eat for dinner. This is an opportunity to share what you and your company have done to help people not get hurt while dealing with these issues and at the same time, learn what others in the industry are doing.

Shayne Bird

Safety and Health Manager

COSMO Specialty Fibers Inc., Cosmopolis, Washington

2-2:30 p.m.

Break – Lower lobby by breakout sessions

SESSION 10

2:30-4 p.m.

OSHA 10 Hour for General Industry *(concludes)*

Managing Change and Transition *(continued from 12:30 p.m.)*

Four Interpersonal Skills for Frontline Leaders *(continued from 12:30 p.m.)*

Active Shooter Awareness

(Repeat session from Tuesday at 1:30 p.m.)

For session description and speakers, see page 9.

Combustible Dust

This program covers the hazards posed by combustible dust within the timber industry. Topics include recognizing the hazards and risks associated with combustible dust, developing controls and strategies to prevent or mitigate combustible dust fires and explosions, and ensuring employee safety while using or producing materials that generate combustible dust.

Cole Craven, OHST

Safety Specialist

*Timber Products Manufacturers Association
Spokane, Washington*

Creating Effective EHS Training

Tips for designing, developing, creating, delivering, evaluating, and improving EHS training drawn from ANSI Z490.1 and the basics of instructional design. We introduce ANSI Z490.1; explain what a learning objective is, why they're important, and give you two methods to write better objectives; discuss different training delivery methods and give you some tips for selecting appropriate delivery methods, list good sources of credible information for training development; provide 5-8 tips for developing and delivering effective EHS training; and explain a four-level method of evaluating training.

Jeff Dalto

Customer Success Specialist

Convergence Training, Vancouver, Washington

Industrial Hygiene Sampling

Ever wondered what that smell was when you passed by a water treatment plant? What is in the dust you can see in the air? Is it harmful? What is the difference between nuisance dust, respirable dust, and combustible dust? Let's take a peek into the life of a dust particle, a gas cloud, and welding fumes. Do you have a hearing conservation program that your employees understand? How does heat stress affect me? What do Permissible Exposure Limits mean to my health? During this session we look into the many aspects of Industrial Hygiene from sampling to the use of personal protective equipment and the importance of engineering controls.

Debbie Whitt

Safety Coordinator

WestRock, Tacoma, Washington

Maintenance Shop Safety

This course includes a myriad of general topics for discussion by attendees who are looking for a better understanding of relevant maintenance and shop safety guidelines.

Lori Bierhaus

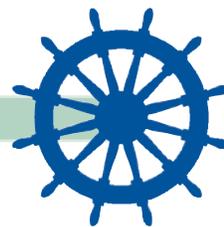
Safety Training and Records Coordinator

Clearwater Paper Corporation – IPP, Lewiston, Idaho

Bob Oversby

Millwright

Georgia-Pacific, Halsey



Thursday, continued

Roundtable: Annual Outage Best Practices

Every mill or operating facility performs annual outages. This is a critical time requiring months of planning and preparation; and, a significant investment in time and money. Annual Outages are often the way to get large projects completed in addition to much needed annual maintenance. This roundtable offers you an opportunity to share your outage experiences and learn from others. The roundtable discussion shares best practices regarding annual outages at different facilities, as well as, lessons learned. Participants in the roundtable discussion are able to take best practice ideas and lessons learned from others back to their own facilities to enhance future annual outage planning and execution process.

Darcy Hendrickson

Safety Engineer

Georgia-Pacific, Clatskanie

Chonda Simon

Port Townsend Paper Corporation

Port Townsend, Washington

Friday, December 2, 2016

SESSION 11

7:45 a.m.

Registration opens

8-8:45 a.m.

Networking Breakfast *(hot breakfast buffet provided)*

Grand Ballroom

9-11 a.m.

General Session and Keynote: 21st Century Safety

Jon Geenen discusses the alarming rise in fatalities in the paper sector. Paper mills are now among the most dangerous places to work in America. Our analysis points toward a path we hope begins to unravel the causes, conditions, and underlying attitudes that have earned the paper sector this dubious distinction. Success requires us to refocus our efforts, learn to peer beyond the lagging indicators, and challenge ourselves to unlearn the short-sighted programs steering us away from making the workplace safer.

Jon Geenen

International Vice President

United Steel Workers, Wisconsin

10-10:15 a.m.

Break

11-11:30 a.m.

Conclusion and Prize Drawing



Register online at safetyseries.cvent.com/wppfp16



Western Pulp, Paper, & Forest Products Safety & Health Conference

November 29-December 2, 2016

Red Lion Hotel on the River – Jantzen Beach • Portland, Oregon

Registration Form

Please print

All parts of the registration form must be completed before we can process your registration.

Name: _____

Company: _____

Job title: _____

Business mailing address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Ext.: _____

Required for Confirmation: E-mail address:
(Must be unique e-mail address; no duplicate e-mails) _____

Do you want to stay on the mailing list for this conference? Yes No

Part 1 – Registration Fees

Check all that apply Federal tax ID# 93-0558188

- Full conference (Nov. 29-Dec. 2) \$270
- One day – Tuesday (Nov. 29) \$ 90
- One day – Wednesday (Nov. 30) \$ 90
- One day – Thursday (Dec.1)..... \$ 90
- One day – Friday (Dec. 2)..... \$ 40
- Awards dinner @ \$25 per person (purchase in advance)

• How many Award dinner tickets _____ \$ _____

TOTAL ENCLOSED \$ _____

*Check, credit card, or purchase order
must accompany registration form.*

Mailing address:

Pulp, Paper, & Forest Products Conference
PO Box 5640 • Salem, OR 97304-0640

**Fax form with purchase order or
credit card number to 503-947-7019**

Questions?

**Call the conference Section
toll-free at 888-292-5247, option 1
or in Salem 503-947-7411**

FOR PRE-REGISTRATION, RETURN BY NOVEMBER 18, 2016.

*Some sessions may close; if you intend to register on-site,
call for session availability, 503-947-7411.*

Charge my: MasterCard VISA American Express Discover

Name on card: (print) _____

E-mail to send receipt: (print) _____

Phone number: _____ Billing Zip Code: _____

Exp. date: _____ Security code _____

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Office use only

Date Rec. _____

Amt. Rec. _____

Check # _____

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{ 3 digits on back of Mastercard or VISA
4 digits on front of American Express

(Continued on other side)

For your protection, your credit card
number will be shredded after processing.

Part 2

For each time period, circle the **1** next to the session you would most like to attend.
Also circle the **2** next to the session that is your second choice for that time period.

(See *Schedule at a glance*, pages 6 and 7 for registration times, breaks, and lunches.)

Tuesday, November 29, 2016

8:30-10 a.m. SESSION 1

Yes, I will attend the Opening and Keynote: Just a Second Ago...

10:30 a.m.-Noon SESSION 2

- Improving Your Safety Culture *(Repeat session at 1:30 p.m.)*
- Boise Cascade company meeting
- Georgia-Pacific company meeting
- International Paper company meeting
- KapStone Container company meeting
- KapStone Mill company meeting
- WestRock company meeting
- Weyerhaeuser company meeting

1:30-3 p.m. SESSION 3

- 1 2 A-Z Incident Investigation and Root Cause Analysis Techniques *(1:30-5 p.m.)*
- 1 2 Active Shooter Awareness *(Repeat session on Thursday at 2:30 p.m.)*
- 1 2 For the Rest of Your Life *(Repeat session on Wednesday at 3 p.m.)*
- 1 2 Fundamental Safety Talks on Aerial Equipment and Confined Space
- 1 2 Improving Your Safety Culture *(Repeat session from 10:30 a.m.)*
- 1 2 Managing People *(1:30-5 p.m.)*
- 1 2 Nutrition and Wellness in the Workplace
- 1 2 Welding Shop Safety — The Invisible Hazards!

3:30-5 p.m. SESSION 4

- A-Z Incident Investigation and Root Cause Analysis Techniques *(continued from 1:30 p.m.)*
- Managing People *(continued from 1:30 p.m.)*
- 1 2 Don't Fall for It: Fall Arrest and Fall Prevention During Maintenance Activities
- 1 2 Emergency Preparedness
- 1 2 Lightning Safety Awareness: The Facts You Never Knew *(Repeat session on Wednesday at 1 p.m.)*
- 1 2 Looking for Trouble — How to Spot Health and Safety Problems
- 1 2 Roundtable: Railcar Safety

Wednesday, November 30, 2016

8:30-11:30 a.m. SESSION 5

- 1 2 Critical Hazard: Identification and Risk Assessment
- 1 2 Managing Our Driving Behaviors *(Repeat session on Thursday at 8:30 a.m.)*
- 1 2 Medic First Aid/AED Certification Training *(8:30 a.m.-4:30 p.m.)*
- 1 2 OSHA 10 Hour for General Industry *(all day Wednesday and Thursday)*
- 1 2 Personal Communication/Responding to Criticism
- 1 2 Promoting a Healthier Workforce through Fitness, Ergonomics, and Wearable Technologies
- 1 2 PPE for the Maintenance World: We've Got You Covered
- 1 2 Water Hammer Safety

1-2:30 p.m. Session 6

- OSHA 10 Hour for General Industry *(continued)*
- Medic First Aid/AED Certification Training *(continued from 8:30 a.m.)*
- 1 2 Chain Saw Safety and Maintenance Training
- 1 2 Constructive Confrontation *(1-4:30 p.m.)*
- 1 2 Critical Hazards: Effective Controls
- 1 2 Lightning Safety Awareness: The Facts You Never Knew
- 1 2 Roundtable: PPE for the Maintenance Worker *(1-4:30 p.m.)*
- 1 2 Soft Tissue Injury Prevention: It's Not Luck; It's Know How and Consistent Action

3-4:30 p.m. Session 7

- OSHA 10 Hour for General Industry *(concludes on Thursday)*
- Medic First Aid/AED Certification Training *(concludes)*
- Constructive Confrontation *(continued from 1 p.m.)*
- Roundtable: PPE for the Maintenance Worker *(continued from 1 p.m.)*
- 1 2 Critical Hazards: Validation of Controls
- 1 2 For the Rest of Your Life
- 1 2 Saw Filing Safety—How We Stay “Sharp” Doing a Dangerous Job
- 1 2 Wellness Roundtable

Thursday, December 1, 2016

8:30-11:30 a.m. Session 8

- OSHA 10 Hour for General Industry *(continued from Wednesday)*
- 1 2 Body Mechanics: A Leading Cause for Muscle Stress
- 1 2 Limiting Your Exposure to Cancer Risks
- 1 2 Managing Our Driving Behaviors *(Repeat session from Wednesday)*
- 1 2 Mindfulness
- 1 2 P&P&PSM—What is That? Pulp and Paper and Process Safety Management
- 1 2 Roundtable: Facilities and Contractors – Bridging Safety Expectations
- 1 2 Roundtable: Planer Safety
- 1 2 Tools for Conscious Leadership: Responsibility

12:30-2 p.m. Session 9

- OSHA 10 Hour for General Industry *(continued)*
- 1 2 Advanced Safety for Hourly Workers
- 1 2 Behavior-Based Safety
- 1 2 Energized Equipment Beyond Zero: How to Follow LO/TO Rules All the Time
- 1 2 Fatigue and Distractions
- 1 2 Four Interpersonal Skills for Frontline Leaders *(12:30-4 p.m.)*
- 1 2 Log Yard Safety
- 1 2 Managing Change and Transition *(12:30-4 p.m.)*
- 1 2 Roundtable: Confined Space Entry

2:30-4 p.m. Session 10

- OSHA 10 Hour for General Industry *(concludes)*
- Managing Change and Transition *(concludes)*
- Four Interpersonal Skills for Frontline Leaders *(concludes)*
- 1 2 Active Shooter Awareness *(Repeat session from Tuesday)*
- 1 2 Combustible Dust
- 1 2 Creating Effective EHS Training
- 1 2 Industrial Hygiene Sampling
- 1 2 Maintenance Shop Safety
- 1 2 Roundtable: Annual Outage Best Practices

Friday, December 2, 2016

8-11:30 a.m. Session 11

- Yes, I will attend the Networking Breakfast *(hot breakfast buffet provided)*;
- General Session – Keynote: 21st Century Safety

Part 3

Attendee Profile *(Check only one)*

- Employee Management Owner Consultant Other

Are you a safety committee member? YES NO

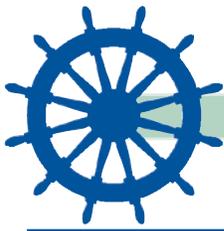
How many years have you attended the conference?

- First year 2-3 years 4-6 years more than 6 years

How many employees are at your worksite:

- 1-20 employees 21-50 employees 51 or more employees

22 **Special accommodations:** Check if you require special (ADA or dietary) services. Attach a written description of your needs.



Conference Planning Committee

Steve Barham, ALC Service, Inc., Coeur d'Alene
Jim Berry, Boise Cascade, Kettle Falls
Lori Bierhaus, Clearwater Paper, USW Local 712, Lewiston
Shayne Bird, Cosmo Specialty Fibers, Cosmopolis
Sandra Bradfield, Boise Wallula, AWPPW Local 69, Wallula
Joe Ciullo, Georgia-Pacific Wauna, Clatskanie
Eric Connelly, SAIF Corporation, Portland
Aaron Cooper, WestRock, Tacoma
Jason Cowles, International Paper Springfield, AWPPW Local 677, Springfield
Ralph Fawcett, Cascades Tissue, AWPPW Local 1, Warren
Justin Frazier, Cascades Tissue, Warren
Lori Grubb, Weyerhaeuser Lumber Division, Woodworkers W536, Longview
Darcy Hendrickson, Georgia-Pacific Wauna, Clatskanie
Kirk Hendrickson, KapStone, Longview
Clark Hislop, Jammie's Environmental, Inc., Longview
Rick Hoagland, Georgia-Pacific Wauna, USW Local 1097, Clatskanie
Keith Johanson, KapStone, Longview
Sam Kirk, Port Townsend Paper Corporation, USW Local 175, Port Townsend
Edward Larson, Georgia-Pacific, Toledo
Jim Lawrence, DOSH, Kelso
Joe Martinbianco, Georgia-Pacific Camas, AWPPW Local 5, Camas
Debbie Mattinen, Weyerhaeuser Lumber Division, Longview
Curtis Olilla, Georgia-Pacific Wauna, USW Local 1097, Clatskanie
Matt Pomerinke, KapStone, AWPPW Local 153, Longview
Creighton Shaul, KapStone, Yakima
Chonda Simon, Port Townsend Paper, Port Townsend
Marc Skiles, C H Murphy II Clark-Ullman, Portland
Tim Wagner, International Paper Springfield, AWPPW Local 677, Springfield
Gary Walker, Georgia-Pacific, Halsey
Debbie Whitt, WestRock, Tacoma
Chuck Whitt, WestRock, Tacoma



Western Pulp, Paper, & Forest Products Safety & Health Conference

Partners in Safety Steering Toward the Future

PO Box 5640
Salem, OR 97304-0640

Register online at safetyseries.cvent.com/wppfp16

Conference history

The Pulp, Paper, & Forest Products Safety & Health Conference (formerly *Pulp & Paper Workers Safety & Health Conference*) is celebrating its 26th year! The conference started in 1990 as a single training day with an attendance of 50 people. It was developed by the AWPPW Oregon Area Council Safety Steering Committee and Oregon OSHA. As more people became involved with the conference, more mill managers realized the value in supporting it and they made this conference the one to send employees for outside training.

There is now a planning committee with labor, management, and government representatives from Oregon and Washington. This three-and-a-half-day event is the largest safety and health conference in the West dedicated to providing quality educational opportunities for the pulp, paper, and converting industries. Past attendance has exceeded 450 people and, each year, the conference program gets better. The conference offers more than 45 workshops and sessions and 40 exhibit booths showing the latest safety-and-health products and services. There is an awards ceremony and dinner that acknowledges safety and health excellence in the industry.

A joint effort of the Oregon/Idaho/Utah Pulp & Paper Workers Council of AWPPW, the Department of Consumer and Business Services Oregon Occupational Safety & Health Division (Oregon OSHA), the Washington Council of AWPPW, the Washington Department of Labor & Industries (DOSH), USW, and the pulp and paper manufacturing and forest products industries.