



Riverhouse Lodge Convention Center • Bend, Oregon

**September 28 and 29, 2026**

*(Monday and Tuesday)*



#### Keynote

### **Finding Your Beat, the Rhythm of Life**

Through unforgettable storytelling, humor, and live music, Tim reveals practical strategies to navigate stress, strengthen mental and emotional well-being, and reconnect with what matters most: purpose, people, and personal growth.

Get ready to laugh, reflect, and be inspired as The Off-Duty Chief helps you find your rhythm — and work YOUR beat with confidence and joy.

*By Tim Eggebraaten, Certified Speaking Professional, The Off-Duty Chief*

**Register online at [safetyseries.cventevents.com/central26](https://safetyseries.cventevents.com/central26)**

*This conference is a joint effort of the Central Oregon Safety & Health Association (COSHA) and Oregon OSHA/DCBS.*

## Registration

Early registration is encouraged, as class space is limited. Register online at [safetyseries.cventevents.com/central26](https://safetyseries.cventevents.com/central26). Registrations are accepted by mail and by fax. If you are faxing registrations, be sure to fax both sides of the form. Faxes are accepted only if accompanied by credit card information or a purchase order. Please call 503-947-7411 for session availability.

### Pre-registration deadline September 21, 2026

Complete the enclosed registration form and send it with your check or fax it with credit card information or a purchase order to:

#### **COSHA Central Oregon Conference**

PO Box 5640  
Salem, OR 97304-0640

**Fax: 503-947-7019**

### You can also register online at [safetyseries.cventevents.com/central26](https://safetyseries.cventevents.com/central26)

A unique email address is required for confirmation.  
No duplicate emails.

## Questions?

### Contact the Conference Section

📞 503-947-7411 or 888-292-5247 (toll-free), option 1

✉ [oregon.conferences@dcbs.oregon.gov](mailto:oregon.conferences@dcbs.oregon.gov)

## Refunds

All cancellations must be received by September 21. After that date, no refunds are granted. A substitution of attendees is allowed. Registrants who do not attend the conference are required to pay in full.

## Lodging

### Attendees are responsible for making their own lodging arrangements.

A block of rooms is reserved at the Riverhouse Lodge. All reservations received after August 27, 2026, are accepted only if space is available. Mention the room block name "COSHA 2026 Conference" or that you are attending the Central Oregon Safety & Health Conference.

#### For room reservations, call:

##### **Riverhouse Lodge**

3075 U.S. 97 Business  
Bend, OR 97701  
458-281-0306

**RATE:** \$195 per night plus tax and \$15 resort fee

More information can be found at [riverhouse.com](https://riverhouse.com)

To make reservations online, click on the link below:

[COSHA 2026 Conference - Start your reservation](#)

**Register online at [safetyseries.cventevents.com/central26](https://safetyseries.cventevents.com/central26)**



Thank you to the Oregon Fire Chiefs  
Association Safety & Health Section for  
their assistance creating the emergency  
services track.



### Monday, September 28

9:15 a.m. Registration opens

#### 10-11:30 a.m.

#### SESSION 1

- Beyond Blame: Redefining Accountability
- I'm on the Safety Committee, Now What?
- Annual Chemical Inventory Reporting
- Oregon's Best Kept Secret: Unlocking the Employer-at-Injury Program and Preferred Worker Program
- Confined Spaces: What You Need to Know
- Resilience in Command: Leading with CISM and Peer Support

11:15 a.m.-3 p.m. Exhibits open

11:30 a.m.-12:15 p.m. Lunch (*provided*)

12:15-12:50 p.m. Opening and General Session: The Safety Officer in ICS: Roles, Responsibilities, and Real-World Insights

12:50-1:15 p.m. Break and Visit Exhibits

#### 1:15-2:30 p.m.

#### SESSION 2

- Looking Through the Eyes of an OSHA Compliance Officer
- Hazard Identification
- How to Prepare: What Can I Do If Faced with Fire Danger and Evacuation
- Voluntary Compliance: The Value of Engaged Employees
- Fall Protection Training
- Retiring Well – from a Mental Health Perspective

2:30-3:15 p.m. Break and Visit Exhibits

#### 3:15-4:30 p.m.

#### SESSION 3

- An Audit – Gotcha! So, What Happens Next?
- Safety Committee Roundtable
- Lithium-ion Battery Safety Considerations
- Strong Teams Start Here: Fostering Psychological Safety at Work
- It is Getting Hot in Here
- Cancer Updates and PSOB Benefits for the Oregon Fire Service

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### Tuesday, September 29

- 7:30 a.m. Registration opens
- 7:30-8:15 a.m. Breakfast (*provided*) and Visit Exhibits
- 7:30 a.m.-1:15 p.m. Exhibits open
- 8:15-9:30 a.m. Announcements, Prize drawings, and Keynote: Finding Your Beat, the Rhythm of Life
- 9:30-10:30 a.m. Break and Visit Exhibits

#### 10:30 a.m.-noon

#### SESSION 4

- Navigating the Occupational Health Landscape in Central Oregon
- Incident Investigation Using Toyota Problem Solving
- The Prescription to Lowering Your Driver Risk
- Developing Safety Culture: Comparing Levels of Safety Maturity and Using the Right Tactics in Each
- Avoid a Catastrophe: Implement the Principles of Process Safety
- Fire Service Cancer Risk, Mitigation Strategies, and Overcoming Fire Service Specific Barriers

Noon-1:15 p.m. Lunch and Visit Exhibits

#### 1:15-2:30 p.m.

#### SESSION 5

- Integrating Risk Management and Safety for Stronger Organizational Outcomes
- Artificial Intelligence (AI) for Beginners
- Human and Organizational Performance (HOP) in Action
- Waste Determination Mistakes That Lead to Violations — And How to Avoid Them
- Oregon OSHA's Fall Protection Options for General Industry (*1:15-4:15 p.m.*)
- CORE3: Strengthening Emergency Preparedness and Training in Central Oregon

2:30-3 p.m. Break

#### 3-4:15 p.m.

#### SESSION 6

- Oregon OSHA's Fall Protection Options for General Industry (*continued*)
- Getting to the Root of IAQ Complaints: A Practical Investigation Framework
- Effective Quarterly Safety Inspections
- Chemical Safety – You Have a Chemical, Now What?
- NFPA 70E and 70B: What Electrical Equipment Owners and Electrical Contractors Need to Know
- Health and Safety Mentorship for the Fire Service

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## Monday, September 28

### Topics of interest for...



**Emergency Services/  
First Responder**



**Safety Committees**

9:15 a.m.

Registration opens

10-11:30 a.m.

**SESSION 1**

### Beyond Blame: Redefining Accountability

Most people recognize that top-level management is ultimately responsible for organizational results, especially when it comes to workplace injuries. However, because everyone plays a role in safety, success requires buy-in and accountability at all levels. Accountability is often viewed as disciplinary action used by supervisors to enforce compliance, but it is much broader than that. At its core, accountability is another word for responsibility – and it goes both ways. Leaders are responsible for providing clear expectations, training, and support, while employees are responsible for following procedures and actively participating in safety efforts. When organizations combine shared responsibility with strong communication, coaching, and employee involvement, they build a culture where accountability drives safer outcomes.

- ▶ **Luke Betts, CSP, ARM-E, ASP, AIS**  
Senior Safety Management Consultant  
SAIF Corporation, Bend

### I'm on the Safety Committee, Now What?

SC

Did you volunteer or were you “directed” to volunteer to serve on your safety committee? Whether you volunteered or were “volunTOLD,” this lively session provides insight into the importance of a safety committee, along with some helpful tools and suggestions to make your meetings more productive and inspections more effective. You also learn how a committee helps to enhance a positive safety and health culture in your workplace. This session helps anyone who is new to the safety committee or who simply wants a refresher. It also offers a summary of the Oregon OSHA requirements for safety meetings and committees, as well as good-to-know information that goes beyond the rule.

- ▶ **Craig Hamelund**  
Education Specialist  
Oregon OSHA, Tigard

### Annual Chemical Inventory Reporting

Do you have reportable quantities of hazardous substances at your place of business? If so, what do you do about it? This class gives you an overview of what is considered a “hazardous substance” and how the Oregon Community Right to Know and Protection Act (CR2K) addresses reporting of these substances. You learn why the CR2K is important and the reporting requirements for hazardous substances, including upper and lower reporting levels. You leave this session with information on the different types of user accounts and the accessibility of each of those accounts within the CR2K online reporting system, the CHS Manager (Community Right to Know Hazardous Substance Manager). You also learn about the differences in reporting requirements between Oregon’s CR2K and the Environmental Protection Agency (EPA’s) Emergency Planning and Community Right to Know Act (EPCRA).

- ▶ **Todd Raska**  
Community Right to Know Program Manager  
Oregon State Fire Marshal, Salem

**Register online at [safetyseries.cventevents.com/central26](https://safetyseries.cventevents.com/central26)**

## Monday, September 28 *(continued)*

### Oregon's Best Kept Secret: Unlocking the Employer-at-Injury Program and Preferred Worker Program

Join industry experts as they guide Oregon employers through the Employer-at-Injury Program (EAIP) and the Preferred Worker Program (PWP), two powerful, cost-saving resources only Oregon can offer. This session explains program eligibility, walks participants through the wide array of benefits for both employers and workers, and demonstrates how to easily access these services. Attendees leave with practical knowledge to reduce costs, support injured workers, and take advantage of Oregon's best kept secret in return to work.

- ▶ **Christy Johnson**  
*Re-employment Specialist*  
*Workers' Compensation Division, Salem*
- ▶ **Zoe Tacadena**  
*Re-employment Specialist*  
*Preferred Worker Program, Workers' Compensation Division, Salem*

### Confined Spaces: What You Need to Know

This class covers the following information: Oregon's Confined Space Rule (OAR 437-002-0146); characteristics of confined spaces; hazards and managing of hazards; duties and responsibilities of entrants, attendants, and entry supervisors, as well as the use of equipment, care, and maintenance requirements, rescue, and personal protective equipment.

- ▶ **Greg McDonald**  
*Training and Consulting Manager*  
*Ritz Safety, LLC, Wilsonville*

### Resilience in Command: Leading with CISM and Peer Support



Resilience in Command is a focused leadership presentation that equips supervisors and command staff with the understanding of mental health in the world today, the architecture of intervention for agencies to support their teams, and the importance of early intervention and prevention strategies to strengthen organizational resilience and mitigate risk. Through the lens of CISM (Critical Incident Stress Management) and peer support, participants learn how to reduce the impact of trauma exposure, decrease stigma around mental health, and foster a culture that improves retention, well-being, and long-term career sustainability.

- ▶ **Julie Collinson, MA, NCC, CCISM, LPC**  
*Behavioral Health Program Coordinator*  
*Department of Public Safety Standards and Training, Salem*

11:15 a.m.-3 p.m. Exhibits open

11:30 a.m.-12:15 p.m. Lunch *(provided)*

### 12:15-12:50 p.m. GENERAL SESSION

12:15-12:30 p.m.

#### Opening

- ▶ **Andrea Leish and Kristin Talbot**  
*Conference Co-chairpersons*

#### Welcome

- ▶ **Renée Stapleton**  
*Administrator, Oregon OSHA*

### Monday, September 28 *(continued)*

#### The Safety Officer in ICS: Roles, Responsibilities, and Real-World Insights

Darren Root offers a practical overview of the Safety Officer role in the Incident Command System (ICS), highlighting key responsibilities. Attendees gain a clear understanding of what to expect in this role and how to effectively support safe, coordinated emergency response efforts.

► **Darren Root**

*Battalion Chief, City of Bend*

12:50-1:15 p.m.

Visit Exhibits

1:15-2:30 p.m.

#### SESSION 2

#### Looking Through the Eyes of an OSHA Compliance Officer

Ever wonder what it's like to go through an OSHA inspection? Ever wonder what OSHA finds when they conduct an inspection? This session discusses the Oregon OSHA inspection process and answers any questions that you may have while sharing a variety of inspection photos of some common and some not-so-common hazards identified during OSHA inspections in a variety of different general industry settings. The goal of this session is to examine, through real-life inspections, what to expect from an Oregon OSHA inspection; what an Oregon OSHA compliance may be looking for; and hopefully help you to identify common hazards that cause serious employee injuries.

► **Jarrodd Bohn, CSP, CHST**

*Senior Safety Compliance Officer  
Oregon OSHA, Bend*

#### Hazard Identification

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It's one thing to spot hazards in the workplace. It's another to stop them from happening. If you're looking for some lively discussion covering both of those aspects, you came to the right place. This session reviews real-world hazards found in various workplaces and analyzes them to get to the root of the problem. Both traditional and creative solutions are shared, along with case studies that might surprise you.

► **Craig Hamelund**

*Education Specialist  
Oregon OSHA, Tigard*

#### How to Prepare: What Can I Do If Faced with Fire Danger and Evacuation

In this session, attendees learn the definition of "situational preparedness" in the context of wildland fire. The attendees leave with specific steps/tasks to be ready for future wildland fire incidents in Central Oregon. Next, wildland fires and other all hazard incidents are managed by incident management teams and use the Incident Command System, or ICS. Attendees learn about the history of ICS and why and how this system is used for emergency response or special events such as COVID.

► **Joe Stutler, Incident Commander**

*Senior Advisor  
Wildfire Water Solutions, Sisters*

## Monday, September 28 *(continued)*

### **Voluntary Compliance: The Value of Engaged Employees**

This session covers the value of engaging employees at all levels to improve your safety performance and enhance your safety climate. Learn not just why, but how to engage employees and leaders to make a positive impact on your safety culture. Also covered in this session is the Voluntary Compliance Programs offered by Oregon OSHA.

- ▶ **Mark Hurliman, CSHM**  
*VPP/SHARP Program Coordinator  
Oregon OSHA, Medford*
- ▶ **Nikkita Paulson**  
*Quality Assurance Technician  
Cardinal IG, Hood River*
- ▶ **Kris Sweeten**  
*Safety Manager, SGE  
Cardinal IG, Hood River*

### **Fall Protection Training**

This instructional course is designed for those who are new or experienced in fall protection and are looking to begin or enhance their knowledge of recognizing and mitigating fall hazards. Although structured, we can address specific needs and applications of those in attendance.

OSHA regulations define the term authorized person as “an employee who the employer assigns to perform a specific type of duty or allows in a specific location or area.” Most recently, OSHA regulations (1910) have specified that by May 17, 2017: Before any employee is exposed to a fall hazard, the employer must provide training for each employee who uses personal fall protection systems or who is required to be trained as specified elsewhere in this subpart.

Guests of this course benefit from hands-on instructions and exercises that cover:

- A, B, C, D & R's of working at heights
- Fall hazard identification
- OSHA rules of when fall protection is required
- Selection, inspection, and donning of body harnesses, lanyards, horizontal lifeline systems, and self-retracting lifelines
- Fall-related statistics and forces that affect the worker
- Realistic understanding of fall forces and the serious outcomes of falling

- ▶ **Dan McKeon, Competent**  
*Person-Train the Trainer, EM 385, OSHA 30  
Workforce Safety Specialist  
Fall Protection Trainer  
Ritz Safety, LLC, Wilsonville*

### **Retiring Well - from a Mental Health Perspective**



Retirement is a major transition for many, and this can be especially true for first responders. While most plan carefully for the financial aspects, far fewer prepare for the personal impacts, such as changes to identity, purpose, relationships, and routine. This talk and discussion helps first responder leaders understand the common phases of retirement; the mental, emotional, and social challenges that can emerge; and why proactive preparation matters long before the last shift. Participants also learn practical ways agencies can support pre-retirement personnel through intentional culture, policies, and transitional resources that set members up for long-term well-being beyond the job.

- ▶ **Elissa Denton, LCSW**  
*Owner  
Alchemy Consulting, Talent*

2:30-3:15 P.M.

Break and Visit Exhibits

### Monday, September 28 (*continued*)

**3:15-4:30 p.m.**

#### SESSION 3

#### **An Audit - Gotcha! So, What Happens Next?**

A surprise inspection (OSHA, client, internal, otherwise) doesn't end when the auditors leave the site. In many ways, it's just the beginning. The actions taken in the hours, days, and weeks following an inspection can significantly influence regulatory outcomes, operational risk, and long-term safety performance.

This session is designed for safety leaders across municipalities, manufacturing, biopharma, food and beverage, and distribution environments who want clear, practical guidance on what to do after an audit or inspection – beyond simply waiting for citations. The presentation focuses on turning inspections into structured, manageable, and value-creating events rather than reactive fire drills.

Attendees gain practical insight into three core learning outcomes:

- How to respond effectively to Oregon OSHA citations – including how to evaluate alleged violations, prepare for informal conferences, make informed decisions about abatement versus contest, and communicate responsively without over- or under-committing the organization.
- How to build and manage a strong Corrective and Preventive Action (CAPA) program – using inspection findings to drive root-cause analysis, sustainable fixes, ownership, and documentation that stands up to regulatory scrutiny and reduces repeat exposure.
- How to create lasting value from inspection learnings – leveraging inspection outcomes to strengthen safety systems, improve leadership engagement, reinforce safety culture, and reduce future inspection risk across diverse operating environments.

The session emphasizes balancing regulatory obligations with operational realities – protecting workers while also protecting the organization and the credibility of its safety leadership. Participants leave with a clear roadmap for post-inspection

response that transforms auditing and inspections from disruptive events into catalysts for continuous improvement and organizational resilience.

- ▶ **Emily Ernstsén, ASP**  
*Environmental Health Safety Specialist*  
*i3DMFG, Redmond*
- ▶ **Jacob Zollinger, CSP**  
*Chief Operating Officer*  
*Intuitive Safety Solutions, Inc., Bend*

#### **Safety Committee Roundtable**

SC

This roundtable explores how to build and sustain effective safety committees through practical discussion and shared experiences. Topics include committee structure, roles and responsibilities, and how to ensure balanced representation and strong leadership. We highlight the importance of robust action item tracking, meaningful inspections, and training to support committee effectiveness. The session also focuses on driving engagement – creating psychological safety, encouraging hazard reporting, and involving the broader organization. Throughout, participants exchange best practices and challenges to identify actionable improvements for their own programs. Bring your questions. We look forward to having you participate!

- ▶ **Maya Anichini, MS, CSP, TPECS**  
*Global Senior HSE Program Manager*  
*Yondr Group, Bend*
- ▶ **Heath Foott, CSP, CSHM, MBA**  
*Loss Control/Safety Area Manager NORAM*  
*Meta, Prineville*
- ▶ **George Lundberg**  
*EHS Manager*  
*BASX Inc., Redmond*
- ▶ **David McClung**  
*Safety Manager*  
*Deschutes Brewery, Bend*

## Monday, September 28 *(continued)*

### Lithium-ion Battery Safety Considerations

Lithium-ion batteries are essential to modern technology. They power everything from cellphones to vehicles and large-scale energy storage systems. However, their high-energy density and chemical composition also introduce significant safety risks when damaged, misused, or subjected to failure conditions. In this presentation, we explore the construction of lithium-ion batteries, the hazards associated with pre- and post-battery failure, aftermarket battery considerations, and case reviews from recent failures.

- ▶ **Rick Heuchert**  
*Training Specialist*  
*Oregon State Fire Marshal, Salem*

### Strong Teams Start Here: Fostering Psychological Safety at Work

Psychological safety is essential for building workplaces where people feel comfortable speaking up, sharing ideas, and raising concerns without fear of humiliation or retaliation. In environments where voices are heard and valued, teams are better equipped to identify risks, solve problems, and support overall worker well-being.

This interactive workshop focuses on translating psychological safety from concept into practice with an emphasis on the importance of supportive supervision. Participants explore how everyday behaviors, leadership approaches, and organizational norms shape whether employees feel safe to contribute. Through real-world examples, guided discussion, and practical exercises, attendees identify common barriers to open communication and learn strategies to foster trust, inclusion, and collaboration.

Designed with a practical, application-focused approach, this session provides tools participants can immediately use in their own workplaces. By the end of the workshop, attendees are prepared to strengthen team dynamics, encourage speaking up, and contribute to safer, healthier, and more effective work environments.

- ▶ **Erin Flynn, PhD**  
*Outreach Director*  
*Oregon Institute of Occupational Health Sciences, OHSU, Portland*
- ▶ **Amy Spring, MPA**  
*Senior Communications and Dissemination Specialist*  
*Oregon Institute of Occupational Health Sciences, OHSU, Portland*

### It is Getting Hot in Here

This presentation discusses the specific requirements of the Oregon OSHA heat and wildland smoke regulations. We go into specific details about each regulation and include challenging aspects of each regulation for employers to consider. Note: This session does not replace the employer's required site-specific annual training requirement. The session provides attendees the information and resources they need to audit their own internal programs for compliance.

- ▶ **Brandi Davis, MS, CIH, CSP**  
*Health Enforcement Manager*  
*Oregon OSHA, Tigard*

### Cancer Updates and PSOB Benefits for the Oregon Fire Service



We facilitate open discussion about Oregon's cancer presumptive law for the Oregon Fire Service. Additional focus is on the recent updates to the Public Safety Officers' Benefits Program.

- ▶ **Jason Jantzi**  
*Senior Risk Management Consultant - Public Safety*  
*Special Districts Association of Oregon (SDAO) Salem*
- ▶ **Dave Pickhardt**  
*Risk Manager*  
*WHA, Eugene*

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**Tuesday, September 29**

- 7:30 a.m. Registration opens
- 7:30-8:15 a.m. Breakfast *(provided)*
- 7:30 a.m.-1:15 p.m. Exhibits open
- 8:15-8:30 a.m. Announcements and Prize drawings

**8:30-9:30 a.m.**

**KEYNOTE**

### **Finding Your Beat, the Rhythm of Life**

Tim knows the importance of paying attention to the rhythm of life. Having worked in law enforcement for 28 years, he is an expert at working the beat, and has learned through experience the value of discovering the harmony in it all.

We all face challenges which create our own beat in life when balancing family, careers, and struggling to find time for ourselves and our physical, mental, and spiritual health. Prepare to be energized, inspired, and entertained as "The Off Duty Chief" shares strategies and tactics for working YOUR BEAT!

Key takeaways include:

- Build resilience during challenging and uncertain times
- Stay optimistic and focused in demanding careers
- Reduce burnout and improve work-life harmony
- Strengthen team culture and community connection

▶ **Tim Eggebraaten**

*Certified Speaking Professional*

*offdutychief.com, Detroit Lakes, Minnesota*

- 9:30-10:30 a.m. Break and Visit Exhibits

**10:30 a.m.-noon**

**SESSION 4**

### **Navigating the Occupational Health Landscape in Central Oregon**

Join us for a panel discussion on the occupational health landscape in Central Oregon, where we discuss local occupational health resources, challenges around managing return-to-work programs, and more. You have an opportunity to hear from local safety professionals managing these programs within their organization, as well as a provider from Summit Health and a return-to-work specialist from SAIF. You won't want to miss this session!

▶ **Maya Anichini, MS, CSP, TPECS**

*Global Senior HSE Program Manager*

*Yondr Group, Bend*

▶ **Amber Bannister**

*Return to Work Consultant*

*SAIF Corporation, Bend*

▶ **Monica Giamellaro, MS, PA-C**

*Occupational Medicine Physician Associate*

*Summit Health, Bend*

▶ **Jen Killpack**

*Management Analyst - Safety*

*City of Bend, Bend*

▶ **George Lundberg**

*EHS Manager*

*BASX Inc., Redmond*

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## Tuesday, September 29 *(continued)*

### Incident Investigation Using Toyota Problem Solving

Incident investigation is a science and art that requires a standard methodology to navigate through causal factors to identify and address the “root” of the issue through targeted actions. The majority of companies have limited time and resources that can be easily wasted addressing incident “symptoms” than actual causal element of the incident. The course shares Toyota tools and methodologies to analyze incidents to identify the critical causal factor that must be addressed to prevent repeating history.

- ▶ **Richard Burnis, MSPH, CIH**  
*Senior Regional Safety & Security Manager  
Tillamook County Creamery Association  
Tillamook*

### The Prescription to Lowering Your Driver Risk

During this session, we explore the mindset shift necessary to manage the risks present while driving. Attendees walk away with five principles for lowering their driver risk score. Join us on this journey toward an even more secure and confident driving experience, where your wealth of driving knowledge and expertise gain fresh perspectives.

This session covers:

- Three types of risk
- Mindset
- Overaccumulation of risk
- Three basic driver actions
- Five keys to lowering risk

- ▶ **Andrew Crites**  
*CEO/Master Trainer  
Oregon Driver Education Center, Salem*

### Developing Safety Culture: Comparing Levels of Safety Maturity and Using the Right Tactics in Each

It's 2026, and most of our companies have thorough, compliant safety programs full of best practices for minimizing risk and avoiding incidents.

When something goes wrong and we attend an after-action review, too often we find that crews didn't follow those best practices and it's usually because the actual safety culture made it easier to do anything other than follow risk-mitigating processes.

This session describes the critical role culture plays in determining how well our colleagues are likely to follow best practices and how to encourage them to think they are actually more than a bunch of rules – they're actually a good idea. Attendees learn a model for organizational development and learn to identify comparative levels of safety culture, as well as level-appropriate tactics for moving to the next level.

- ▶ **Heath Foott, CSP, CSHM, MBA**  
*Loss Control/Safety Area Manager NORAM  
Meta, Prineville*
- ▶ **Brett Phillips, LEED AP**  
*Principal Consultant  
Industrial Hygiene and Safety  
Citadel EHS, Portland*

## Tuesday, September 29 *(continued)*

1:15-2:30 p.m.

SESSION 5

### Avoid a Catastrophe: Implement the Principles of Process Safety

This presentation introduces the principles of Process Safety Management (PSM). We review the layered approach of this OSHA standard and demonstrate how all employers can utilize the system principles to control and mitigate hazards associated with process equipment and work practices. The session includes some real case studies that could have been prevented if the PSM principles were implemented at the facilities.

► **Brandi Davis, MS, CIH, CSP**

*Health Enforcement Manager  
Oregon OSHA, Tigard*

### Fire Service Cancer Risk, Mitigation Strategies, and Overcoming Fire Service Specific Barriers



Fire service members are experiencing cancer rates and mortality greater than the general population. In this program, we identify the risks, evidence-based mitigation strategies, and explore how we can overcome some of the systemic fire service barriers to applying mitigation best practices. Exposure to cancer causing contaminants on and off the fireground is a complex problem. We identify some of the contextual and cultural barriers which can interfere with mitigation strategies and explore some practical options to impact fireground contamination.

► **Matt Laas**

*Fire Service Safety Specialist  
Oregon State Fire Marshal, Salem*

Noon-1:15 p.m.

Lunch *(provided)*

Visit Exhibits

### Integrating Risk Management and Safety for Stronger Organizational Outcomes

Risk management and safety are often treated as separate priorities, but the greatest impact occurs when they work together as part of a unified strategy. This session explores the distinct roles of safety in preventing injuries and incidents and risk management in addressing broader organizational exposures affecting performance, compliance, and resilience. Attendees learn how integrating safety programs with risk-based decision-making – supported by insurance and risk engineering resources – can reduce losses, improve operational continuity, and strengthen overall business outcomes.

► **Niki Holm, CSP**

*Risk Engineering Consultant – Energy  
Insurance Carrier*

### Artificial Intelligence (AI) for Beginners

Discover how artificial intelligence (AI) can enhance workplace safety in practical, easy-to-use ways. This session covers AI fundamentals, tools, and real-life applications from a beginner's perspective that helps improve communication, training, and compliance. No prior AI experience needed – just bring your curiosity!

► **Maya Anichini, MS, CSP, TPECS**

*Global Senior HSE Program Manager  
Yondr Group, Bend*

► **Zack Roberts**

*Safety and Regulatory Specialist  
St. Charles Health System, Bend*

## Tuesday, September 29 *(continued)*

### Human and Organizational Performance (HOP) in Action

Join this session for a high-level overview of the principles of Human and Organizational Performance (HOP). Beyond just talking about these core principles, specific examples are given of how Wilsonart has adopted some of the principles. HOP is a journey and requires commitment from all levels of the organization. Details are shared about how we have gone on this journey.

- ▶ **Doug Kennedy**  
*Director, EHS*  
*Wilsonart, Temple, Texas*

### Waste Determination Mistakes That Lead to Violations - And How to Avoid Them

Proper waste determination is the foundation of hazardous waste compliance and safe operations. This session walks attendees through the process of identifying and classifying waste streams using real-world scenarios from industrial and municipal environments. Presenters cover how to evaluate waste based on generator knowledge, sampling, and regulatory criteria, as well as common mistakes that lead to compliance issues. The session also connects waste determination to downstream requirements, including labeling, storage, transportation, and disposal. Attendees gain practical insights from both technical and field perspectives, helping them confidently manage hazardous materials while reducing risk and ensuring regulatory compliance.

- ▶ **Stephen Frederick**  
*Field Services Account Manager*  
*Clean Harbors Environmental Services*
- ▶ **Charles Lamb**  
*Technical Services Account Manager*  
*Clean Harbors Environmental Services*

### Oregon OSHA's Fall Protection Options for General Industry (1:15-4:15 p.m.)

On Nov. 1, 2017, Oregon OSHA's revised Walking-Working Surface and Personal Protective Equipment (Fall Protection Systems) rules became effective for employers regulated by the Division 2 (general industry) regulations. With these new rules, employers have a duty to provide fall protection in certain workplace situations. This presentation covers when fall protection is required, the systems permissible in rule to protect employees from falls, the minimum requirements for these systems, as well as the associated employee training requirements.

- ▶ **Bryon Snapp, CSP, ASP**  
*Statewide Safety Enforcement Manager*  
*Oregon OSHA, Salem*

### CORE3: Strengthening Emergency Preparedness and Training in Central Oregon



This session provides a practical overview of the Central Oregon Ready, Responsive, Resilient (CORE3) project and the regional and statewide need behind it. From wildfire and severe weather to large-scale disasters like a Cascadia Subduction Zone event, communities and response agencies across Oregon are being asked to respond quickly, train together more effectively, and prepare for increasingly complex emergencies. CORE3 is being developed to help meet that need through a shared regional campus focused on emergency services training, disaster preparedness, and interagency coordination.

Attendees learn how local governments, fire service, law enforcement, emergency management, and state and federal partners are collaborating to develop the project, what capabilities and infrastructure are planned for the facility, and how CORE3 is intended to strengthen preparedness and response capacity both in Central Oregon and the state.

- ▶ **Shelby Knight**  
*Community Development Program Administrator*  
*Central Oregon Intergovernmental Council, Bend*

2:30-3 p.m.

Break

**3-4:15 p.m.**

**SESSION 6**

**Oregon OSHA's Fall Protection Options for General Industry (continued)**

**Getting to the Root of IAQ Complaints: A Practical Investigation Framework**

Indoor air quality (IAQ) complaints can be difficult to evaluate because symptoms, odors, building conditions, HVAC performance, moisture issues, and occupant concerns often overlap. This session provides a practical framework for conducting general IAQ investigations in workplaces and public facilities. Topics include initial complaint intake, review of building history and HVAC conditions, walkthrough observations, common IAQ stressors, when and how to use sampling, interpretation limits, documentation, communication with occupants, and development of reasonable corrective actions. Attendees learn how to approach IAQ concerns systematically, avoid common investigation pitfalls, and distinguish between findings that indicate a likely building-related issue and conditions that require broader evaluation.

► **Mike Peterson, CIH, CSP**  
*Principal Consultant*  
*Citadel EHS, Portland*

**Effective Quarterly Safety Inspections**

When it comes to safety, inspections are your first line of defense against an unsafe work place. There are three types of safety inspections: Oregon OSHA compliance inspections, Oregon OSHA consultation inspections, and employee inspections. This session covers employee inspections. Attendees have the opportunity to review and discuss current rules and responsibilities safety committee members need to know to conduct effective safety quarterly inspections.

Other safety inspection topics covered in this class include:

- Requirements for quarterly safety inspections
- Assembling your inspection team
- How to conduct your safety inspections
- What to look for (hazard identification)
- How to prioritize safety violations
- Record keeping and documentation
- Evaluating the pitfalls and successes of your inspection

► **Rick Blackmarr**  
*Retired*

► **Cory Stengel**  
*Senior Occupational Health Consultant*  
*Oregon OSHA, Bend*



**AMERICAN SOCIETY OF  
SAFETY PROFESSIONALS**  
Broken Top Chapter

Thank you for the support from the American Society of Safety Professionals (ASSP) Broken Top chapter members in creating the worker safety and health topics on the agenda for the safety professionals.

## Tuesday, September 29 *(continued)*

### Chemical Safety – You Have a Chemical, Now What?

Chemical management is more than just maintaining safety data sheets. This program covers several topics for those who manage chemicals and employee exposures to those chemicals (or those that want to know more!) including topics like:

- How to assess a chemical – including the key elements to look for in a safety data sheet (SDS) when evaluating your chemical for personal protective equipment (PPE) and need for an eyewash
- Hazard Communication and the major program requirements
- PPE Hazard assessments, briefly including respiratory program
- Emergency medical/first aid response
- Other regulatory considerations

This high level overview has the aim that each attendee might walk away with a new resource or insight that improves chemical management at their worksite.

- ▶ **Amber Petersen**  
*Industrial Hygienist, Health Compliance Officer  
Oregon OSHA, Bend*
- ▶ **Haley Jordan**  
*EHS Manager  
PCC Schlosser, Redmond*

### NFPA 70E and 70B: What Electrical Equipment Owners and Electrical Contractors Need to Know

This session takes a look at the OSHA enforceable requirements for NFPA 70B and NFPA 70E. First, we look into the responsibilities of electrical equipment owners to meet this enforceable standard. Also covered is the employer and employee responsibilities for electrical work on energized electrical systems and parts.

- ▶ **Dave Jacobsen**  
*Safety Consultant and OSHA Authorized Trainer  
GEW, LLC, Vancouver*

### Health and Safety Mentorship for the Fire Service



What if developing your next safety leader didn't require more classes, but better connections?

This session introduces a practical mentorship model designed to strengthen the effectiveness of health and safety officers across the fire service. It moves beyond traditional training by focusing on guided experience, real-world problem solving, and intentional knowledge transfer between experienced leaders and developing professionals.

Participants explore a structured approach that pairs emerging or newly assigned health and safety officers with seasoned mentors. Together, they work through real challenges – operational risk management, safety program development, and integrating health and wellness into daily operations – while strengthening leadership influence and decision making across the organization.

Designed to be scalable and adaptable, this program aligns with existing training pathways and works in volunteer, combination, and career departments without adding unnecessary administrative burden.

This session also connects mentorship to the bigger picture – succession planning, preserving institutional knowledge, and building a stronger safety culture. For organizations facing retirements and increasing complexity, mentorship provides a practical way to sustain leadership capacity and organizational resilience.

Attendees leave with a clear understanding of how to start or refine a mentorship program, key components for success, and ideas they can immediately apply within their own agency. If your goal is safer operations, stronger leaders, and a more resilient organization, this session is for you.

- ▶ **Jason Jantzi**  
*Senior Risk Management Consultant – Public Safety  
Special Districts Association of Oregon (SDAO)  
Salem*

**Register online at [safetyseries.cventevents.com/central26](https://safetyseries.cventevents.com/central26)**

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**AMERICAN SOCIETY OF  
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Broken Top Chapter

List as of 6/30/26

## Conference Planning Committee

Maya Anichini, *Yondr Group*

Trevorr Beaver, *Clean Harbors*

Kelli Candella, *COSHA*

Ashtyn Christensen, *Owens Corning*

Ben Denfeld, *Pacific Power*

Phil Drew, *Saddle Mountain Safety Management*

Warren Espinola, *Oregon OSHA*

Niki Fisher, *SDAO*

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Andrea Leish (Co-chair), *City of Redmond*

George Lundberg, *BASX*

David McClung, *Deschutes Brewery*

Randy McCulley, *Deschutes County Road Department*

Tom Mooney, *Redmond Fire Department*

Zack Roberts, *St. Charles Healthcare*

Joshua Ryan, *Lonza*

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Connie Smith, *City of Bend*

Cory Stengel, *Oregon OSHA*

Kristin Talbot (Co-chair), *Deschutes County Road Department*

Ken Vaughan, *BBSI*



### Central Oregon Safety & Health Association

The Central Oregon Safety and Health Association is proud to co-sponsor this conference. This association was formed in early 1998 in response to a need for education and networking opportunities for safety and health professionals in the Deschutes County area. There are NO DUES to belong to the association — just interest and a commitment to the delivery of professional and ethical services to all businesses and individuals in Central Oregon. Participation and involvement are the keys to success for the Central Oregon Safety and Health Association. Become involved today! For more information, call Kelli Candella, 541-322-7104. In January, COSHA co-sponsors the Mid-Oregon Construction Safety Summit.

### Oregon OSHA

Oregon OSHA administers the Oregon Safe Employment Act (OSEA). The OSEA authorizes enforcement of federal and state occupational safety and health regulations and provides consultation, educational opportunities, technical assistance, and creative programs to assist employers and employees in Oregon. Oregon OSHA is committed to reducing occupational fatalities, injuries, and illnesses; thereby reducing human suffering and workers' compensation costs. For technical assistance, training opportunities, or information about conferences, please call 503-378-3272, or 888-292-5247 (toll-free), option 1. For consultative services, call 800-922-2689 (toll-free) or call the Bend office, 541-388-6068.



Department of Consumer  
and Business Services

*Co-sponsorship of this conference by Central Oregon Safety & Health Association and Oregon OSHA does not necessarily constitute endorsement or approval of the content of programs. Employers and employees should review applicable rules and regulations to ensure that the information they have received is appropriate to their specific worksite and work situation. COSHA is financially responsible for conference arrangements and commitments.*



# Registration form

**September 28 & 29, 2026**

Riverhouse Lodge • Bend, Oregon

Please print

All parts of the registration form must be completed to process your registration.

Name: \_\_\_\_\_

Job title: \_\_\_\_\_

Company: \_\_\_\_\_

Business address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Ext.: \_\_\_\_\_ Alternate phone: \_\_\_\_\_

Email address (required): \_\_\_\_\_ (Must be unique email address; no duplicate emails)

## Part 1 – Registration fees

### General attendance (check all that apply)

- ☐ Monday and Tuesday (Sept. 28 & 29).....\$260
- ☐ One day Monday (Sept. 28).....\$130
- ☐ One day Tuesday (Sept. 29).....\$130

TOTAL ENCLOSED \$ \_\_\_\_\_

Payment (check, credit card information, or purchase order) must accompany registration form.

Mail check or fax credit card information or purchase order to:

**COSHA Central Oregon Conference**

PO Box 5640

Salem, OR 97304-0640

Fax 503-947-7019

**COSHA Tax ID Number: 93-1234637**

**Questions?** Call the Conference Section at 503-947-7411 or 888-292-5247 (toll-free), option 1

**For Pre-registration, return by September 21, 2026.**

After this date, a confirmation letter cannot be guaranteed.

Some sessions may close; call for session availability, 503-947-7411.

**Charge my:** ☐ MasterCard ☐ VISA ☐ American Express ☐ Discover

**Name on card (print):** \_\_\_\_\_

**Email to send receipt (print):** \_\_\_\_\_

**Billing address:** \_\_\_\_\_ **Billing ZIP Code:** \_\_\_\_\_

**Exp. date:** \_\_\_\_\_ **Security code:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

## Office use only

**Date Rec.** \_\_\_\_\_

**Amt. Rec.** \_\_\_\_\_

**Check #** \_\_\_\_\_

**PO #** \_\_\_\_\_

**Last 4** \_\_\_\_\_

{ 3 digits on back of MasterCard or VISA  
4 digits on front of American Express

(Continued on other side)

Credit Card #:

For your protection, your credit card number will be shredded after processing.

**Registrant's name:** \_\_\_\_\_

**Attendee profile** (check one) ☐ Employee ☐ Management ☐ Owner ☐ Consultant ☐ Other/not listed: \_\_\_\_\_

**Are you a safety committee member?** ☐ Yes ☐ No

**Please indicate the number of employees at your worksite:** ☐ 20 employees or fewer ☐ 21 to 50 employees ☐ 51 or more employees

**Indicate which industry you represent:** (check one)

- |                                                    |                                                           |                                                   |                                                        |
|----------------------------------------------------|-----------------------------------------------------------|---------------------------------------------------|--------------------------------------------------------|
| <input type="checkbox"/> Agriculture               | <input type="checkbox"/> Food Processing/Manufacturing    | <input type="checkbox"/> Mining                   | <input type="checkbox"/> Transportation                |
| <input type="checkbox"/> Brewery/Distillery/Winery | <input type="checkbox"/> Forest Activities/Logging        | <input type="checkbox"/> Oil/Gas                  | <input type="checkbox"/> Utilities                     |
| <input type="checkbox"/> Cannabis                  | <input type="checkbox"/> Government/Public Administration | <input type="checkbox"/> Personal Services        | <input type="checkbox"/> Waste Collection and Disposal |
| <input type="checkbox"/> Construction              | <input type="checkbox"/> Health Care                      | <input type="checkbox"/> Product Manufacturing    | <input type="checkbox"/> Warehousing                   |
| <input type="checkbox"/> Education                 | <input type="checkbox"/> Lodging Services                 | <input type="checkbox"/> Retail/Wholesale Sales   | <input type="checkbox"/> Wood Product Manufacturing    |
| <input type="checkbox"/> Fire/Emergency Services   |                                                           | <input type="checkbox"/> Restaurant/Food Services | <input type="checkbox"/> Other/not listed: _____       |

**Part 2 – Choose only one first and one second choice for each time period.**

For each time period, circle the ① next to the session you would most like to attend. Also circle the ② next to the session that is your second choice for that time period.

Example:

|   |   |                 |
|---|---|-----------------|
| ① | 2 | Example class A |
| 1 | 2 | Example class B |
| 1 | ② | Example class C |

**Special accommodations:**

- ☐ Check if you require special services. Provide a written description of your needs.

**Monday, September 28**

**10-11:30 a.m.**

**SESSION 1**

- |   |   |                                                                                                  |
|---|---|--------------------------------------------------------------------------------------------------|
| 1 | 2 | Beyond Blame: Redefining Accountability                                                          |
| 1 | 2 | I'm on the Safety Committee, Now What?                                                           |
| 1 | 2 | Annual Chemical Inventory Reporting                                                              |
| 1 | 2 | Oregon's Best Kept Secret: Unlocking the Employer-at-Injury Program and Preferred Worker Program |
| 1 | 2 | Confined Spaces: What You Need to Know                                                           |
| 1 | 2 | Resilience in Command: Leading with CISM and Peer Support                                        |

**11:30 a.m.-1:15 p.m.**

- ☐ Yes, I will attend Lunch (*provided*) and Opening

**1:15-2:30 p.m.**

**SESSION 2**

- |   |   |                                                                        |
|---|---|------------------------------------------------------------------------|
| 1 | 2 | Looking Through the Eyes of an OSHA Compliance Officer                 |
| 1 | 2 | Hazard Identification                                                  |
| 1 | 2 | How to Prepare: What Can I Do If Faced with Fire Danger and Evacuation |
| 1 | 2 | Voluntary Compliance: The Value of Engaged Employees                   |
| 1 | 2 | Fall Protection Training                                               |
| 1 | 2 | Retiring Well – from a Mental Health Perspective                       |

**3:15-4:30 p.m.**

**SESSION 3**

- |   |   |                                                                 |
|---|---|-----------------------------------------------------------------|
| 1 | 2 | An Audit – Gotcha! So, What Happens Next?                       |
| 1 | 2 | Safety Committee Roundtable                                     |
| 1 | 2 | Lithium-ion Battery Safety Considerations                       |
| 1 | 2 | Strong Teams Start Here: Fostering Psychological Safety at Work |
| 1 | 2 | It is Getting Hot in Here                                       |
| 1 | 2 | Cancer Updates and PSOB Benefits for the Oregon Fire Service    |

**Tuesday, September 29**

**7:30-9:30 a.m.**

- ☐ Yes, I will attend the Breakfast and Keynote: Finding Your Beat, the Rhythm of Life

**10:30 a.m.-noon**

**SESSION 4**

- |   |   |                                                                                                    |
|---|---|----------------------------------------------------------------------------------------------------|
| 1 | 2 | Navigating the Occupational Health Landscape in Central Oregon                                     |
| 1 | 2 | Incident Investigation Using Toyota Problem Solving                                                |
| 1 | 2 | The Prescription to Lowering Your Driver Risk                                                      |
| 1 | 2 | Developing Safety Culture: Comparing Levels of Safety Maturity and Using the Right Tactics in Each |
| 1 | 2 | Avoid a Catastrophe: Implement the Principles of Process Safety                                    |
| 1 | 2 | Fire Service Cancer Risk, Mitigation Strategies, and Overcoming Fire Service Specific Barriers     |

**1:15-2:30 p.m.**

**SESSION 5**

- |   |   |                                                                              |
|---|---|------------------------------------------------------------------------------|
| 1 | 2 | Integrating Risk Management and Safety for Stronger Organizational Outcomes  |
| 1 | 2 | Artificial Intelligence (AI) for Beginners                                   |
| 1 | 2 | Human and Organizational Performance (HOP) in Action                         |
| 1 | 2 | Waste Determination Mistakes That Lead to Violations – And How to Avoid Them |
| 1 | 2 | Oregon OSHA's Fall Protection Options for General Industry (1:15-4:15 p.m.)  |
| 1 | 2 | CORE3: Strengthening Emergency Preparedness and Training in Central Oregon   |

**3-4:15 p.m.**

**SESSION 6**

- |   |                                                                                 |                                                                                            |
|---|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| ■ | Oregon OSHA's Fall Protection Options for General Industry ( <i>continued</i> ) |                                                                                            |
| 1 | 2                                                                               | Getting to the Root of IAQ Complaints: A Practical Investigation Framework                 |
| 1 | 2                                                                               | Effective Quarterly Safety Inspections                                                     |
| 1 | 2                                                                               | Chemical Safety – You Have a Chemical, Now What?                                           |
| 1 | 2                                                                               | NFPA 70E and 70B: What Electrical Equipment Owners and Electrical Contractors Need to Know |
| 1 | 2                                                                               | Health and Safety Mentorship for the Fire Service                                          |