

# 2022 Schedule-at-a-glance



## Tuesday, October 18, 2022 *(In-person at Ashland Hills Hotel & Suites and Convention Center)*

8-8:15 a.m. Welcome Session

### 8:15-10 A.M. PROFESSIONAL DEVELOPMENT WORKSHOP

**Harnessing Leadership for Business Through Purpose, Direction, and Motivation** *(continues at 10:15 a.m.)*

- ▶ *Jeff Crapo, Colonel (Retired)*  
*Co-Founder, Instructor, Ethos Academy*

10-10:15 a.m. Networking break

### 10:15 A.M.-NOON PROFESSIONAL DEVELOPMENT WORKSHOP (cont)

**Harnessing Leadership for Business Through Purpose, Direction, and Motivation** *(continued from 8:15 a.m.)*

### NOON-1:30 P.M. SPECIAL SESSION AND BANQUET (Lunch included)

**Discover the Importance of Sleep to Maximize Employee Performance and Safety**

- ▶ *Dr. Nancy Knechel, PhD, RN, ACNP-BC*  
*CEO, eSleepWellness*

1:30-2 p.m. Networking break

2-3:30 p.m. ASSP Award ceremony - featuring Craig Hamelund, Emcee

3:30-5 p.m. Networking Mixer Celebration

## Wednesday, October 19, 2022 *(Day 1 - Conference online event at sosafety.org)*

8-8:15 a.m. Welcome Session

8:15-9 a.m. **Opening Keynote:** Visualizing Risk Management Through Leadership

- ▶ *Jeff Crapo, Colonel (Retired)*  
*Co-Founder, Instructor, Ethos Academy*

### 9-10 A.M. SESSION 1 (CHOOSE ONE)

**S** **Emerging Safety Technologies - The Future of Injury Prevention Is Here**

- ▶ *Sarah Ballini-Ross*  
*Safety Advancement and Innovation Project Coordinator, SAIF Corporation*

**SC** **SC 101: Safety Committee Introduction**

- ▶ *Jeff Mook*  
*Western Region Safety Coordinator, Boise Cascade*

**C** **Creating Your Own eToolbox**

- ▶ *Shelley Nasby, MBA, CSP*  
*Senior Safety Management Consultant, SAIF Corporation*

10-10:15 a.m. Break

[sosafety.org](https://sosafety.org) [osha.oregon.gov/conferences](https://osha.oregon.gov/conferences)



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and the Oregon Occupational Safety & Health Division (a division of DCBS).*





## Wednesday, October 19, 2022 (continued)

### 10:15-11:30 A.M. SESSION 2 (Choose one)

#### **S** Basic Ergonomics Assessment for Industrial Workplaces

- ▶ *Nathan Sweet MS*  
Senior Industrial Hygiene & Ergonomics Consultant, Oregon OSHA

#### **SC** The Importance of Hazard Identification and Effectively Communicating What We See

- ▶ *Doug Pontsler*  
Chairman and Managing Director, COVE: Center for Visual Expertise

#### **C** Focus Four Health Hazards in Construction

- ▶ *Barb Epstien, MPH, CIH, FAIHA*  
Retired Industrial Hygienist, AGC-Oregon-Columbia Chapter

11:30 a.m.-12:30 p.m. Lunch Break

### 12:30-1:30 P.M. SESSION 3 (Choose one)

#### **S** Preventing Serious Injuries and Fatalities in the Workplace

- ▶ *Christina Dykes*  
Senior Safety Management Consultant, SAIF Corporation
- ▶ *Jon Sowers*  
Senior Safety Management Consultant, SAIF Corporation

#### **SC** The Seven Secrets of Root Cause Analysis

- ▶ *Alex Paradies*  
TapRooT® Root Cause Analysis Instructor and Advisor,  
Director of Projects and Innovation, System Improvements, Inc.

#### **C** Inspecting Excavations: What, When, How

- ▶ *James Johnson*  
CEO, D2000 Safety, Inc.

1:30-1:45 p.m. Break

### 1:45-2:45 P.M. SESSION 4 (CHOOSE ONE)

#### **S** Improving Your Safety Culture Through Safety and Health Management

- ▶ *Mark Hurliman, CHSM*  
VPP/SHARP Program Coordinator, Oregon OSHA

#### **SC** SC 201: Safety Committee Toolbox

- ▶ *Craig Hamelund*  
Education Specialist, Oregon OSHA

#### **C** Mental Safety is a Team Sport

- ▶ *Trent Williams, LADC*  
Bearing Point Mental Wellness

2:45-3 p.m. Closing

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## Thursday, October 20, 2022 (Day 2 - Conference online event at [sosafety.org](http://sosafety.org))

8-8:15 a.m. Welcome Session

8:15-9 a.m. **Keynote: Making Your Safety Training Stick**

- ▶ *Linda Tapp, ALCM, CSP, CPTD*  
*President, SafetyFUNdamentals*

### 9-10 A.M. **SESSION 5 (Choose one)**

**S** **First Aid Playbook – How to Create a First Aid Program for Minor Workplace Injuries That Works!**

- ▶ *Meg Gustafson, RN, BS COHN, OSAOHN BOD*  
*Certified Occupational Health Nurse, Independent Contractor*

**SC** **SC:301 Engaging Employees in Safety**

- ▶ *Jon Sowers*  
*Senior Safety Management Consultant, SAIF Corporation*

**C** **Engaging the Spanish-Speaking Workforce**

- ▶ *Bryan Ortiz, CHST*  
*Safety Management Consultant, AGC, Oregon-Columbia Chapter*

10-10:15 a.m. Break

10:15-11 a.m. **Closing Keynote: Three Practical Ways to Build Psychological Safety in Your Team**

- ▶ *Jake Mazulewicz, PhD*  
*Director, JMA Human Reliability Strategies, LLC*

11 a.m.-noon Award Ceremony – Replay

### TRACK KEY

**S** Safety

**SC** Safety Committee

**C** Construction

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