Registration Program



Brad and Delores Gardner
Helping Hand Presentations

June 3 & 4, 2024

Pendleton Convention Center - Pendleton, OR

Register online at safetyseries.cventevents.com/blue24

Monday offers sessions in Spanish!

General Conference Information

This 16th Annual event focuses on helping organizations, no matter the company size or industry, strengthen their safety culture.



Registration

Early registration is encouraged. **Register online at safetyseries.cventevents.com/blue24**. Registrations also accepted by mail and scan/email. Checks, purchase orders, and credit card are accepted for registrations. If space is available, you may register at the conference.

Pre-registration deadline is May 24, 2024

Please call 503-947-7411 for session availability after this date.

To register, complete the conference registration form and make your check or purchase order payable to:

Oregon SHARP Alliance Federal tax ID: 93-1301636

Mail payment and registration form to:

Blue Mountain Conference PO Box 5640 Salem, OR 97304-0640

FAX: 503-947-7019

(must include credit card information or purchase order)

Conference Location

Pendleton Convention Center 1601 Westgate Pendleton, OR 97801

www.meetinpendleton.com

Parking

Parking is free. There is a large parking lot at the Convention Center.

Registration cancellation policy

All cancellations must be in writing and received before May 24. After that date, no refunds are granted. Substitution of attendees is allowed. Registrants who do not attend the conference (no shows) are required to pay in full.

Lodging Options

A block of rooms has been reserved at the Oxford Suites in Pendleton. You are responsible for making your own lodging arrangements and paying for the room and tax upon check-out.

Reservations must be made by the cut-off date below to receive the rate.

Oxford Suites **541-276-6000**

Cut-off date: May 4, 2024

\$107 + tax

Group block name: Blue Mountain Safety Conference 24

Questions?

Call the Conference Section at **503-947-7411** or **888-292-5247** (toll free) option 1

Email: oregon.conferences@dcbs.oregon.gov

Visit: osha.oregon.gov/conferences

Monday, June 3, 2024

Schedule and Pre-conference Workshops



Monday offers sessions in Spanish!

Send staff that would prefer to learn important safety and health information in Spanish.

12:30 p.m.

Registration open

1-2:15 p.m.

Pre-conference Workshops

Engaging Your Workforce (1-4:30 p.m.)

The most effective safety and health management systems tend not to be management led, but employee driven. For employees to truly drive safety, they must be meaningfully and actively engaged in your safety processes. Engaging the workforce can be difficult, but it does not have to be. Your best workers are looking for ways to be more effective in their jobs, they just need to know how! Please join us for an interactive session on engaging employees to identify, address, and solve safety challenges! We also discuss Oregon's voluntary compliance programs as well as the Oregon SHARP Alliance and how they can help!

- Mark Hurliman, CSHM SHARP/VPP Program Coordinator Oregon OSHA, Medford
- ► Joe Sypal EHS Manager Sherwin Williams-Purdy, Portland
- ➤ Carl Zampino

 Management Systems Facilitator

 Coca-Cola Portland Syrup Plant, Portland

Identificación de Peligros

(Hazard Identification)

Todos pueden identificar y reparar los peligros. Durante esta presentación vamos a practicar identificando los peligros y determinando cómo reducir el riesgo.

Courtney Brose
 Consultora de Seguridad
 SAIF Corporation, Salem

Estrategias a Prueba de Tropiezos: Su Guía para Prevenir Resbalones, Tropiezos y Caídas (Slips, Trips, and Falls)

Este curso se enfoca en estrategias y tácticas prácticas para prevenir lesiones por resbalones, tropiezos y caídas. Los asistentes se irán con recursos bilingües que apoyarán a su organización en la construcción de prácticas de seguridad.

Omar DeMarco
 Consultor de Gestión de Seguridad
 SAIF Corporation, Salem

Introducción de Carretillas Industriales Eléctricas (*Power Industrial Trucks*)

Todos los días se utilizan vehículos industriales motorizados, como los montacargas, gatos de paletas motorizados, carretillas elevadoras y otros equipos motorizados para levantar y desplazar equipos o apilar materiales...cuáles son los riesgos asociados con Carretillas industriales Eléctricas?

▶ Felix Monroy

Coordinador Senior de Gestion de Seguridad de Procesos / Salud y Seguridad Ambiental Lamb Weston Boardman Center / Morrow Cold Storage Boardman

Monday, June 3, 2024

Schedule and Pre-conference Workshops



Protección Contra Caídas (Fall Protection)

Este curso tiene como objetivo ayudar a los empleadores y empleados a cumplir con los estándares de protección contra caídas de OSHA de Oregón. Durante la clase, determinaremos qué es la protección contra caídas, las opciones disponibles, el mantenimiento e inspección del equipo, y cómo comenzar.

Alexia Gamboa Consultora de Seguridad Ocupacional Oregon OSHA, Pendleton

2:15-2:45 p.m. *Break*

2:45-4:30 p.m.

Pre-conference Workshops

Engaging Your Workforce (concludes)

Bloqueo, Etiquetado, y Protección de la Máquina (LO/TO and Machine Guarding)

En este curso, discutiremos la importancia del bloqueo y etiquetado, y los requisitos de las reglas de OSHA de Oregón que cubren responsabilidades, capacitación y procedimientos. Además, discutiremos la importancia de la protección de las máquinas y cómo se puede pasar por alto.

Alexia Gamboa

Consultora de Seguridad Ocupacional Oregon OSHA, Pendleton

▶ Felix Monroy

Coordinador Senior de Gestion de Seguridad de Procesos / Salud y Seguridad Ambiental Lamb Weston Boardman Center / Morrow Cold Storage Boardman

Productos Químicos 101 (Chemical Safety)

¡Químicos, químicos, químicos! En la mayoría de los lugares de trabajo utilizamos una variedad de productos químicos en nuestros procesos, como agentes de limpieza e incluso en nuestras tareas de limpieza. Algunos productos químicos pueden tener etiquetas peligrosas, pero ¿qué significa eso y cómo me afecta como empleado? Esta sesión revisará algunos de los compuestos químicos y peligros más comunes en el lugar de trabajo que todos los profesionales del trabajo deben conocer. Revisaremos cuáles son y cómo clasificar la gravedad del peligro más allá de lo que se encuentra en la SDS o el ticket.

▶ Jeshua Sargetis

Gerente Regional de Medio Ambiente, Salud y Seguridad Lamb Weston, Kennewick, Washington

Prevención de Lesiones Graves y Fatales: ¿Qué son y por qué Debería Importarte? (Preventing SIFs)

La posibilidad de sufrir lesiones graves y la muerte existe en muchos entornos de trabajo, pero la simple gestión de los programas de seguridad rutinarios no necesariamente resalta estos riesgos. Ven a aprender pasos prácticos para identificar riesgos potenciales, mejores prácticas de prevención y recursos para involucrar a tus empleados para ayudar a prevenir que ocurran lesiones graves o fatalidades en tu negocio. Estaré compartiendo estrategias y recursos bilingües que apoyarán los esfuerzos preventivos de tu organización, pero también ayudarán a crear conciencia cuando sucede lo impensable.

Naomi Hernandez

Asesora de Programas de Gestión de Seguridad SAIF Corporation, Salem

Monday, June 3, 2024

Schedule and Pre-conference Workshops



Prevención de las Enfermedades por Calor y Protección Contra el Humo de los Incendios Forestales (Heat Illness and Wildfire Smoke)

Habrá dos presentaciones. El primero es "Prevención de las enfermedades por calor" y describe los tipos de enfermedades por calor, los factores de riesgo de esas enfermedades, cómo identificarlas y cómo prevenirlas. También detalla la regla de OSHA de Oregón sobre la prevención de enfermedades causadas por el calor.

La segunda presentación es "Protección contra el humo de los incendios forestales" y cubre en detalle la norma OSHA de Oregón.

- Russell Frankel
 Consultor en Salud Ocupacional
 Oregon OSHA, Tigard
- Alba Johnston
 Gerente de Consultoría de la Oficina de Portland
 Oregon OSHA, Tigard

Tuesday, June 4, 2024Schedule and Session Descriptions

7:15 a.m. Registration open

Hot breakfast buffet (provided)

7:15 a.m.-4 p.m. Registration open
7:15 a.m.-2:45 p.m. Exhibits open

Welcome

8:15-8:30 a.m.

- ▶ Jessika Killgore Conference Planning Committee Co-chair
- ► Renée Stapleton

 Administrator, Oregon OSHA
- ► Erica Frey-Hoyer

 Oregon SHARP Alliance 1st Vice Chair

8:30-9:45 a.m.

Keynote

Dominoes, Just Don't Watch Them Fall

It's been over 10 years since Brad Gardner lost his right arm in a workplace accident—an accident that didn't have to happen. Brad and his wife, Dolores, share their story in order to prevent tragedies like their own from happening to others. They inspire workers from all levels to look at the importance of safety in a new light and energy and can help to prevent the "Domino Effect" from happening in your company.

► Brad and Delores Gardner
Helping Hand Presentations

9:45-10:30 a.m.

Break and Visit Exhibits

Schedule and Session Descriptions



10:30-11:45 a.m.

Breakout Sessions

Intro to Occupational Medicine

Occupational medicine specializes in the diagnosis and treatment of injuries sustained in the workplace while also encapsulating medical surveillance and regulatory compliance programs. This is a unique field of medicine where the provider is knowledgeable about OSHA standards and can support the employer and employee with work-related injuries and illnesses. Dr. Nwaneshiudu is pleased to provide an introduction to occupational medicine, the origins of this specialty within the medical field, and the benefits of incorporating occupational medicine into your company's safety program versus using a primary care physician or urgent care clinic.

Dr. Ifeanyi Nwaneshiudu
 Medical Director
 Pivot Onsite Innovations, Maryland

Critical Incident Stress Management (CISM): A Peer Support Overview

Critical Incident Stress Management (CISM) is a formal, highly structured, and professionally recognized process for helping those involved in a critical incident to share their experiences, vent emotions, learn about stress reactions and symptoms, and given referral for further help if required. It is an intervention protocol developed specifically for dealing with traumatic events. CISM is not psychotherapy, but rather a confidential, voluntary, and instructive process, sometimes called "psychological first aid." It is an intervention involving a group meeting or discussion about a particularly distressing critical incident. There are several types of CISM interventions that can be used, depending on the situation. Variations

of these interventions can be used for groups, individuals, families, and in the workplace. This session includes an overview of the 40-hour CISM course a discussion of key components.

 Daniel Brown, Doctor of Criminal Justice (Candidate), MPA, BS
 Law Enforcement Risk Management Consultant CIS, Lake Oswego

I'm on the Safety Committee, Now What?

Did you volunteer or were you directed to volunteer to serve on your safety committee? Whether you volunteered or were "volun-told," this lively session provides insight into the importance of a safety committee. It also includes some helpful tools and suggestions to make your meetings more productive, inspections more effective, and explain how the committee helps to enhance a positive safety and health culture. This session helps anyone who is new to the safety committee or who simply wants a refresher.

Craig Hamelund
 Education Specialist
 Oregon OSHA, Tigard

Human Error, Ergonomics, and Accidents: Why We Are Prone to Making Decisions That Lead to Injury and How We Can Prevent Human Error

Understanding the role of human error in accident causation is important to preventing future workplace injury. This session teaches methods for identifying areas in the workplace that may influence employees to

Schedule and Session Descriptions



commit errors leading to injury and discuss solutions to counteract human error.

This session explains:

- How the visual and auditory senses influence accident causation.
- How decision-making biases can lead to poor decisions that result in injury.
- How information in the workplace is communicated and its effect on safety and health.
- ► Tony Brace, MS, CPE, CIH Ergonomist SAIF Corporation, Salem

New Rules for Heat and Wildfire Smoke

The session reviews Oregon OSHA's new heat stress and wildland smoke regulations. We review the fine details of each new requirement for employers and provide resources that assist with compliance. Attendees have the opportunity to ask questions.

► Brandi Davis

Health Enforcement Manager – Portland Operations

Oregon OSHA, Tigard

What is Your Safety Culture? How Do You Take It to the Next Level?

Every workplace has a safety culture. Some companies have a culture that is comprehensive, where safety is integrated into all aspects of the business. Others may have a culture where they react to situations, making changes only once an injury occurs. It can be very difficult to measure where your culture is. In this session, participants are introduced to SAIF's Ansbro Safety Culture Spectrum. This spectrum provides six critical components for you to assess your organization's current culture, determine where it falls on the scale

between reactive and comprehensive, and then learn key strategies that help you continually improve.

- Luke Betts, CSP, ARM-E, ASP, AIS Senior Safety Management Consultant SAIF Corporation, Bend
- Mark Swanson
 Senior Safety Management Consultant
 SAIF Corporation, Bend

11:45 a.m.-12:45 p.m. Lunch (provided) and Exhibitor

prize drawings

12:45-2 p.m.

Breakout Sessions

Worker Well-being in Five Easy Steps

A blend of safety, health, and well-being at home and at work is a powerful injury prevention strategy. An integrated approach, such as Total Worker Health® includes workplace protections and health supports resulting in improved well-being. Come and learn about worker well-being in five easy steps. The process that can help identify the root causes of workplace well-being issues and engage your workers in designing solutions and taking action. The process weaves together safety, health, and well-being through organizational, environmental, and individual perspectives resulting in an integrated set of solutions. This session guides you through the following steps and helps generate ideas to take back to your workplace: identify, engage, design, action, and review.

- ► Liz Hill, MPH, CIH, CSP Total Worker Health Adviser SAIF Corporation, Salem
- Pamela Ahr, CSP, ARM, MBA Chief Safety Officer SAIF Corporation, Salem

Schedule and Session Descriptions



Chemical Safety 101

Chemicals, chemicals, chemicals. Most workplaces use a variety of chemicals in their processes and as cleaning agents. Some chemicals have hazard labels, but what do they mean and how do they affect employees? This session reviews some of the most common workplace chemical compounds and hazards that all workplace professionals should be made aware of. This session reviews what those chemicals are and teaches how to rank the severity of the hazard – going beyond what is found on the safety data sheet or label.

➤ Jeshua Sargetis, MS, CSP
Senior Manager Environment, Health, and Safety
Lamb Weston, Kennewick, Washington

Effective Hazard Identification and Walk-through Techniques

This training discusses the Oregon OSHA employer requirements for conducting walk-throughs and identification of hazards. It reviews real-life examples of hazard types in the workplace, including visuals that allow the participants to identify hazards they might see during their required quarterly walk-through inspections. We discuss the hierarchy of controls and how to use them to resolve or reduce the hazard.

Lisa Masters, ARM
 Senior Risk Management Consultant
 CIS (Citycounty Insurance Services), Enterprise

The Dangers of Fentanyl: How to Stay Safe

During this course we review opioids and their effect on the body. We discuss the differences between pharmaceutical and illicit fentanyl and learn why illicit fentanyl is so dangerous. We cover how to quickly assess the risk of exposure to fentanyl and how to prevent it.

► Wendy Boughton, RN, COHN-S Occupational Safety and Health Nurse Consultant SAIF Corporation, Salem ▶ Daniel Brown, Doctor of Criminal Justice (Candidate), MPA, BS Law Enforcement Risk Management Consultant CIS, Lake Oswego

Recordable, Reportable, or Both? and Preferred Worker Program/Employerat-Injury Program

This class reviews Oregon OSHA reporting requirements and OSHA 300 Log record-keeping criteria with recently adopted changes to electronic submission covered. Participants also learn how Oregon's nation-leading return-to-work programs can make a positive difference for employers and injured workers.

- Craig Hamelund
 Education Specialist
 Oregon OSHA, Tigard
- Christy Johnston
 Reemployment Specialist
 Preferred Worker Program, Salem

Situational Thinking

This session introduces how people approach and perform work from a human performance point of view. We delve into human limitations that impact work and demonstrate these concepts through case studies and videos. Specific topics include:

- Anatomy of work
- Performance Modes and application
- Active vs. Latent errors
- Human limitations that impact thinking
- Keith Lloyd
 Director of Organizational Performance
 Lucas Engineering and Management Systems Inc

2-2:45 p.m. Break, Visit Exhibits, and Prize Drawing

Schedule and Session Descriptions



2:45-4 p.m.

Breakout Sessions

Situationally Aware for Everyone's Sake

With safety being the central theme, the presentation explores the importance of being situationally aware in work and nonwork environments. Topical information includes the physiological and psychological changes the body and mind control in fight or flight; routines and vulnerability; the importance of conditioned response; powers of observation; a breakdown of run, hide, fight protocols; and the rule of two-thirds. There is also time dedicated to Q&A to ensure all questions concerning personal and professional safety are appropriately addressed.

► Stuart Roberts

Director of Security

Wildhorse Resort & Casino, Pendleton

Safe Forklift Operations: Managing a Successful Program

This interactive session emphasizes key aspects of Oregon OSHA's powered industrial truck safety standard and highlights important considerations when it comes to safe operations and operator training. Also included are suggestions to create an in-house skill and safety competition.

Craig Hamelund
 Education Specialist
 Oregon OSHA, Tigard

New Hire Safety Leadership

New hires need to feel trusted and know they are in a safe work environment. Front-line leaders need to know their role in new hire safety and be accountable for their employees' knowledge of safe behaviors. Operations leads, supervisors, and managers must create an environment for open dialogue and two-way communication, so safety concerns are discussed more frequently and effectively. This process creates a sustainable trusting and safe culture for all employees. A safe employee is a happier employee, and a happier employee is more productive because they feel cared for by their employer.

- Manish Gooneratne
 Safety Manager
 Vigilant, Tigard
- ► Jared Miller Safety Professional Vigilant, Everett, Washington

Is It Luck or Is It PSM? - The Elements of Process Safety Management (PSM)

Class attendees receive a very general overview of the 13 elements of process safety management (PSM). Attendees are able to take away specific examples to use in any industry, regardless if they need to comply with the PSM regulation. The class also reviews a few case studies where the elements of a PSM management system could have prevented the accident.

Brandi Davis
 Health Enforcement Manager – Portland Operations
 Oregon OSHA, Tigard

Schedule and Session Descriptions



Selling Safety to Management

"Safety is the right thing to do" may make an OK slogan or even a bland bumper sticker, but why are we surprised when management does not run with this recommendation when you tell them this? Communicating safety to management is more than just words. We can affect the overall safety culture (either for the positive or negative). This workshop is designed to expose other methods of selling safety to management to cultivate a better overall safety culture.

- Luke Betts, CSP, ARM-E, ASP, AIS Senior Safety Management Consultant SAIF Corporation, Bend
- ► Kevin Kilroy, CSP

 Senior Safety Management Consultant

 SAIF Corporation, Bend

Discussing Our Culture: The Intersection Between Physical and Psychological Safety

This discussion includes foundational elements of culture and psychological safety. The speakers provide examples of how our leaders' responses to feedback affect our organizational safety and our employees' willingness to participate in those efforts. Also, they provide an introduction to human and operational performance (HOP) and the Ansbro Safety Culture Spectrum.

- ➤ Toni King-Byous

 Diversity, Equity, and Inclusion Business Partner

 SAIF Corporation, Salem
- Liz Hill, MPH, CIH, CSP Total Worker Health Adviser SAIF Corporation, Salem

Sponsors

Thank you for your continued support



Safety advocates: Vorhauer family in memory of George Vorhauer



Corporate, Hermiston, and Boardman East, Central, and West plants

























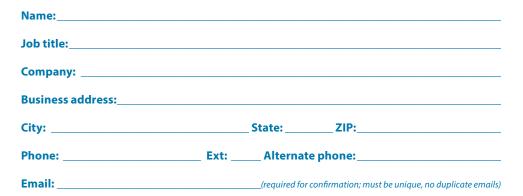


This event is a joint effort of the Oregon SHARP Alliance, Oregon OSHA, and employers/employees form Northeast Oregon.

Registration Form

All parts of the registration form must be completed to process your registration. Copy this registration form for each person attending.

Register online at safetyseries.cventevents.com/blue24





June 3 & 4, 2024

Pendleton Convention Center Pendleton, Oregon

Questions?

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Email:

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Please return this registration and your check to:

Blue Mountain Conference PO Box 5640

Salem, OR 97304-0640

FAX: 503-947-7019

(Federal tax ID: 93-1301636)

Method of payment: ☐ Check ☐ PO#		<u> </u>
Charge my: ☐ MasterCard ☐ VISA ☐ American Express	☐ Discover	Office use only
Name on card (print):		Date Rec
Phone number:	ZIP Code:	Amt. Rec Check #
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Exp. date:	Security code:	
Signature:		3 digits on back of MasterCard or VISA 4 digits on front of American Express
Credit Card #:		For your protection, your credit card

Registrant's name:	_			
Attendee profile (check one)	Are you a sa	afety	Please indicate the number	
	committee member? of e		employees at your worksite:	
☐ Management ☐ Other/not listed: □			☐ 1 to 20 employees	
Owner			□ 21 to 50 employees□ 51 or more employees	
ndicate which industry you represent: (check one)	_		a stormore employees	
5	☐ Utilities			
-	 □ Warehousing □ Wood products manufacturing □ Other/not listed: 			
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Part 2: Session Choices			Example: 1 2 Example class A 1 2 Example class B	
Circle your first (1) and second (2) choices for each time period	od.		1 ② Example class C	
Monday, June 3, 2024				
1-2:15 p.m. Pre-Conference Workshops	s 10:3	0-11:45 a.m.	Breakout Sessions (choose one)	
1 2 Engaging Your Workforce (1-4:30 p.m.)	1 2	Intro to Occu	upational Medicine	
1 2 Identificación de Peligros (Hazard Identification)	1 2	Critical Incid	ent Stress Management (CISM): A Peer	
1 2 Estrategias a Prueba de Tropiezos: Su Guía para Prevenir		Support Overview		
Resbalones, Tropiezos y Caídas (Slips, Trips, and Falls)	1 2	2 I'm on the Safety Committee, Now What?		
1 2 Introducción de Carretillas Industriales Eléctricas (Power	1 2	, 3, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,		
Industrial Trucks)			king Decisions That Lead to Injury and How	
1 2 Protección Contra Caídas (Fall Protection)		We Can Prev	ent Human Error	
2:45-4:30 p.m.	1 2	2 New Rules for Heat and Wildfire Smoke		
<u> </u>	_ 1 2	,		
Engaging Your Workforce (continued)		Next Level?		
1 2 Bloqueo, Etiquetado, y Protección de la Máquina (LO/TO and Machine Guarding)	d 12:4	5-2 p.m.	Breakout Sessions (choose one)	
1 2 Productos Químicos 101 (Chemical Safety)	1 2		peing in Five Easy Steps	
1 2 Prevención de Lesiones Graves y Fatales: ¿Qué son y por qué	é 12			
Debería Importarte? (Preventing SIFs) 1 2 Prevención de las Enfermedades por Calor y Protección		2 Effective Hazard Identification and Walk-through Techniques		
Contra el Humo de los Incendios Forestales (Heat Illness and	1 1 2	1 2 The Dangers of Fentanyl: How to Stay Safe		
Wildfire Smoke)	1 2			
Tuesday, June 4, 2024		Program/Employer-at-Injury Program		
	1 2	Situational T	hinking	
7:15-9:45 a.m.	- 2:45	-4 p.m.	Breakout Sessions (choose one)	
Yes, I will attend the Welcome and Keynote: Dominoe Just Don't Watch Them Fall	1 2	Situationally A	Aware for Everyone's Sake	
	1 2	•	Operations: Managing a Successful Program	
Do you require any special accommodations (e.g. food allergies)? Please list below:			ety Leadership	
			It PSM? – The Elements of Process Safety	
		Management	•	
	_ 1 2			
	_ 1 2		ur Culture: The Intersection Between Physical and	
		Psychological		