



January 26 & 27, 2026

Riverhouse Lodge Convention Center • Bend

Keynote:

The Undeniable Appeal of Risk

What is it about risk we find so appealing? Why do many of us have hobbies more dangerous than our jobs? Why do movies such as "The Fast and the Furious" sell out the box office while Bob Ross' "The Joy of Painting" only manages to gain a niche internet following decades after his death? In this session, we explore the undeniable appeal of risk and how a certain amount of risk enriches life. We then explore common misconceptions about risk and how understanding these misconceptions can lead to better risk-taking decisions.

► **Rachel Walla-Housman**, *Founder, Ally Safety*



For more information and to register:
safetyseries.cventevents.com/summit26

Earn continuing education credits and certifications (CCB, Landscapers, OSHA 10-hour, and more)!



Pre-Conference Workshops

Monday, January 26, 2026

8 a.m.-noon

AHA Heartsaver Adult First Aid, CPR, AED Certification *(repeated at 1 p.m.)*

\$100 per attendee

This American Heart Association (AHA) Heartsaver training covers first aid with cardiopulmonary resuscitation (CPR), automated external defibrillation (AED), and choking. This CPR and first-aid certificate is recognized by the American Heart Association for two years.

- ▶ **Bob Alexander**, Owner, Instructor
First Responder CPR and First Aid, Prineville

8 a.m.-5 p.m.

MEWP - Mobile Elevating Work Platform

\$100 per attendee

This training provides essential instruction and practical skills for the safe operation of Mobile Elevating Work Platforms (MEWPs) such as scissor lifts and boom lifts. This training covers the following, content which includes classroom learning, purpose of safety principles, hazard identification, daily inspections, equipment used and hands-on evaluation, is required by standards like ANSI and OSHA.

There is a 30-minute component of this training/evaluation taking place outside. Please wear outdoor gear for the day's weather. PPE is provided.

Upon completion, operators receive a certification valid for a set period, typically three years, to ensure ongoing competency.

- ▶ **Jamie Zahnow**, Safety Manager, BuildGroup
Sumner, Washington

1-4:30 p.m.

(attendees choose one topic to attend in this time period)



AMERICAN SOCIETY OF
SAFETY PROFESSION

Broken Top Chapter

Thank you for the support from the American Society of Safety Professionals (ASSP) Broken Top and for their sponsorship of the fall protection workshop.

Hazard Identification: A Two-for-One Workshop

Research demonstrates that use of the energy wheel improves the ability to recognize and control hazards.

This two-part hazard identification workshop is designed to strengthen core skills in writing and executing effective pre-task plans.

Part 1 is led by Heath Foott and focuses on hazard-recognition skills essential for foremen, field crews, and other front-line employees responsible for developing and carrying out pre-task plans.

Part 2 is led by Amber Hofer, who expands on her 2025 Governor's Occupational Safety and Health Conference presentation. This session explores the science behind how front-line workers identify hazards and why the energy wheel is an effective tool. The discussion addresses common blind spots in hazard recognition and how the energy wheel can help reduce complacency.

Participants engage in session activities using the energy wheel to directly compare how hazard identification improves when the tool is applied to pre-task planning.

- ▶ **Heath Foott**, CSP, CSHM, MBA, Area Manager
Loss Control/Safety, Meta, Sisters
- ▶ **Amber Hofer**, MS, Safety Manager
Fortis Construction, Portland



Pre-Conference Workshops

Monday, January 26, 2026 (continued)

AHA Heartsaver Adult First Aid, CPR, AED Certification (1-5 p.m.; repeat from 8 a.m.)

\$100 per attendee

This American Heart Association (AHA) Heartsaver training covers first aid with cardiopulmonary resuscitation (CPR), automated external defibrillation (AED), and choking. This CPR and first-aid certificate is recognized by the American Heart Association for two years.

► **Bob Alexander**, Owner, Instructor
First Responder CPR and First Aid, Prineville

Flagger Certification/Work Zone Traffic Control

An introduction in the safety and importance of a simple temporary traffic control work zone following guidelines from the Oregon Temporary Traffic Control Handbook, 2011 edition, along with errata as of 2016. After students attend the class, they are able to recognize and develop a safe work zone for an operation of three days or less along with the use of pilot or escort vehicles, as well as gather information from the handbook and apply minimum standards for work zones. Oregon Department of Transportation card is issued after course completion.

► **Joe Stubblefield**, Traffic Control Supervisor
SMAF Construction, Prineville

How To Survive an Oregon OSHA Inspection (repeat on Tuesday)

An overview of what Oregon OSHA asks and looks for during an on-site visit. You leave this workshop with the resources to develop a safety and health program if Oregon OSHA were ever to show up at your worksite. We explain:

1. What issues bring Oregon OSHA to your jobsite.
2. Your rights and responsibilities while Oregon OSHA is on your jobsite.
3. How Oregon OSHA handles worksites with multiple employers.
4. The required safety and health programs in the construction industry.

► **Jarrodd Bohn**, Senior Safety Compliance Officer
Oregon OSHA, Bend

► **Cory Stengel**, Senior Occupational Health Consultant, Oregon OSHA, Bend



Pre-Conference Workshops

Monday, January 26, 2026 (continued)

Injury or Illness at Work: Now What?

While serious injuries and illnesses happen routinely in the workplace, individual employees are often unprepared for the aftermath of such an event occurring in their workplace. While this session touches briefly on the accident investigation process, the focus is on what an employer can and should do, after the injured worker is on the mend, to get them back to work. Topics covered include injury reporting and recording, rehabilitation services, and how transitional return-to-work policies can save time, trouble, and cost while getting the employee back to work. Also covered are the Preferred Worker Program and the Employee-at-Injury Program.

- ▶ **Mark Hurliman**, Voluntary Programs Coordinator
Oregon OSHA, Grants Pass
- ▶ **Greig Lowell**, Statewide Consultation Manager
Oregon OSHA, Salem
- ▶ **Zoe Tacadena**, Workers' Compensation Division
Reemployment Specialist, Salem
- ▶ **Cheyenne Williams**, AS, Return-to-Work
Consultant, SAIF Corporation, Bend

Two-day Course

(must attend both days)

OSHA 10-Hour for Construction

(starts on Monday at 10 a.m.)

This OSHA 10-Hour for Construction course equips workers, crew leads, and supervisors with the fundamentals to recognize, avoid, and control construction hazards. Using central Oregon jobsite examples and interactive discussion, we dive into the "Fatal Four" (falls, struck by, caught in or between, and electrocution), fall protection essentials, excavation and trenching safety, and effective selection and use of personal protective equipment. We also address health hazards common to construction – silica, noise, heat stress, and other exposures – plus practical strategies for hazard communication, housekeeping, and ladder and stairway safety. The course clarifies workers' rights and employer responsibilities under OSHA, and it reinforces how to build a safety culture that prevents incidents before they occur. Attendees complete required components for the OSHA 10-Hour Construction Outreach card and take away tools they can apply immediately on the job.

- ▶ **Craig Hamelund**, Education Specialist
Oregon OSHA, Tigard
- ▶ **Kevin Kilroy**, CSP, Safety and Health Supervisor
SAIF Corporation, Bend



Session Descriptions

Tuesday, January 27, 2026

8-9:15 a.m.

General Session

Welcome

- ▶ **Caleb Harris**, Committee Co-chair
- ▶ **Renée Stapleton**, Administrator, Oregon OSHA

Keynote: The Undeniable Appeal of Risk

What is it about risk we find so appealing? Why do many of us have hobbies more dangerous than our jobs? Why do movies such as "The Fast and the Furious" sell out the box office while Bob Ross' "The Joy of Painting" only manages to gain a niche internet following decades after his death? In this session, we explore the undeniable appeal of risk and how a certain amount of risk enriches life. We then explore common misconceptions about risk and how understanding these misconceptions can lead to better risk-taking decisions.

- ▶ **Rachel Walla-Housman**, CSP, CIH, Founder Ally Safety, Vancouver, Washington

9:15-10 a.m.

Break and Visit Exhibits

10 a.m.-noon

Breakout Sessions

(attendees choose one topic to attend in this time period)

OSHA 10-hour for Construction (continued)

Welding Fumes: Health Impacts and Prevention Strategies

This session discusses the various types of welding processes and the health hazards associated with them (for example, metal fume fever, cancer, and neurological effects). The presentation also includes the welding control measures of substitution/elimination, engineering controls, work practice controls, and personal protective equipment.

- ▶ **Dan Stuckrath**, CIH, CSP, Industrial Hygienist SAIF Corporation, Salem

Working at Heights: Ladder Safety and the Scaffold User

This session covers the safe use of ladders and scaffolds, which are extremely useful but can be very dangerous if used improperly. Different types of ladders and scaffolds are used in different situations. This session helps you determine the best methods to access your above-ground tasks to keep you and your crew safe. Attendees are eligible for a scaffold user card at the end of the session.

- ▶ **Jim Swink**, Vice President, Sales Northwest Inc. Vancouver, Washington
- ▶ **Chris Williams**, Safety Manager, Northwest Scaffold Service Inc., Portland

Employment Law Update and Best Practices

What every employer needs to know about the most recent changes and updates to Oregon's employment laws, including minimum wage, sick leave, and overtime. This session also includes best practices and tips regarding hiring, discipline, and discharge.

- ▶ **Peter Hicks**, Attorney, Jordan Ramis PC, Bend

Making Safety Personal

In construction, true safety goes beyond rules – it starts with personal ownership. This session helps shift the mindset from compliance to commitment by building a culture where safety is personal. Through real stories and practical tools, participants learn how to engage teams at all levels and connect safety decisions to what matters most: their lives, families, and communities.

- ▶ **Caleb Harris**, Safety Director, Pence and Pence Kelly Concrete, Lake Oswego
- ▶ **Justin Short**, Safety Director, Kirby Nagelhout Construction Company, Bend



Session Descriptions

Tuesday, January 27, 2026 (continued)

Construction A-Z

From accident investigations to zero-energy maintenance programs, the alphabet has us covered when it comes to construction health and safety. This lively session reviews the many hazards commonly found in construction and demolition, and the best practices (and Oregon OSHA requirements) designed to correct those hazards. Several Oregon case studies involving construction-related injuries and deaths are also presented.

- ▶ **Craig Hamelund**, *Education Specialist*
Oregon OSHA, Tigard

How to Survive an Oregon OSHA Inspection *(repeat from Monday)*

An overview of what Oregon OSHA asks and looks for during an on-site visit. You leave this workshop with the resources to develop a safety and health program if Oregon OSHA were ever to show up at your worksite. We explain:

1. What issues bring Oregon OSHA to your jobsite.
2. Your rights and responsibilities while Oregon OSHA is on your jobsite.
3. How Oregon OSHA handles worksites with multiple employers.
4. The required safety and health programs in the construction industry.

- ▶ **Jarrodd Bohn**, *Senior Safety Compliance Officer*
Oregon OSHA, Bend
- ▶ **Cory Stengel**, *Senior Occupational Health Consultant*, Oregon OSHA, Bend

Noon-1:15 p.m. Lunch and Visit Exhibits

1:15-2:45 p.m.

Breakout Sessions

(attendees choose one topic to attend in this time period)

OSHA 10-hour for Construction (continued)

Fall Protection Planning and Design

This course covers how to design a comprehensive fall protection plan, its essential elements, and what to evaluate during planning and inspections. Fall protection relies on controls and specialized equipment to prevent falls or, if a fall occurs, reduce the likelihood of severe injury or death. Topics include common worksite fall hazards, leading causes of injuries and fatalities, and the components of a fall protection system. The class explains and compares the requirements and applications of passive systems (e.g., guardrails and covers), fall restraint, and fall arrest, including when and how each should be used.

- ▶ **Doug Biron**, *Fall Protection Specialist*, 3M

Underground Utilities: What You Don't See Can Hurt You

In the outdoors, your workplace, your home and yard – all around us, actually – there are potential threats and accidents just waiting to happen. Without taking proper precautions, what you don't see can hurt you. This is certainly true when it comes to underground utilities and damage prevention. This session includes true, real-life stories about circumstances where systems complexity or a lack of preparation, knowledge, or foresight led to undesirable and sometimes catastrophic consequences. Attendees leave with a better understanding and appreciation for the critical infrastructure beneath our feet in communities across our state and beyond. The speaker promises to share three simple numbers and a link that can help prevent expensive damages, temporary loss of critical utility services, injuries, or worse.

- ▶ **Josh Thomas**, *Executive Director*
Oregon Utility Notification Center, Portland



Session Descriptions

Tuesday, January 27, 2026 (continued)

Artificial (AI) and Risk Intelligence — The Next Era of High-Performing Organizations

As artificial intelligence (AI) becomes increasingly embedded in safety systems, its true value lies not in replacing human insight but in amplifying it. This session explores how AI, natural language processing, and modern communication tools unlock entirely new ways to understand, interpret, and act on data, which enables earlier risk detection, faster problem-solving, and deeper front-line engagement to build high-trust, adaptive environments where safety and performance thrive.

- ▶ **John Mavros**, VP Customer Success
FactorLab, Portland
-

Safety and the Supervisor

"I'm a supervisor; what am I required to do about safety?" If you've ever pondered this type of question, this session is for you. Using Oregon OSHA's Administrative Rules as the outline for the five basic supervisory safety responsibilities, we will explore methods and tools effective supervisors use to become leaders in safety.

- ▶ **Luke Betts**, CSP, ARM-E, ASP, AIS, Senior Safety Management Consultant, SAIF Corporation, Bend
- ▶ **Craig Hamelund**, Education Specialist
Oregon OSHA, Tigard

Address the Stress: Mental Health for You and Your Teams

If you are feeling stress, pressure, anxiety or just plain BURNT OUT, this session is for you. If you have employees that are struggling, this session is for you. If you just wonder how your employees are getting by and want to help, this session is for you. We do a dive into the current statistics for mental health (Including suicide and substance use disorder) as well as why it is a workplace concern. Attendees leave with the ability to identify and deploy best practices relative to mental health in the workplace. Attendees develop a plan for self-care by means of identifying healthy coping and resilience skills they can bolster for themselves and model for their teams. Lastly, attendees leave with a strategy on how to de-escalate someone in crisis in a psychologically safe and effective manner.

- ▶ **Mandi Kime**, MS, BS, BA, CSP, CHST, Director of Safety Services, Associated General Contractors of Washington, Seattle, Washington
-

Supercharge Your Construction Safety Meetings

Are your safety meetings boring? Is it hard to get folks engaged? This session discusses strategies for supercharging your construction safety meetings.

- ▶ **Leigh Manning**, MPH, CSP, ARM, Senior Safety Management Consultant, SAIF Corporation, Eugene
- ▶ **Greta Salvo**, Senior Safety Management Consultant, SAIF Corporation, Bend



Session Descriptions

Tuesday, January 27, 2026 (continued)

Workers' Compensation Claims 101

This presentation covers the compensability of a workers' compensation claim, information about the return-to-work program and process, as well as how claims are managed.

- ▶ **Amber Bannister**, *Return-to-Work Consultant*
SAIF Corporation, Salem
- ▶ **Lyndsie Taylor**, *Claims Adjuster III*, SAIF Corporation, Salem

2:45-3:30 p.m. Break and Visit Exhibits

3:30-5 p.m. *Breakout Sessions*

(attendees choose one topic to attend in this time period)

OSHA 10-hour for Construction (continued)

Fall Protection Inspection

Fall protection gear is designed for tough environments but still experiences wear. To ensure it's ready when needed, both pre-use and periodic inspections are essential. This course covers care principles and inspection procedures for commonly used fall protection equipment (excluding specialized permanent systems). It's intended for those involved in a managed fall protection program, including tool crib operators, inventory managers, safety personnel, and workers.

Key topics covered:

- Oversight roles and responsibilities
 - Equipment tracking and inventory control
 - Maintenance and cleaning procedures
 - Proper storage practices
 - Inspection types and schedules
 - Documentation and recordkeeping
 - Component failure criteria
 - Step-by-step inspection procedures
- ▶ **Doug Biron**, *Fall Protection Specialist*, 3M

Excavation Safety: Awareness and Refresher

Digging operations expose workers to a wide variety of hazards and Oregon OSHA regulations provide specific guidance for ensuring safety. In this class, we examine the scope of these requirements and assess which regulations apply to which excavations. This session is designed for those with limited excavation experience (awareness training) as well as refresher training for those working in excavations or serving as competent persons. The class materials include checklists and other resources that can be used to improve your organization's excavation safety practices.

- ▶ **Jim Johnson**, *CEO*, D2000 Safety Inc., Eugene

Essentials for Protecting Workers from Silica Health and Exposure Risks

Workplace health and safety regulations for silica have changed in recent years – from a known hazard and a published occupational exposure limit, to a 50 percent reduction in the exposure limit and a new OSHA substance-specific standard. Why? Because workers are still experiencing silicosis and other illnesses from exposures. We discuss some of the more recent developments with cases of silicosis found in fabricated stone workers. We also review Oregon OSHA's silica rules to help you determine if you are where you need to be with your silica exposure control plans, training, and controls to better protect your employees. We discuss silica hazards, Oregon OSHA's silica rules, medical surveillance, Table 1, and other controls. We review resources to help you with your silica exposure control efforts and discuss some of the challenges and current controls available. Come and learn more about silica and how to better protect your employees.

- ▶ **Kim Henry**, *MS, CIH, CHMM, Industrial Hygienist*
SAIF Corporation, Salem



Session Descriptions

Tuesday, January 27, 2026 (continued)

Pre-Task Planning: Why? How? And Everything Else!

This session reinforces the importance of a pre-task plan by emphasizing the benefits and showing what it can do to improve (or sustain) a positive culture. By using examples, sharing perspectives, and having fun, these 90 minutes will guide you through the pre-task plan process and reveal how it can strengthen your safety and health foundation. Prerequisite: Get some good sleep the night before!

- ▶ **Craig Hamelund**, *Education Specialist*
Oregon OSHA, Tigard

QPR Gatekeeper Training

Key components covered in this training are:

- How to question, persuade, and refer (QPR) someone who may be suicidal.
- How to get help for yourself or learn more about preventing suicide.
- The common causes of suicidal behavior.
- The warning signs of suicide.
- How to get help for someone in crisis.

- ▶ **David Wilson**, *BS, MA, PhD, CEO, Founder*
Wilbeast PBC, Tualatin

Electrical Safety for the Non-Electrician

Attendees learn comprehensive basic electrical safety, how to work next to energized electrical systems, and how that work can be successfully performed. The material presented is the latest information from the National Electrical Code (NFPA 70), the Standard for Electrical Safety in the Workplace (NFPA 70E), Oregon OSHA, federal OSHA, and CPWR – The Center for Construction Research and Training. Individuals who are new to

electrical work, as well as those who do electrical work, learn the latest and safest way to work with electricity.

- ▶ **Dave Jacobsen**, *Safety Consultant and*
OSHA Authorized Trainer, GEW LLC
Vancouver, Washington

What's App-ening?!

This engaging and interactive class is designed for safety professionals and those new to safety, to explore and utilize various safety and environmental apps. This session aims to streamline work processes, enhance efficiency, and make work faster and more enjoyable. Participants are encouraged to bring their mobile devices (phones and tablets) to try out new apps they haven't used before. By the end of the session, participants will have had hands-on experience with a variety of apps, enabling them to enhance their productivity and safety management practices and be able to design a personalized app toolkit.

Session highlights include:

- Discovering various apps that connect field work to the office.
- Sharing apps that can be used in the field.
- Looking at basic safety meeting management apps.
- Explaining how game apps can be used for training.
- Describing the benefits of apps for those who work alone.
- Summarizing the features of National Institute for Occupational Safety and Health apps.
- Demonstrating how to use apps to build your own PDF library.

- ▶ **Shelley Nasby**, *CSP, MBA, Senior Safety*
Management Consultant, SAIF Corporation
North Bend

This event is made possible by generous safety and health minded sponsors.

MAJOR SPONSORS



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Broken Top Chapter



Supporting Sponsors

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SRS Distribution (Building Products)

SunWest Builders

Tapani

Taylor NW

Western Partitions

(List as of 11/17)



Lodging

Riverhouse Lodge



A block of rooms has been reserved at Riverhouse Lodge in Bend.

All reservations received after December 31, 2025, will be accepted only if space is available.

Book under group name: "Mid-Oregon Construction Safety Summit 2026" The Riverhouse is located on the north end of Bend, on North Business 97.

More information can be found at www.riverhouse.com

Riverhouse Lodge

3075 N. Business 97
Bend, Oregon 97703

For room reservations call: 541-389-3111

Rate: \$125 per night plus tax and \$15 resort fee
Rates are good for 3 days prior to and 3 days after the event.

[Make your reservation online!](#)

Earn continuing education credits and certifications

- OSHA 10-hour for Construction (qualifies for CCB credits)
- Certification/recertification workshops:
First Aid/CPR/AED and Work Zone Safety/Flagging
- Pre-conference workshops and conference sessions qualify for CCB and Landscaper credits

Information on how to track your hours/credits is provided at the conference. A certificate of completion for the event is also issued.





Registration Instructions

Riverhouse Lodge Convention Center • January 26-27, 2026

Early registration is encouraged, as class space is limited. Registration is accepted by mail, scan/email, or online. Faxes are accepted only if accompanied by credit card information or purchase order. If space is available, you may register at the conference. Checks, purchase orders, and credit card information is accepted for registrations submitted by mail and on site. Please call 503-947-7411 for session availability.

A separate registration form must be completed for each person registering. If more than one person from your company is attending, photocopy the registration form for each person and use a credit card or issue a check or purchase order for the total amount.

All parts of the registration form must be completed (attendee information, payment, and session selection). If not, forms will be returned to you to complete before we can process your registration.

A confirmation will be emailed to you prior to the conference.

Unique email addresses required; no duplicate emails.

Register online!

safetyseries.cventevents.com/summit26

Fees

Pre-conference workshops (Jan. 26) \$85-100
OSHA 10-hour for Construction (Jan. 26 & 27)
Lunch provided both days \$175
Conference (Jan. 27)
Breakfast & Lunch provided \$130

Payments

Complete this registration form and mail with payment made payable to "COSHA - Summit" to:

COSHA - Summit
PO Box 5640
Salem, OR 97304-0640

Or **scan/email** form with payment information to oregon.conferences@dcbs.oregon.gov.

Fax: 503-947-7019

No refunds given after January 16, 2026. Substitutions are permissible. Registrants who have not canceled by this date and are a no-show day of conference must pay in full.

Questions about the event?

Contact the Conference Section at 503-947-7411.

Registration fee includes:

- Latest information for your company to reduce injuries
- Choice of classes during three sessions
- Access to mobile event app and online resources
- Course materials
- Hot breakfast, lunch, and afternoon refreshments

Accreditation

Earn certifications and receive continuing education credits:

- OSHA 10-hour for Construction (qualifies for CCB credits)
- Certification/recertification workshops: First Aid/CPR/AED and Work Zone Safety/Flagging
- Pre-conference workshops and conference sessions qualify for CCB and Landscaper credits

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ACCOMMODATION FOR THOSE WITH DISABILITIES

Riverhouse Lodge is wheelchair accessible. Information about additional services for the disabled is available at the hotel registration desk.

January 26 & 27, 2026

Riverhouse Lodge • Bend, OR

Register online at safetyseries.cventevents.com/summit26

Name: _____

Title: _____

Employer: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____

Email address: _____

Email address is required for confirmation
(Must be unique email address; no duplicate emails)

Attendee Profile (Check only one)

☐ Employee ☐ Management ☐ Owner ☐ Consultant

☐ Other _____

Are you a safety committee member? ☐ Yes ☐ No

How many employees are at your worksite?

☐ 1-20 ☐ 21-50 ☐ 51 or more

Registration fees

Mark all that apply

☐ Pre-conference workshops (Jan. 26)\$85

☐ Adult First Aid, CPR, AED (Jan. 26)\$100

☐ MEWP workshop (Jan. 26)\$100

☐ OSHA 10-hour for Construction (Jan. 26 & 27)\$175

☐ Conference (Jan. 27)\$130

Total due: \$ _____

Method of payment

☐ Check ☐ PO # _____ ☐ Credit Card

Mail with payment made payable to "COSHA - Summit" to:

COSHA - Summit

PO Box 5640, Salem, OR 97304-0640

Or scan/email to oregon.conferences@dcbs.oregon.gov.

For pre-registration, return by January 16, 2026.

Some sessions may close; if you intend to register on-site, call for session availability, 503-947-7411.

Charge my: ☐ MasterCard ☐ VISA ☐ American Express ☐ Discover

Name on card (print): _____

Billing address: _____

Exp. date: _____ Security code: _____

Signature: _____

Credit card #:

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For each time period, circle the **1** next to the session you would most like to attend. Also circle the **2** next to the session that is your second choice for that time period.

Monday, January 26, 2026

8 a.m.-noon - PRE-CONFERENCE WORKSHOP

- ☐ AHA Heartsaver Adult First Aid, CPR, AED Certification (8 a.m.-noon; repeated at 1 p.m.)
- ☐ MEWP - Mobile Elevating Work Platform (8 a.m.-5 p.m.)
- ☐ OSHA 10-hour for Construction (10 a.m. start)

1-4:30 p.m. - PRE-CONFERENCE WORKSHOPS

- 1 2 Hazard Identification: A Two-for-One Workshop
- 1 2 AHA Heartsaver Adult First Aid, CPR, AED Certification (repeat from 8 a.m.)
- 1 2 Flagger Certification/Work Zone Traffic Control
- 1 2 How To Survive an Oregon OSHA Inspection (repeat Tue.)
- 1 2 Injury or Illness at Work: Now What?
- ☐ OSHA 10-hour for Construction Series (continued)

Tuesday, January 27, 2026

8-9:15 a.m. - GENERAL SESSION

- ☐ Yes, I will attend the Welcome and Keynote: The Undeniable Appeal of Risk

10 a.m.-noon - BREAKOUT SESSIONS

- 1 2 Welding Fumes: Health Impacts and Prevention Strategies
- 1 2 Working at Heights: Ladder Safety and the Scaffold User
- 1 2 Employment Law Update and Best Practices
- 1 2 Making Safety Personal
- 1 2 Construction A-Z
- 1 2 How to Survive an Oregon OSHA Inspection (repeat from Monday)
- ☐ OSHA 10-hour for Construction Series (continued)

1:15-2:45 p.m. - BREAKOUT SESSIONS

- 1 2 Fall Protection Planning and Design
- 1 2 Underground Utilities: What You Don't See Can Hurt You
- 1 2 Artificial (AI) and Risk Intelligence — The Next Era of High-Performing Organizations
- 1 2 Safety and the Supervisor
- 1 2 Address the Stress: Mental Health for You and Your Teams
- 1 2 Supercharge Your Construction Safety Meetings
- 1 2 Workers' Compensation Claims 101
- ☐ OSHA 10-hour for Construction Series (continued)

3:30-5 p.m. - BREAKOUT SESSIONS

- 1 2 Fall Protection Inspection
- 1 2 Excavation Safety: Awareness and Refresher
- 1 2 Essentials for Protecting Workers from Silica Health and Exposure Risks
- 1 2 Pre-Task Planning: Why? How? And Everything Else!
- 1 2 QPR Gatekeeper Training
- 1 2 Electrical Safety for the Non-Electrician
- 1 2 What's App-ening?!
- ☐ OSHA 10-hour for Construction Series (concludes)

Office use only

Date Rec. _____

Amt. Rec. _____

Check # _____

PO # _____

Last 4 _____

For your protection, your credit card number will be shredded after processing.