

# REGISTRATION PROGRAM



*22<sup>nd</sup> Annual*

## Construction Safety Conference • Bend

Riverhouse Lodge Convention Center

**January 27 & 28, 2025**

### **Keynote:**

**Champions of Safety: Unleashing the Lifesaving Power of Culture and Communication**

*by Layla McGlone, Founder and Change Catalyst of Building Excellence*

*Earn continuing education credits and certifications (CCB, Landscapers, OSHA 10-hour, and more)!*

**Training designed for residential, commercial, and industrial construction workers**



**For more information and to register:  
[safetyseries.cventevents.com/summit25](https://safetyseries.cventevents.com/summit25)**



# OSHA 10-HOUR FOR CONSTRUCTION SERIES

Five sessions over two days — \$175 (includes lunch)

## Monday & Tuesday, January 27 & 28, 2025

### Introduction to OSHA

The purpose of this session is to provide attendees with introductory information about OSHA. It comprises the following topics:

1. Why is OSHA important to you?
2. What rights do you have under OSHA?
3. What are your employer’s responsibilities under OSHA?
4. What are OSHA standards?
5. How are OSHA inspections conducted?
6. Where can you go for help?

This session provides basic knowledge of OSHA’s history, mission, workers’ rights, employer responsibilities, standards, inspections, and safety and health resources, including how to file an OSHA complaint. A short quiz concludes the session.

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### Fatal Four

Construction safety is one of OSHA’s top concerns. Construction is among the most dangerous industries in the country, and construction inspections comprise about 60 percent of OSHA’s total inspections. Preliminary data from the Bureau of Labor Statistics indicate continued fatal on-the-job injuries to construction workers – more than in any other single industry sector – accounting for nearly 1 of 5 work-related deaths in the United States. Private industry construction workers had a fatal occupational injury rate nearly three times that of all workers in the United States: 9.7 per 100,000 full-time equivalent construction workers versus 3.3 for all workers. Part two of this day’s session covers four fatal areas (falls, struck by, caught in or between, and electrocutions) that are the most dangerous to workers in the construction industry.

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### Hand/Power Tools and PPE

Did your grandparents teach you about tool safety? Because tools are such a common part of our home and work lives, it is easy to forget the hazards they pose. Tragically, a serious incident can occur before steps are taken to identify, avoid, or eliminate tool-related hazards. The second part of this session looks at personal protective equipment, commonly referred to as PPE. Come prepared to view this session the way Gallagher would smash his watermelons on stage in Vegas.

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### An Overview of Occupational Health Hazards Found in the Construction Industry

Can you see it? Smell it? Hear it? Feel it? This session highlights occupational health hazards found on the jobsite and looks into the controls of those hazards.

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### Ladders, Stairs, and Scaffolds

This session provides an awareness of working on and around stairways, ladders, and scaffolds. Stairways and ladders are major sources of injuries and fatalities among construction workers, and many of the injuries are serious enough to require time off the job. Scaffold hazards continue to rank high on the list of the most frequently cited standards in the construction industry. Scaffold-related fatalities account for a significant number of fatalities in the construction workplace.

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### OSHA 10-hour Series speakers:

**Craig Hamelund**, Education Specialist, Oregon OSHA, Tigard

**Doug Pettyjohn**, MS, C-OH, CSP, AEP, CHST, CRIS, Authorized OSHA 10 & 30 Trainer, Vancouver, Washington



# SCHEDULE AT A GLANCE

## Monday, January 27, 2025 • Pre-Conference Workshops

### 8 a.m.-noon

#### **AHA Heartsaver Adult First Aid, CPR, AED Certification (repeated at 1 p.m.) -\$95 per attendee**

This American Heart Association (AHA) Heartsaver training covers first aid with cardiopulmonary resuscitation (CPR), automated external defibrillation (AED), and choking. This CPR and first-aid certificate is recognized by the American Heart Association for two years.

**Bob Alexander**, Owner, Instructor, First Responder CPR & First Aid, Prineville

### 10 a.m.-noon *(Only attendees who are taking the OSHA 10-hour for Construction certification take this session.)*

#### **OSHA 10-hour for Construction Series**

\*See page 2 for more information.

### 1-4:30 p.m. *(attendees choose one topic to attend in this time period)*

#### **CCB Laws, Rules, and Business Practices (1-4 p.m.) – no cost**

Residential contractors are required to take three hours of Construction Contractors Board (CCB) laws, regulations, and business practices. This class includes presentations from CCB and various co-presenters. Topics vary but may include construction safety, staying in compliance with CCB, information about new Oregon programs and contractor practices, and law changes. Topics may be changed before class occurs, as speakers strive to present information that is most relevant for contractors.

**Caitlin Breitbach**, Small Business Ombudsman, Department of Consumer and Business Services, Salem  
**Tori Garcia**, Communications and Outreach, Construction Contractors Board, Salem  
**Josh Thomas**, Executive Director, Oregon Utility Notification Center, Portland

#### **Fall Protection Numbers**

This session makes sense of all the numbers used in fall protection. All of the numbers can be a challenge to understand and keep up with, so this session breaks down and explains arresting force, injury threshold, breaking strength of equipment, anchor strength, fall distance, and factors of safety. This session includes workshop exercises where attendees estimate many of these numbers, so bring a pencil and scratch pad!

**Kevin Denis**, Owner, Work-at-Height, Poulsbo, Washington



AMERICAN SOCIETY OF  
**SAFETY PROFESSIONALS**

Broken Top Chapter

Thank you for the support from the American Society of Safety Professionals (ASSP) Broken Top and for their sponsorship of the fall protection workshop.

# SCHEDULE AT A GLANCE



## Monday, January 27, 2025 (continued) • Pre-Conference Workshops

### **How to Survive an Oregon OSHA Inspection**

An overview of what Oregon OSHA asks and looks for during an onsite visit. You leave this workshop with the resources to develop a Safety & Health program which is asked for if Oregon OSHA shows up at your worksite. We explain:

1. What gets Oregon OSHA on your jobsite
2. Your rights and responsibilities while Oregon OSHA is on your jobsite
3. How Oregon OSHA handles multiemployer worksites
4. An overview of the required safety and health programs in the construction industry

**Jarrodd Bohn**, Senior Safety Compliance Officer, Oregon OSHA, Bend  
**Cory Stengel**, Senior Occupational Health Consultant, Oregon OSHA, Bend

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### **AHA Heartsaver Adult First Aid, CPR, AED Certification (1-5 p.m.; repeat from 8 a.m.) - \$95 per attendee**

This American Heart Association (AHA) Heartsaver training covers first aid with cardiopulmonary resuscitation (CPR), automated external defibrillation (AED), and choking. This CPR and first-aid certificate is recognized by the American Heart Association for two years.

**Bob Alexander**, Owner, Instructor, First Responder CPR & First Aid, Prineville

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### **Oregon Flagger Certification (1-5 p.m.)**

The Oregon Flagger Certification training class is designated for individuals looking to become professional flaggers. The workshop is designed to prepare workers involved in routine construction operations where the general public or workers may be exposed to potential workplace hazards caused by equipment and vehicles. This workshop provides a thorough explanation of Oregon flagging procedures and regulations. This is a three-year certification.

**Mary Hayes**, Certified Utility Safety Professional, Power Delivery Safety and Health Manager, Pacific Power, Portland

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### **OSHA 10-hour for Construction Series (continued) (1-5 p.m.)**

\*See page 2 for more information.



# SCHEDULE AT A GLANCE

## Tuesday, January 28, 2025 • Conference

### 8-9:15 a.m. – General Session

#### Welcome

**Caleb Harris**, Planning Committee Representative  
**Renée Stapleton**, Administrator, Oregon OSHA

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#### Keynote: Champions of Safety: Unleashing the Lifesaving Power of Culture and Communication

This keynote shows how a strong safety culture – driven by core values, leadership commitment, and employee engagement – can transform your organization and drastically reduce workplace injuries. Through real-life examples, we highlight the vital role of consistent, effective communication in elevating safety standards, from safety briefings to sharing stories and feedback. You discover how leadership development can empower quick, lifesaving decisions on the jobsite, and how to build a team prepared to face any challenge. Concluding with a powerful call to action, this talk inspires you to be a champion of safety in your company. If you're ready to be the change-maker, protector, and advocate for safety, this is a presentation you can't afford to miss.

**Layla McGlone**, MA, Founder and Change Catalyst, Building Excellence, Bend

### 9:15-10 a.m. • Break and Visit Exhibits

### 10 a.m.-noon • Breakout Sessions *(attendees choose one topic to attend in this time period)*

#### Fall Hazard Life Cycle – Part 1

This is part one of a two-part course reviewing the fall hazard life cycle from identification, classification, solutions, training, inspection and rescue. Each session can be attended individually. The first session focuses on fall hazard identification and solutions based upon the hierarchy of fall protection. This session uses case studies where attendees apply the hierarchy of fall protection to develop compliant and feasible solutions according to the details given.

**Kevin Denis**, Owner, Work-at-Height, Poulsbo, Washington

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#### Employment Law Update and Best Practices

What every employer needs to know about the most recent changes and updates to Oregon's employment laws, including minimum wage, sick leave, and overtime. This session also includes best practices and tips regarding hiring, discipline, and discharge.

**Peter Hicks**, Attorney, Jordan Ramis PC, Bend

#### **New! Three sessions in Spanish!**

- 10 a.m.** Recognizing Hazards
- 1:15 p.m.** Fall Protection
- 3:30 p.m.** Excavation Safety

# SCHEDULE AT A GLANCE



## Tuesday, January 28, 2025 (continued) • Breakout Sessions

10 a.m.-noon (Continued)

### Electrical Safety for the Non-Electrician

Attendees learn comprehensive basic electrical safety, how to work next to energized electrical systems, and how that work can be successfully performed. The material presented is the latest information from the National Electrical Code (NFPA 70), the Standard for Electrical Safety in the Workplace (NFPA 70E), Oregon OSHA, federal OSHA, and the Center to Protect Workers Rights (CPWR). Individuals who are new to electrical work, as well as those who do electrical work, learn the latest and safest way to work with electricity.

**Dave Jacobsen**, Safety Consultant and OSHA-authorized Trainer, GEW, LLC, Vancouver, Washington

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### Construction A-Z

From accident investigations to zero-energy maintenance programs, the alphabet has us covered when it comes to construction health and safety. This lively session reviews the many hazards commonly found in construction and demolition, and the best practices (and Oregon OSHA requirements) designed to correct those hazards. Several Oregon case studies involving construction-related injuries and deaths are also presented.

**Craig Hamelund**, Education Specialist, Oregon OSHA, Tigard

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### Onboarding for Success

Join us for a transformative two-hour workshop, Onboarding for Success, where you learn how to empower the next generation of construction experts from Day 1. We kick off our time by looking at the unique motivations of all four generations currently in the workforce. You discover best practices for effective onboarding in the construction industry and engage in designing a custom 90-day growth plan tailored for your new and existing employees. By investing time and energy into proper onboarding, you can unlock long-term benefits that cultivate a thriving team. The session wraps up with your custom action plan and a Q&A to address your specific challenges. Participants leave with a digital toolkit filled with resources for onboarding with ease. If you're committed to setting your new hires up for success, this workshop is a "must-attend"!

**Layla McGlone**, MA, Founder and Change Catalyst, Building Excellence, Bend

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### Reconocimiento de Riesgos durante Inspecciones en la Industria de Construcción (Recognizing Hazards)

En el mundo de la construcción, la seguridad es primordial. Nuestra sesión de capacitación les dará las habilidades esenciales para identificar, analizar y controlar los peligros en el lugar de trabajo de manera efectiva. Este curso está diseñado para empleados, miembros del comité de seguridad y gerencia, y proporciona el conocimiento necesario para:

1. Detectar los peligros comunes del sitio de construcción
2. Llevar a cabo inspecciones exhaustivas de seguridad y salud
3. Analizar los riesgos potenciales
4. Implementar medidas efectivas de control de riesgos

Estaré compartiendo recursos y herramientas para reforzar su programa de seguridad. Únase a nosotros para mejorar su experiencia en seguridad y garantizar un entorno de trabajo más seguro para todos. ¡Construyamos juntos un futuro más seguro!

**Naomi Hernandez**, Consultora Superior de Administración de Seguridad, SAIF Corporation, Salem

**Elena Reyes-Santos**, Consultora Superior de Administración de Seguridad, SAIF Corporation, Salem





# SCHEDULE AT A GLANCE

## Tuesday, January 28, 2025 (continued) • Breakout Sessions

### Working at Heights: Ladder Safety and Scaffold User

This session covers the safe use of ladders and scaffolds. Ladders and scaffolds are extremely useful but can be very dangerous if used improperly. Different types of ladders and scaffolds are used in different situations. This session helps you determine the best methods to access your above-ground tasks to keep you and your crew safe. Attendees are eligible for a scaffold user card at the end of the session.

**Jim Swink**, Vice President, Principle, Sales Northwest Inc., Vancouver, Washington  
**Chris Williams**, Safety Manager, Northwest Scaffold Service Inc., Portland

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### OSHA 10-hour for Construction Series (continued)

\*See page 2 for more information.

## Noon-1:15 p.m. • Lunch and Visit Exhibits

## 1:15-2:45 p.m. • Breakout Sessions *(attendees choose one topic to attend in this time period)*

### Fall Hazard Life Cycle – Part 2

Part two of this two-part course continues the fall hazard life cycle from identification, classification, solutions, training, inspection, procedures and rescue. This session focuses on training, inspection, procedures, and rescue requirements and options after solutions have been applied to fall hazards. It is not necessary to have attended part one to attend this session. At the conclusion of this session, attendees have an understanding of how to maintain fall hazards within the fall protection program regarding training, inspection, procedures, and rescue.

**Kevin Denis**, Owner, Work-at-Height, Poulsbo, Washington

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### Underground Utilities: What You Don't See Can Hurt You

In the outdoors, in the workplace, in your home and in your yard – all around us – there are potential threats and accidents just waiting to happen. Without taking proper precautions, what you don't see can hurt you. This is certainly true when it comes to underground utilities and damage prevention. This session includes true, real-life stories about circumstances where systems complexity or a lack of preparation, knowledge, or foresight led to undesirable and sometimes catastrophic consequences. Attendees leave with a better understanding and appreciation for the critical infrastructure beneath our feet in communities across our state and beyond. The speaker promises to share three simple numbers and a link that can help prevent expensive damages, temporary loss of critical utility services, injuries, or worse.

**Josh Thomas**, Executive Director, Oregon Utility Notification Center, Portland

# SCHEDULE AT A GLANCE



## Tuesday, January 28, 2025 (continued) • Breakout Sessions

1:15-2:45 p.m. (Continued)

### Safety and the Supervisor

"I'm a supervisor; what am I required to do about safety?" If you've pondered this type of question, this session is for you. Using Oregon OSHA's administrative rules as the outline of five basic supervisory safety responsibilities, we explore methods and tools that effective supervisors use to become leaders in safety.

**Craig Hamelund**, Education Specialist, Oregon OSHA, Tigard  
**Kevin Kilroy**, CSP, Safety and Health Supervisor, SAIF Corporation, Bend

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### QPR Gatekeeper Training

Key components covered in this training are:

- How to question, persuade, and refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis

**David Wilson**, BS, MA, PhD, CEO, Founder, Wildebeast PBC, Tualatin

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### Becoming Communication Rock Stars!

In this interactive 90-minute workshop, "Becoming Communication Rock Stars," you master the art of safety communication with hands-on learning and practical tools. We start by understanding core safety values and dive into the best communication practices to elevate safety in your team. Participants walk away with a custom communication plan for their workplace, crafted during the session, and a toolkit of practical techniques to apply immediately. The workshop wraps up with actionable next steps and a Q&A session to ensure you leave equipped and confident to drive safety success. All attendees receive a digital toolkit packed with resources to implement the strategies covered. If you're ready to take your communication skills to the next level and safeguard your team, this is a workshop you won't want to miss!

**Layla McGlone**, MA, Founder and Change Catalyst, Building Excellence, Bend

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### Protección Contra Caídas (Fall Protection)

Este curso tiene como objetivo ayudar a los empleadores y empleados a cumplir con los estándares de protección contra caídas de OSHA de Oregón. Durante la clase, determinaremos qué es la protección contra caídas, las opciones disponibles, el mantenimiento e inspección del equipo, y cómo comenzar.

**Alexia Gamboa**, Consultora de Seguridad Ocupacional, Oregon OSHA, Pendleton





# SCHEDULE AT A GLANCE

## Tuesday, January 28, 2025 (continued) • Breakout Sessions

### Heat and Smoke: How to Make an Effective Program

Working in the heat and smoke is not new to most of us. There are precautions we need to take as the exposures rise to unhealthy levels. Oregon OSHA has implemented rules for heat and smoke. This class reviews how to meet those rules and how to put together programs that are both simple and effective. The speaker covers how to meet the program requirements of training, emergency planning, localized site assessment, and self-audits. A key issue is that Oregon OSHA has many valuable resources on the web, and we review the collection.

**Paul Utterback**, Senior Industrial Hygienist, Oregon OSHA, Medford

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### OSHA 10-hour for Construction Series (continued)

\*See page 2 for more information.

## 2:45-3:30 p.m. • Break and Visit Exhibits

## 3:30-5 p.m. • Breakout Sessions *(attendees choose one topic to attend in this time period)*

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### Excavation Safety: Emergency Preparedness

If an accident occurs in an excavation, actions taken in the first few minutes can profoundly affect the outcome. In this session we look at ways of ensuring crews can respond to an accident without endangering themselves or their co-workers.

**James Johnson**, CEO, D2000 Safety Inc., Eugene

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### Beyond Self-Control: Tools for Managing Substance Use

"I've got this!" – or so I thought. Like many, I believed I had my drinking under control. I could stop – for a while. Stress from home and work made it easy to justify my habits: "I just need to unwind." I thought I had all of the answers, but in reality, I was self-diagnosing and trying to fix myself. What I didn't realize is that there are healthy tools and resources available to help. This presentation explores the underlying causes of substance use, its effects and consequences, and most importantly, introduces new coping tools to improve life both at home and on the job.

**Steve Harris**, CADC II, Outreach Manager, Serenity Lane, Coburg

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### Building a Better Safety Culture Utilizing SAIF's Ansbro Safety Culture Spectrum

Every workplace has a safety culture. Some companies have a culture that is comprehensive where safety is integrated into all aspects of the business. Others may have a culture where they react to situations, making changes only once an injury occurs. It can be very difficult to measure where your culture is. In this session, participants are introduced to SAIF's Ansbro Safety Culture Spectrum. This spectrum provides six critical components for you to assess your organization's current culture, determine where it falls on the scale between reactive and comprehensive, and then learn key strategies that help you continually improve.

**Luke Betts**, CSP, ARM-E, ASP, AIS, Senior Safety Management Consultant, SAIF Corporation, Bend  
**Kent Rice**, Senior Safety Management Consultant, SAIF Corporation, Bend

# SCHEDULE AT A GLANCE



## Tuesday, January 28, 2025 (continued) • Breakout Sessions

3:30-5 p.m. (Continued)

### **Pre-Task Planning: Why? How? And Everything Else!**

This session reinforces the importance of a pre-task plan by emphasizing the benefits and showing what it can do to improve (or sustain) a positive culture. By using examples, sharing perspectives, and having fun, these 90 minutes will guide you through the pre-task plan process and reveal how it can strengthen your safety and health foundation. Prerequisite: Get some good sleep the night before!

**Craig Hamelund**, Education Specialist, Oregon OSHA, Tigard

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### **Driving in Oregon's Changing Seasons; What to Know and How to Stay Safe**

Driving in Oregon, with the four seasons of the year we enjoy, brings different driving conditions to our area throughout the year. This class focuses on how to drive defensively and safely during each of these changing seasons. We discuss in depth how to drive safely in winter and inclement conditions as well as how to "read your environment" for clues about slide and skid prevention and control when slides and skids occur. This class focuses on proactive attention while driving to anticipate and defend against the driving mistakes of others. This class discusses proper steering, braking, and use of vision while driving, as well as prevention of some of the most common driving mistakes including speed, distracted driving, and poor planning. Lastly, this class is open to questions about any topics class members wish to discuss.

**Kevin Dizney**, Deputy Sheriff, Deschutes County Sheriff's Office, Bend

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### **Seguridad en las Excavaciones (Excavation Safety)**

Definiciones, sistemas de protección, y requisitos de las personas competentes.

**Jaimé Viramontes Sr**, P.E., Ingeniero Profesional, Arroyo Point Engineering

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### **The Respectful Workplace Initiative in Construction**

Construction workers face both physical and psychological risks that affect not only workers' health and safety, but the bottom-line of the company. Tackling psychosocial hazards in the construction industry can be challenging, especially when occupational safety and health (OSH) professionals don't have a best practice model to follow to address issues such as incivility, harassment, discrimination, and bullying. In this session OSH professionals learn about the Respectful Workplace Initiative, a multipronged effort to equip Oregon's construction industry with the tools and training to promote a respectful workplace culture aligned with the Total Worker Health approach. This initiative consists of two key components: the Respectful Workplace Climate Scale and the Respectful Workplace Training Portal.

**Erin Flynn**, Ph.D., Outreach Director, Oregon Institute of Occupational Health Sciences, OHSU, Portland

**Danielle Horgan**, MPH, Research Project Coordinator, Oregon Institute of Occupational Health Sciences, OHSU, Portland

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### **OSHA 10-hour for Construction Series (concludes)**

\*See page 2 for more information.

This event is made possible by generous safety and health minded sponsors.

## MAJOR SPONSORS



### SUPPORTING SPONSORS

AGC - Oregon Columbia Chapter

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Pence Contractors

Cascade Business News

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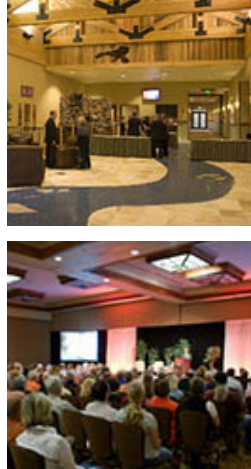
Central Oregon Builders Association

H&E Equipment Services

Western Partitions

(List as of 11/24)

## Lodging



# RIVERHOUSE LODGE

A block of rooms has been reserved at Riverhouse Lodge in Bend.

All reservations received after January 10, 2025, will be accepted only if space is available.

Book under group name: **"Mid-Oregon Construction Safety Summit 2025"** The Riverhouse is located on the north end of Bend, on North Business 97.

More information can be found at [www.riverhouse.com](http://www.riverhouse.com)

### Riverhouse Lodge

3075 N. Business 97  
Bend, Oregon 97703

**For room reservations call  
541-389-3111**

**Rate: \$125 per night plus tax and \$15 resort fee**

Rates are good for 3 days prior to  
and 3 days after the event.

[Make your reservation online!](#)

## Earn continuing education credits and certifications

- OSHA 10-hour for Construction (*qualifies for CCB credits*)
- Certification/recertification workshops: First Aid/CPR/AED and Work Zone Safety/Flagging
- Pre-conference workshops and conference sessions qualify for CCB and Landscaper credits

Information on how to track your hours/credits is provided at the conference. A certificate of completion for the event is also issued.





22<sup>nd</sup> Annual  
**Construction Safety  
Conference • Bend**

Riverhouse Lodge Convention Center

**January 27 & 28, 2025**

## REGISTRATION INSTRUCTIONS

Early registration is encouraged, as class space is limited. Registration is accepted by mail, scan/email, or online. Faxes are accepted only if accompanied by credit card information or purchase order. If space is available, you may register at the conference. Checks, purchase orders, and credit card information is accepted for registrations submitted by mail and on site. Please call **503-947-7411** for session availability.

A separate registration form must be completed for each person registering. If more than one person from your company is attending, photocopy the registration form for each person and use a credit card or issue a check or purchase order for the total amount.

All parts of the registration form must be completed (attendee information, payment, and session selection). If not, forms will be returned to you to complete before we can process your registration.

**A confirmation will be  
emailed to you prior to  
the conference.**

Unique email addresses  
required; no duplicate emails.

**Register online!**

**[safetyseries.cventevents.com/summit25](https://safetyseries.cventevents.com/summit25)**

### Fees

**\$75-95.** Pre-conference workshops (Jan. 27)

\* CCB Laws, Rules, and Business Practices -

This pre-conference workshop (Jan.27) is no cost.

**\$175** ..... OSHA 10-hour for Construction (Jan. 27 & 28)

*Lunch provided both days*

**\$120** ..... Conference (Jan. 28) *Lunch provided*

### Payments

Complete this registration form and mail with payment made payable to "COSHA - Summit" to:

**COSHA - Summit**

**PO Box 5640**

**Salem, OR 97304-0640**

Or **scan/email** form with payment information to  
[oregon.conferences@dcbs.oregon.gov](mailto:oregon.conferences@dcbs.oregon.gov).

Fax: 503-947-7019

*No refunds given after January 17, 2025. Substitutions are permissible.*

### Questions about the event?

Contact the Conference Section at **503-947-7411**.

### Registration fee includes:

- Latest information for your company to reduce injuries
- Choice of classes during three sessions
- Access to mobile event app and online resources
- Course materials
- Hot breakfast, lunch, and afternoon refreshments

### Accreditation

Earn certifications and receive continuing education credits:

- OSHA 10-hour for Construction (*qualifies for CCB credits*)
- Certification/recertification workshops: First Aid/CPR/AED and Work Zone Safety/Flagging
- Pre-conference workshops and conference sessions qualify for CCB and Landscaper credits

Information on how to track your hours/credits is provided at the conference.

A certificate of completion for the event is also issued.

### Accommodation for those with disabilities

Riverhouse Lodge is wheelchair accessible. Information about additional services for the disabled is available at the hotel registration desk.



# January 27 & 28, 2025

## Riverhouse Lodge • Bend, OR

Register online at [safetyseries.cventevents.com/summit25](https://safetyseries.cventevents.com/summit25)

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Employer: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

**Email address is required for confirmation**  
**(Must be unique email address; no duplicate emails)**

### Attendee Profile *(Check only one)*

Employee  Management  Owner  Consultant

Other \_\_\_\_\_

Are you a safety committee member?  Yes  No

### How many employees are at your worksite?

1-20  21-50  51 or more

### Registration fees

#### Mark all that apply

CCB Laws, Rules, and Business Practices (Jan. 27) .....\$0

Pre-conference workshops (Jan. 27) .....\$75

Adult First Aid, CPR, AED (Jan. 27) .....\$95

OSHA 10-hour for Construction (Jan. 27 & 28) .....\$175

Conference (Jan. 28).....\$120

**Total due: \$ \_\_\_\_\_**

### Method of payment

Check  PO # \_\_\_\_\_  Credit Card

Mail with payment made payable to "COSHA - Summit" to:

**COSHA - Summit**

**PO Box 5640, Salem, OR 97304-0640**

Or scan/email to [oregon.conferences@dcbs.orgon.gov](mailto:oregon.conferences@dcbs.orgon.gov).

**For pre-registration, return by January 17, 2025.**

*Some sessions may close; if you intend to register on-site, call for session availability, 503-947-7411.*

Charge my:  MasterCard  VISA  American Express  Discover

Name on card (print): \_\_\_\_\_

Billing address: \_\_\_\_\_

Exp. date: \_\_\_\_\_ Security code: \_\_\_\_\_ { 3 digits on back of MasterCard or VISA  
4 digits on front of American Express

Signature: \_\_\_\_\_

Credit card #:

*For your protection, your credit card number will be shredded after processing.*

For each time period, circle the **1** next to the session you would most like to attend. Also circle the **2** next to the session that is your second choice for that time period.

## Monday, January 27, 2025

### 8 a.m.-noon - PRE-CONFERENCE WORKSHOP

AHA Heartsaver Adult First Aid, CPR, AED Certification (repeated at 1 p.m.)

### 10 a.m.-noon - OSHA 10-HOUR SERIES

OSHA 10-hour for Construction Series

### 1-4:30 p.m. - PRE-CONFERENCE WORKSHOPS

1 2 CCB Laws, Rules, and Business Practices (1-4 p.m.)

1 2 Fall Protection Numbers

1 2 How to Survive an Oregon OSHA Inspection

1 2 AHA Heartsaver Adult First Aid, CPR, AED Certification (repeat from 8 a.m.)

1 2 Oregon Flagger Certification (1-5 p.m.)

OSHA 10-hour for Construction Series (continued)(1-5 p.m.)

## Tuesday, January 28, 2025

### 8-9:15 a.m. - GENERAL SESSION

Yes, I will attend the Welcome and Keynote: Champions of Safety: Unleashing the Lifesaving Power of Culture and Communication

### 10 a.m.-noon - BREAKOUT SESSIONS

1 2 Fall Hazard Life Cycle - Part 1

1 2 Employment Law Update and Best Practices

1 2 Electrical Safety for the Non-Electrician

1 2 Construction A to Z

1 2 Onboarding for Success

1 2 Reconocimiento de Riesgos durante Inspecciones en la Industria de Construcción (Recognizing Hazards)

1 2 Working at Heights: Ladder Safety and Scaffold User

OSHA 10-hour for Construction Series (continued)

### 1:15-2:45 p.m. - BREAKOUT SESSIONS

1 2 Fall Hazard Life Cycle - Part 2

1 2 Underground Utilities: What You Don't See Can Hurt You

1 2 Safety and the Supervisor

1 2 QPR Gatekeeper Training

1 2 Becoming Communication Rock Stars!

1 2 Protección Contra Caídas (Fall Protection)

1 2 Heat and Smoke: How to Make an Effective Program

OSHA 10-hour for Construction Series (continued)

### 3:30-5 p.m. - BREAKOUT SESSIONS

1 2 Excavation Safety: Emergency Preparedness

1 2 Beyond Self-Control: Tools for Managing Substance Use

1 2 Building a Better Safety Culture Utilizing SAIF's Ansbro Safety Culture Spectrum

1 2 Pre-Task Planning: Why? How? And Everything Else!

1 2 Driving in Oregon's Changing Seasons; What to Know and How to Stay Safe

1 2 Seguridad en las Excavaciones (Excavation Safety)

1 2 The Respectful Workplace Initiative in Construction

OSHA 10-hour for Construction Series (concludes)

### Office use only

Date Rec. \_\_\_\_\_

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Last 4 \_\_\_\_\_