



# NORTHWEST SAFETY & HEALTH SUMMIT

## Registration Program

# May 16-18, 2023

Three Rivers Convention Center • Kennewick, Washington



### Join us!

This summit is designed for all industries and worksites, even if they are not in the Voluntary Protection Program (VPP). All safety managers/coordinators and safety committee members will benefit from this world-class workplace safety training and networking.

**For more conference information:**  
[osha.oregon.gov/conferences](https://osha.oregon.gov/conferences) • [RegionXVPPPA.org](https://RegionXVPPPA.org)



# General Conference Information

## Registration

Early registration is encouraged. Faxed registrations are accepted only if accompanied by credit card information or a purchase order. **Advanced registration deadline is Wednesday, May 10, 2023**; after that date, you may register at the conference, but onsite registration is limited.

**NOTE:** If you intend to register at the conference, call **503-947-7411** for session availability.

To register, complete the conference registration form and send it with your check, credit card payment, or purchase order to:

**Region X VPPPA Conference**  
**PO Box 5640**  
**Salem, OR 97304-0640**

**Fax: 503-947-7019**

*(must include credit card information or purchase order)*

**Register online at**  
**[safetyseries.cventevents.com/vpp23](https://safetyseries.cventevents.com/vpp23)**

## Cancellation policy

All cancellations must be in writing and received before Tuesday, May 9, 2023. After that date, no refunds are granted.

Substitution of attendees is allowed. Registrants who do not attend the conference are required to pay in full.

## Continuing education credits

An attendance verification form is included in each attendee's packet. Attendees can ask each session speaker or room monitor to sign their form at the conclusion of the session. After the event, attendees can submit their signed verification form to their accrediting body.

## Lodging options

### Springhill Suites Kennewick Tri-Cities

7048 West Grandridge Boulevard  
Kennewick, WA 99336  
509-820-3026

### Group rate: \$139 + tax

Room block: Region X VPPPA Attendee

Booking link: [Book your group rate for Region X VPPPA Attendee](#)

For government rate, call the Conference section at 503-947-7411.

### Hilton Garden Inn Tri-Cities/Kennewick

701 North Young Street  
Kennewick, WA 99336  
509-735-4600

### Group rate: \$134 + tax

Booking Link: [Available Rooms - Hilton Garden Inn Tri-Cities/Kennewick](#)

For government rate, call the Conference section at 503-947-7411.

**Cut-off date for rates above:** Friday, April 14, 2023

## Questions?

**Call the Conference Section at 503-947-7411 or 888-292-5247 (toll-free) option 1**

**Email: [oregon.conferences@dcb.oregon.gov](mailto:oregon.conferences@dcb.oregon.gov)**

**Visit [osha.oregon.gov/conferences](https://osha.oregon.gov/conferences) or [www.RegionXVPPPA.org](https://www.RegionXVPPPA.org)**





# Region X VPPPA Bowling Night

## Tuesday, May 16

**Join us for an evening of bowling! The cost is \$20 per person, which includes bowling, shoes, and transportation.**

**Check-in at Atomic Bowl in Richland begins at 4:45 p.m. with the event starting at 5 p.m.**

- Form teams of five or register as an individual.
- Food and beverages available for purchase.
- It will be a fun night at the alley! Space is limited; sign up by Friday, April 21!



### Cost per bowler: \$20

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

To be assigned to a bowling team:

Name: \_\_\_\_\_ Name: \_\_\_\_\_

To pre-designate your five-person bowling team:

Name: \_\_\_\_\_ Name: \_\_\_\_\_ Name: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Number of players: \_\_\_\_ x \$20 = Total amount due \$ \_\_\_\_\_

Please return this registration and your check to:

Region X VPPPA  
PO Box 5640  
Salem, OR 97304-0640

FAX: 503-947-7019  
(Federal tax ID: 82-0489420)

Make payable to Region X VPPPA Amount enclosed: \$ \_\_\_\_\_

Charge my:  MasterCard  VISA  American Express

Name on card (print): \_\_\_\_\_

Billing address: \_\_\_\_\_ Billing ZIP Code: \_\_\_\_\_

Exp. date: \_\_\_\_\_ Security code: \_\_\_\_\_

Signature: \_\_\_\_\_

### Questions?

Call the Conference Section at  
**503-947-7411**

Email:  
[oregon.conferences@dcbs.oregon.gov](mailto:oregon.conferences@dcbs.oregon.gov)

### Bowling registration deadline: April 21, 2023

Complete this form or register online when you register to attend the conference. You may also pay on site, if necessary.

### Office use only

Date Rec. \_\_\_\_\_

Amt. Rec. \_\_\_\_\_

Check # \_\_\_\_\_

PO # \_\_\_\_\_

Last 4 \_\_\_\_\_

{ 3 digits on back of MasterCard or VISA  
4 digits on front of American Express

Credit Card #:

For your protection, your credit card number will be shredded after processing.

# Tuesday, May 16 – Full-day and half-day workshops



7:30 a.m.-4 p.m. Registration open

8 a.m.-4 p.m. Full-day workshops

## VPP Application Workshop™ **B**

The VPP Application Workshop™ is a full-day presentation designed to prepare attendees to begin their Voluntary Protection Program (VPP) application or to introduce new employees to the program. In this session, we cover VPP elements and requirements, best practices to build your strongest application, as well as what to expect during the on-site review.

- ▶ **Nicholas Hall, CIH, CSP**  
*Industrial Hygienist*  
*Washington State Department of Labor & Industries, DOSH*  
*Tacoma, Washington*
- ▶ **Christian Hendrickson**  
*Safety Consultant*  
*Alaska Occupational Safety and Health, Anchorage, Alaska*
- ▶ **Mark Hurliman, CHSM**  
*VPP/SHARP Program Coordinator*  
*Oregon OSHA, Medford, Oregon*
- ▶ **Darren James**  
*Safety and Health Specialist/DOSH VPP*  
*Washington State Department of Labor & Industries*  
*DOSH, Everett, Washington*
- ▶ **Andrew Martinson, CIH, CSP**  
*Region X VPP Manager*  
*U.S. Department of Labor, OSHA, Boise, Idaho*
- ▶ **Mike McAnulty, P.E.**  
*Director*  
*Department of Energy, Idaho Falls, Idaho*

## OSHA 10-hour General Industry Training

*(Tuesday and Wednesday – must attend both days)*

This 10-hour course teaches basic safety and health information to entry-level workers in general industry. It applies to most business sectors, including manufacturing, service and maintenance, hospitality, food manufacturing and service, oil and gas operations, refineries, medical/dental, and warehouses. This course does not apply to the construction industry. The training provides attendees with a basic understanding of how the Occupational Safety and Health Administration (OSHA) functions, employee rights to work in a safe and healthful workplace, and how to file an OSHA complaint. It also provides information on common serious workplace hazards, how to avoid them, and employer responsibilities for maintaining a safe workplace. Attendees must attend all 10 hours of the training to receive an OSHA 10-hour General Industry course completion card.

Topics include: Electrical Safety; Intro to Ergonomics; Emergency Action and Fire Protection Plans; Fall Protection; Hazard Communication; Hazardous Materials; Intro to Industrial Hygiene; Machine Guarding; Personal Protective Equipment; Walking/Working Surfaces, and Material Handling.

- ▶ **Karin Adams, CIH, CSP**  
*Industrial Hygiene and Safety Senior Adviser*  
*Idaho National Laboratory, Battelle Energy Alliance*  
*Idaho Falls, Idaho*
- ▶ **Ed Woodford, MS, CSP, CHMM, CIT**  
*President & CEO*  
*Eastern Idaho Safety Consultants LLC, Mountain West*  
*Scaffolding LLC, Idaho*

## Experience/Knowledge Levels

**B** Basic

**I** Intermediate

**A** Advanced

# Tuesday, May 16, continued

8-11:30 a.m.

Half-day workshops

## Injury Prevention/Response: Theoretical Approach B

Join a seasoned physical therapist and certified athletic trainer of 28 years for a theoretical and instructional discussion on topics related to the use of the most critical tool we have for safety in the workplace – our body. Learn what experts in the fields of human anatomy, functional movement, pain science, and mind-body interaction have discovered. Attendees go away with a greater understanding of the theory behind exercise that tunes our bodies in preparation for facing the activities of work and play.

- ▶ **Todd Anderson, MPT, DPT, ATC/L, DN, Cert. MDT**  
*Physical Therapist/Athletic Trainer*  
*Idaho National Laboratory, Idaho Falls, Idaho*

## Check Your Bias at the Door – How Unconscious Bias Interferes With Your Leadership I

We all have unconscious biases that creep into our thoughts and affect our decision-making. Having unconscious bias does not make you a bad person or leader if you do not act from them. Bringing conscious awareness to these biases improves your decision-making in dealing with people issues and make you a more just leader.

- ▶ **Devon Jackson, CFE, CCEP, CWM**  
*HR Generalist*  
*Idaho Environmental Coalition, Idaho Falls, Idaho*

## Building a Lasting Safety Culture I

The presenters share a comprehensive look at the hazard recognition and ergonomics programs that ConocoPhillips Alaska has used for nearly two decades to build and maintain a world class safety culture. PREPAlaska, a paperless personal risk assessment, and the company's soft tissue injury prevention program, which focuses on body mechanics, have become core tools for all employees and contractors at ConocoPhillips Alaska.

Together, these programs have contributed heavily to the company's low injury rates. This course covers implementation, training, challenges, and strategies that have led to success.

- ▶ **Ron Chenault**  
*BBS Facilitator*  
*ASRC Energy Services, Anchorage, Alaska*
- ▶ **Chuck Smith, CHST**  
*BBS Facilitator, HSE Specialist*  
*ConocoPhillips Alaska Inc., Anchorage, Alaska*

## Three Hot Topics to Enhance Your VPP Program I

This session consists of three topics addressing some of the most common issues that growing VPP sites face during their program sustainment efforts:

1. How to keep momentum going and your safety culture strong.
2. Transitioning between lagging and leading indicators.
3. Fostering great continuous involvement in VPP at all levels.

**Bonus Topic** – Challenges you have faced and overcome during your VPP journey.

- ▶ **Paul Savage, MS, SMS**  
*Principal Safety Professional and SMS Consultant*  
*Concurrent Technologies Corporation*  
*Dripping Springs, Texas*

## Incident Investigation: Uncovering the Root Cause I

Incidents are rarely the result of a single root cause. Whether it's a near miss, property damage, first aid, or a recordable injury, incidents are most often the result of a number of factors coming together at an inopportune time. This class takes a fun and interactive approach to investigation, highlighting management systems, operational conditions, and other factors playing a significant role in the cause and effect of incidents.

- ▶ **Joe Sypal**  
*EHS Manager*  
*Sherwin-Williams Purdy Plant, Portland, Oregon*

Register online at [safetyseries.cventevents.com/vpp23](https://safetyseries.cventevents.com/vpp23)

# Tuesday, May 16, continued

11:30 a.m.-12:30 p.m. Lunch (provided)

12:30-4 p.m. Half-day workshops

## Injury Prevention/Response: Practical Applications B

Join a seasoned physical therapist and certified athletic trainer of 28 years for application of hands-on instruction on topics related to the use of the most critical tool we have for safety in the workplace – our body. Learn to apply what experts in the fields of human anatomy, functional movement, pain science, mind-body interaction, and others have discovered. Attendees go away with a greater understanding of the theory behind exercise that tunes our bodies in preparation for facing the activities of work and play.

- ▶ **Todd Anderson, MPT, DPT, ATC/L, DN, Cert. MDT**  
*Physical Therapist/Athletic Trainer*  
*Idaho National Laboratory, Idaho Falls, Idaho*

## Effective Communication and the Power of Positive Thinking B

The Power of Positive Thinking (for anyone hoping to improve their outlook in life) – Optimism is more than just a word; it's a way of life! In this class, you learn new, practical techniques to change your perspective and improve conditions in both work and personal life. This class requires an open mind and a willingness to participate in the activities.

Effective Communication (for anyone hoping to negotiate a pay raise, understand their spouse better, or simply speak with more clarity) – Do you ever feel like some of the things you say get “lost in translation?” In today's world of instant communication, there seems to be an ever-present disconnect to effectively conveying messages. In this class, you learn how to say what you mean, and mean what you say.

- ▶ **Russ Wood, MS, PMP**  
*Training Manager*  
*Idaho Environmental Coalition, Idaho Falls, Idaho*

## VPP Re-approval, Ready, Set, Go! I

You are a VPP site and the evaluation audit is coming up. Are you ready? This session covers the intent of the audit as well as some tips and tricks you can use to make the audit easier and more meaningful. This session covers the

VPP evaluation process, what the auditors look for, and what you should make sure to do.

- ▶ **Mark Hurliman, CHSM**  
*VPP/SHARP Program Coordinator*  
*Oregon OSHA, Medford, Oregon*

## The Science of Safety – Usability Mapping User Documents B

Well-written, technically accurate, and regulatory-compliant user documents exist everywhere. Yet the typical causes of man-made disasters point to:

- Something wasn't known
- Something could not be found
- Something was misunderstood

That begs the question: Where is the missing link? The answer is in the usability (UX) engineering. Learn from the research of safety specialists and UX psychologists how well-written and regulatory compliant critical user documents can still harbor alarming safety issues. Learn how to recognize and avoid usability traps that trick qualified professionals into dangerous performance errors. Don't allow your documents to become usability mine fields.

- ▶ **Terence Dalton, OHST**  
*Health and Safety Coordinator*  
*ConocoPhillips Alaska Inc., Anchorage, Alaska*
- ▶ **Klaus Hofer, Ph.D.**  
*Chief Science Office*  
*Usability Mapping Inc., Calgary, Alberta, Canada*

## Community Partnerships in Traffic and Vehicle Safety I

“Coming to grips with modern day traffic safety at home and during the commute” – This workshop discusses traffic safety initiatives that are useful for general industry employers and complex government sites. The workshop covers fleet safety, fleet management, and vehicle accident investigation techniques for safety professionals. The workshop concludes with a panel discussion with state transportation and regional law enforcement.

- ▶ **Representatives from**  
*Hanford Mission Integration Solutions, Idaho Environmental Coalition, Central Plateau Cleanup Company, Idaho State Police, Washington State Patrol, Benton County Sheriff Office, Target Zero Coalition Washington, Kennewick Police Department, Richland Police Department, Washington State Department of Transportation*

# Wednesday, May 17



- 7:15 a.m.-5 p.m. Registration open
- 7:15 a.m.-3:30 p.m. Exhibitors open (*bingo card activity*)
- 7:15-8 a.m. Hot breakfast buffet (*provided*)

## 8-11:45 a.m. General Session

### Welcome, dignitary speeches, business meeting, candidate announcements/nominations (8-9:45 a.m.)

- ▶ **Max VanValey**  
*Region X VPPA Chairperson*  
*West Region Safety Coordinator*  
*Carlisle Construction Materials, Puyallup, Washington*
- ▶ **Representative from National VPPA**
- ▶ **Dorinda Hughes**  
*Regional Administrator*  
*U.S. Department of Labor, OSHA, Seattle, Washington*
- ▶ **Cari Anderson**  
*Deputy Assistant Director*  
*Washington State L&I/DOSH*
- ▶ **Elaine Banda**  
*Occupational Health & Safety Manager*  
*Alaska OSHA*
- ▶ **Julie Love**  
*Deputy Administrator*  
*Oregon OSHA*
- ▶ **Brian Vance**  
*Department of Energy*  
*Hanford*

9:45-10:30 a.m. Break

### Keynote by James V. Hart, President Metal Trades Department (10:30-11:45 a.m.)

Noon-1:15 p.m. Lunch (*provided*)  
Visit Exhibits

## 1:15-2:45 p.m. Sessions

### OSHA 10-Hour General Industry Training (continued from Tuesday)

### Conflicts in the Workplace I

Conflicts in the workplace are no laughing matter. Conflicts occur when something we care about is threatened; they can trigger instinctive fight or flight reactions. Every worksite has issues at some time, and these can get ugly if allowed to linger unresolved. They can create mistrust between management and the workforce and in some cases withdrawal from VPP. This session addresses the role and benefits of using a mediator to reach agreements.

- ▶ **Jack Griffith**  
*Union Safety/VPP Representative*  
*Central Plateau Cleanup Company, Richland, Washington*

### Experience/Knowledge Levels

- B** Basic
- I** Intermediate
- A** Advanced

# Wednesday, May 17, continued

## Employee Safety: What's Communication Got to Do With It? B

There is nothing worse than pouring all your effort into rolling out a new strategy or launching a new platform and having it fail or miss the mark. Often times our intentions are pure, but our excitement leads us to overdo and underthink. The other problem is many of us get so caught up in our own worlds that we forget to think about the audience. For safety messaging, overdoing or underthinking, and not analyzing our audience, can have detrimental consequences. After this presentation, the audience leaves with a better understanding of the role relationships play in effective communication, knowing what everyday skills prepare them for any unexpected circumstance, how to give new life to an old message, and a cure for imposter syndrome.

▶ **Janelle McPherson**

*Communications Liaison, Environment, Safety, Health and Quality  
Idaho National Laboratory, Idaho Falls, Idaho*

### Experience/Knowledge Levels

**B** Basic

**I** Intermediate

**A** Advanced

## Confined Space Beyond the Basics I

Confined spaces are a common safety and health hazard in virtually every industry. Even though many people understand the basics of safe confined space entry, there continues to be a worrying number of workplace fatalities involving confined spaces. Understanding the basics of confined space entry is clearly not enough. Come join this discussion as we take a deeper dive into incidents involving confined space entry. Participants leave this session with a better understanding of the actions they can take to ensure workers enter and exit confined spaces safely every single time.

▶ **Andrew Martinson, CIH, CSP**

*Region X VPP Manager  
U.S. Department of Labor, OSHA, Boise, Idaho*

## The Path to VPP Through Culture I

When an organization decides it wants to pursue "OSHA Star" VPP status, it must ensure it has the culture and the commitment needed to obtain it. This session explores what that culture should look and feel like while in the pursuit of VPP and after the award.

▶ **Lee Pyfrom, CHST**

*Safety Director  
MacDonald-Miller Facility Solutions, LLC, Seattle, Washington*

## EZ Procedures Are Not Necessarily Easy! – A 10-year Journey I

In this session, we cover the journey at ConocoPhillips Alaska to develop health, safety, and environmental (HSE) procedures that are based on a holistic, comprehensive, and worker-focused HSE management system. Throughout 10 years, the team behind EZ Procedures has won internal and external awards for excellence and innovation. The speaker shares lessons learned, pitfalls, best practices, and practical takeaways leaders can apply to make HSE requirements more user-friendly and turn documentation into tools that can keep workers safe and regulatory compliant. Making EZ Procedures is not easy, but the results are worth it.

▶ **Terence Dalton, OHST**

*Health and Safety Coordinator  
ConocoPhillips Alaska Inc., Anchorage, Alaska*

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# Wednesday, May 17, continued

## Employee Well-being – A Holistic Approach B

A healthy employee is a safe employee, and a safe employee is a healthier employee. Do you want to increase your employee engagement and retention? Idaho National Laboratory is leading the way with their improved well-being program that offers benefits such as wellness programming, fitness centers, on-site medical clinics, physical therapy, employee assistance program, and the world's largest most comprehensive digital health and engagement platform.

- ▶ **Cydnee Radford, MHRD**  
*Well-Being, Engagement, and Development Lead  
Idaho National Laboratory, Idaho Falls, Idaho*
- ▶ **Evan Thomas, Ph.D., MPH**  
*OMP Well-Being Program Manager  
Idaho National Laboratory, Idaho Falls, Idaho*

2:45-3:30 p.m. Break and Visit Exhibits

3:30-5 p.m. Sessions

## OSHA 10-Hour General Industry Training

*(concludes)*

## Gap Analysis: The Challenge of Maintaining Consistent VPP Effectiveness I

The challenge of maintaining the continuous improvement expectations of VPP can be daunting. While the annual self-evaluation offers a detailed review on a yearly basis, this course focuses on the daily, weekly, and monthly activities that can help make a difference in your safety program. Examples of real life challenges – from Process Safety Management sites, plants with limited resources and union affiliation, and staffing from 20 to 300-plus – offer attendees valuable takeaways. Whether you are a long-term participant or pursuing Star status, this interactive class offers new ideas and a fresh approach that can make a difference in your operation.

- ▶ **Rick Blackmarr**  
*Consultant, Retired  
Oregon*

## What OSH Professionals Should Know About Total Worker Health® B

Learn about the five key elements of Total Worker Health®, a concept coined and supported by the National Institute of Occupational Safety and Health (NIOSH). Discover important takeaways for safety and health professionals on this increasingly relevant topic, including examples of how organizations are expanding their traditional safety programs to better support the health, safety and well-being of workers.

- ▶ **Katia Costa-Black, Ph.D.**  
*Senior Manager for Education and Partnerships  
Oregon Institute of Occupational Health Sciences  
Portland, Oregon*

## Moving to a Risk-based Approach in Behavior-based Safety I

### Kuparuk BEAR Safety Process – Serious Injury Fatality

Every month, peer-to-peer observations that measure how work is really getting done and real conversations about exposures, are coupled with data analytics and facilitated crew problem-solving. This 25-year-old process continues to evolve and make a difference. Integration with operations; health, safety, and environmental (HSE) departments; and leadership's field verifications has supported continued growth and effectiveness. In this session, we look at the benefits of focusing observers on higher risk tasks. The discussion includes implementation, training, and data usage.

- ▶ **Ron Chenault**  
*BBS Facilitator  
ASRC Energy Services, Anchorage, Alaska*
- ▶ **Chuck Smith, CHST**  
*BBS Facilitator, HSE Specialist  
ConocoPhillips Alaska Inc., Anchorage, Alaska*

# Wednesday, May 17, continued

## Mental Health as a Workplace Concern I

Attendees learn more about current statistics related to mental health in the workplace, why mental health is a workplace issue, and how to engage locally and nationally on this important issue with task forces. All attendees receive a website of free and open-source resources to deploy within their organizations.

- ▶ **Mandi Kime, MS, CSP, CHST**  
*Director of Safety*  
*Associated General Contractors of WA*  
*Seattle, Washington*

## Improving Your Safety Culture Through Safety and Health Management I

A workplace safety culture is the product of individual and group values, attitudes, perceptions, competencies, and patterns of behavior, determined by the organization's health and safety management systems. This session covers how your safety and health management system affects your workplace safety culture and some things you can do to improve both.

- ▶ **Mark Hurliman, CHSM**  
*VPP/SHARP Program Coordinator*  
*Oregon OSHA, Medford, Oregon*

## Safety and Negativity Bias I

The presentation discusses the psychological phenomena known as "Negativity Bias". Through a great deal of research, self-reflection, and practical application, the presenter has created some parallels between occupational safety and how it is understood within organizations, and the negativity bias. The objective of this presentation is to educate the audience on negativity bias and how it could be affecting their safety programs, and how to recognize it and intervene.

- ▶ **Justin Molocznik, MS, CSP, CHST, CRIS**  
*Safety Director*  
*JTM Construction, Seattle, Washington*

## Boots on the Ground Ergonomics I

This session covers anticipating, recognizing, evaluating, and controlling workplace hazards in the industrial workplace as well as ergonomic solutions for industrial workers.

- ▶ **Denise Serr**  
*Industrial Safety and Industrial Hygiene Company-  
Technical Point of Contact for Ergonomics Program*  
*Idaho National Laboratory, Idaho Falls, Idaho*
- ▶ **Emily Sherman**  
*Industrial Hygienist, Technical Point of Contact for  
Ergonomics Program*  
*Idaho National Laboratory, Idaho Falls, Idaho*

7-10:30 p.m.

**Networking reception;  
live band, Nuke Town;  
and refreshments**

### Experience/Knowledge Levels

- B** Basic
- I** Intermediate
- A** Advanced

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# Thursday, May 18

- 7:45 a.m.-3:45 p.m. Registration open
- 7:45 a.m.-1:15 p.m. Exhibits open
- 7:45-8:30 a.m. Hot breakfast buffet *(provided)*



## 8:15-9:15 a.m. General Session

### Awards presentation, appreciation, and prize drawing

## 9:15-10 a.m. General Session

### The Worst Kind of Engineer

If you say the word “hacker,” most people picture someone in a hoodie sitting in the glow of a computer monitor with their fingers dancing across a keyboard as they invoke sophisticated technical commands to infiltrate a network or commandeer a highly secure computer. The reality is that even the very best hackers simply use our human nature against us to access systems and networks. Tomm reveals the most devastating tools used by cybercriminals to attack systems and steal information, and he shares some methods he uses to defend against those tools.

- ▶ **Tomm Larson, MBA, CISSP, CISM**  
*Cybersecurity Awareness Lead*  
*Idaho National Laboratory, Idaho Falls, Idaho*

## 10-10:30 a.m. Break and Visit Exhibits

## 10:30-11:45 a.m. Sessions

### Mentoring and Outreach: What a Mentor Needs to Know



Over the past few years, many of our experienced mentors have retired. Region X and the VPPPA is recruiting more mentors to help companies wanting to get started in VPP. Are you interested in becoming a VPP mentor? If you are a Star site, here’s an opportunity to see what it takes to begin your journey into mentoring. This session covers the role of the mentor, benefits of being a mentor, and what’s not expected of a mentor. We address the roles and responsibilities of the mentee, and

the benefits of using a mentor. In addition, we address outreach activities that provide benefits to the regulator and your company, including enhancing your knowledge and skill as a mentor.

- ▶ **Jack Griffith**  
*Union Safety/VPP Representative*  
*Central Plateau Cleanup Company, Richland, Washington*
- ▶ **Christian Hendrickson**  
*Safety Consultant*  
*Alaska Occupational Safety and Health*  
*Anchorage, Alaska*

### Introduction to Whistleblower Retaliation and Protections



This session provides an overview of the 20 plus statutes OSHA’s Whistleblower Protection Program enforces that prohibit employers from retaliating against employees who report violations regarding workplace safety and health, transportation safety, environmental safety, food safety, nuclear energy safety, pipeline safety, multiple financial laws, and several others. The speaker explains the elements of a retaliation complaint (protected activity, employer knowledge, adverse action, nexus), and provides some best practices for establishing an anti-retaliation program/culture at workplaces.

- ▶ **Megan Eldridge**  
*Regional Supervisory Investigation*  
*U.S. Department of Labor, OSHA, Whistleblower*  
*Protection Program, Seattle, Washington*

# Thursday, May 18, continued

## Overview of the Hazardous Materials Management and Emergency Response (HAMMER) Volpentest Federal Training Center B

The Hazardous Materials Management and Emergency Response (HAMMER) Volpentest Federal Training Center is located on the Hanford Site in southeastern Washington state. HAMMER is the Department of Energy's premier hands-on health, safety, and emergency response training center. Managed by contractor Hanford Mission Integration Solutions, the facility commemorated its 25th anniversary in 2022. HAMMER began operations in 1997 to provide innovative, hands-on training and expertise utilizing a one-of-a-kind facility to create a safe and highly skilled workforce. The center delivers approximately 250 high-retention and performance-based courses to reinforce consistency and maintain a safe workplace. HAMMER also has strong partnerships with other federal agencies, tribes, labor, and academia in support of worker safety, health, and emergency response programs. This presentation includes, a brief HAMMER history, a worker trainer program discussion, and demonstrations from industrial safety, and radiation safety training.

▶ **Kerry Adamson**

*Training Manager, Radiation Safety  
HAMMER/Hanford Mission Integration Solutions  
Richland, Washington*

▶ **Andrew Crawmer**

*HAMMER Technical Advisor  
HAMMER/Hanford Mission Integration Solutions  
Richland, Washington*

▶ **Ben Culver**

*HAMMER/Hanford Mission Integration Solutions  
Richland, Washington*

▶ **Steve Maiuri**

*Training Director, Hanford Atomic Metal Trades Council  
HAMMER/Hanford Mission Integration Solutions  
Richland, Washington*

▶ **Andy Rodriguez**

*Training Director, Central Washington Building &  
Construction Trades Council  
HAMMER/Hanford Mission Integration Solutions  
Richland, Washington*

## Wildfire Smoke Safety: Clearing the Air on a Growing Workplace Hazard B

Wildfire smoke is becoming an increasingly common safety hazard that affects outdoor workers all across our region during the late summer months. These affected workers represent a wide range of industries including agriculture, construction, outdoor recreation, transportation, utility work, and more. As a result, some states have enacted new, enforceable wildfire smoke safety regulations to protect worker health. Join this session to learn more about wildfire smoke safety requirements affecting your workplace and best practices to protect you and your team from smoke exposure.

▶ **Nicholas Hall, CIH, CSP**

*Industrial Hygienist  
Washington State Department of Labor & Industries, DOSH  
Tacoma, Washington*

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Register online at [safetyseries.cventevents.com/vpp23](https://safetyseries.cventevents.com/vpp23)

# Thursday, May 18, continued

## Making Construction Awesome Through Craft Engagement I

We describe how we have improved safety and overall performance on construction projects by utilizing the most powerful resource available, the people who build the work – our craft people. We discuss the various programs and practices we use to engage our craft team members to build trust and genuine communication on our projects. Then we facilitate small group discussions focused on how these methods can be utilized within your organizations.

- ▶ **Bruce McGaw, CSP**  
Safety Manager  
Mortenson, Kent, Washington
- ▶ **Luis Muñoz, CHST**  
Safety Manager  
Mortenson, Kirkland, Washington

## Employee Empowerment: Tools for Creating and Sustaining a Culture of Safety I

During this breakout session, we focus on employee empowerment and the tools we use to create our safety culture. If you take care of the employees, they will take care of the company, its customers, investors, and communities.

- ▶ **Ryan Groesbeck**  
Terminal Manager  
NuStar Energy, Portland, Oregon
- ▶ **Jeff Hibner**  
Terminal Manager  
NuStar Energy, Portland, Oregon

## Active Aggressor Preparedness B

This presentation provides an overview of the Idaho National Laboratory Workplace Active Aggressor Safety Preparedness Team's composition and role. This presentation highlights the importance of having a prepared employee population for an active aggressor situation and the resources available to help train employees.

- ▶ **Dan Hammer**  
INL Workplace Active Aggressor Preparedness Team  
Safety Chairperson  
Idaho National Laboratory, Idaho Falls, Idaho

11:45 a.m.-1 p.m.

Lunch (*provided*), Visit Exhibits, Announce Bingo winners (must be present to win)

1-2:15 p.m.

Sessions

## Journey to VPP B

This presentation, by two of Oregon's newest VPP sites, covers their independent journeys to get to VPP Star status. Hear them tell you in their own words why they got involved, and what trials and tribulations they overcame to advance to the coveted VPP Star status.

- ▶ **Laura Denos, CSP**  
Director of Operations  
Lam Research, Tualatin, Oregon
- ▶ **Al Petty**  
EHS Manager  
Lam Research, Tualatin, Oregon
- ▶ **Yarden Shnayder, SHL**  
EHS Engineer  
Lam Research, Tualatin, Oregon
- ▶ **David Windsor**  
Plant Manager  
Cardinal IG Company, Hood River, Oregon

# Thursday, May 18, continued

## You Don't Know, What You Don't Know ... Once It's Retired B

This presentation exemplifies how a new health physics technician performed work in a radiologically high contaminated area and tried to prevent a potential safety injury to her co-workers; however, as a result of her actions she found herself contaminated. Building emphasis on the rapidly changing workforce, this presentation highlights the importance of being aware of your surroundings, always having a questioning attitude, and gaining all the "tribal" knowledge you can before it's gone.

- ▶ **Megan Carreras**  
*Health Physics Technician  
Hanford Laboratory Management and Integration LLC (HLM), Kennewick, Washington*

## Integration of Human Performance Application in the Workplace I

In this session, learners begin to understand the fundamentals of Human Performance Improvement and why they are important to understanding latent organizational weaknesses. You learn about the "resiliency scale" and how it can benefit your team. You also learn how your employees can apply basic tools such as behavior-based safety to incorporate an employee-driven safety atmosphere.

- ▶ **Jared Davis**  
*Voluntary Protection Program Manager  
Batelle Energy Alliance/Idaho National Laboratory  
Idaho Falls, Idaho*
- ▶ **Melanie Keyes**  
*Radioanalytical Chemist, Executive Administrator for the  
Laboratory Employee Safety Team  
Idaho National Laboratory, Idaho Falls, Idaho*

## Multilayered Progressive Approach to Job Hazard Analysis I

Building a program that ensures effective activity-based hazard analysis for each job can be challenging. Some jobs are simple and involve only common, low-consequence hazards, while other jobs are more complex and expose workers to extraordinary hazards with more significant consequences. Using the same hazard analysis approach for every job can be costly and ineffective. Too much attention to common, routine, low-consequence hazards is often redundant and can divert resources from the attention needed to effectively analyze more complex, unique hazards.

- ▶ **Chris Nielsen**  
*Manager of Safety Programs  
Hanford Mission Integration Solutions  
Richland, Washington*
- ▶ **Jake Steelhammer CSP, CIH**  
*Senior Safety Specialist  
Central Plateau Cleanup Company, Richland, Washington*

### Experience/Knowledge Levels

- B Basic**
- I Intermediate**
- A Advanced**

Register online at [safetyseries.cventevents.com/vpp23](https://safetyseries.cventevents.com/vpp23)

# Thursday, May 18, continued

## Using Small Learning Teams – When Leaders Respond vs. React I

This session covers the transformation of ConocoPhillips Alaska into a learning organization. One of the hallmarks of a learning organization is moving from a culture of blame after incidents to a culture that seeks to learn. In this session we share how small learning teams add value to an organization and why they help leaders respond and learn from successful work and incidents. Why does empowering frontline workers as solution creators enable sustainable change? Our cultural shift toward learning and conducting small learning teams has created many actionable opportunities for business process improvement.

- ▶ **Dustin Caldwell**  
*Drill Site Lead Operator*  
*ConocoPhillips Alaska Inc., Anchorage, Alaska*
- ▶ **Terence Dalton, OHST**  
*Health and Safety Coordinator*  
*ConocoPhillips Alaska Inc., Anchorage, Alaska*

## Being Prepared in the Event of a Wildland Fire B

Being prepared in the event of a wildland fire can mean the difference between life and death. This class uses real-life experiences so you will know what to do if you are ever caught in a wildland fire.

- ▶ **Robert Nii, CFPS**  
*ICP Fire Marshal*  
*Idaho Environmental Coalition LLC (IEC)*  
*Idaho Falls, Idaho*

2:15-2:30 p.m.

Break

2:30-3:45 p.m.

General Session

## VPP Success: This is Why We Do It

- What can VPP do for a company?
- How can being a VPP site make a workplace safer?
- How can VPP improve a safety culture?

These questions and more are answered during this informative session featuring environmental health and safety professionals, operations directors, and agency representatives with years of experience working with a variety of companies that have received OSHA's highest safety certification and maintained Start status.

- ▶ **Jeff Carlson**  
*Kuparuk HSE, Emergency Response, Medical, and Security Director*  
*ConocoPhillips Alaska Inc., Anchorage, Alaska*
- ▶ **Tim Hart**  
*Vice President Western Operations*  
*Duro-Last, Grants Pass, Oregon*
- ▶ **Mike McAnulty, P.E.**  
*Director*  
*Department of Energy, Idaho Falls, Idaho*

3:45-4 p.m.

Closing

## Conference closing remarks, announcement of board election results, and drawings

# Registration Form



Name: \_\_\_\_\_  
 Job title: \_\_\_\_\_  
 Company: \_\_\_\_\_  
 Business address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Ext.: \_\_\_\_\_ Alternate phone: \_\_\_\_\_  
 Email: \_\_\_\_\_ (required for confirmation; no duplicate emails)

Do you want to remain on the mailing list for this conference?  Yes  No  
 Is this the first Region X VPPA Conference you've attended?  Yes  No

**May 16-18, 2023**

Three Rivers Convention Center  
 Kennewick, Washington

## Registration fees

### Workshops – May 16 (Mark all that apply.)

Choose between full-day workshops or up to two half-day workshops  
 – Select workshop(s) on next page.

- VPP Application Workshop ..... \$200
- OSHA 10-hour for General Industry (May 16 & 17) ..... \$250
- Tuesday a.m. half-day Workshop ..... \$100
- Tuesday p.m. half-day Workshop ..... \$100

### Conference – May 17 & 18 (Mark one option.)

Select sessions to attend on the next page.

- Wednesday & Thursday, May 17 & 18 (non-member) ..... \$375
- Wednesday & Thursday, May 17 & 18 (member) ..... \$350  
 Member # \_\_\_\_\_
- One day – Wednesday, May 17 ..... \$200
- One day – Thursday, May 18 ..... \$200

Is this a full membership?  Yes  Don't know

Total enclosed \$ \_\_\_\_\_

**Payment (check, credit card information, or purchase order) must accompany registration form.**

*Advance registration will be accepted by mail or fax until May 10. Faxed registrations will be accepted only if accompanied by credit card information or a purchase order. A separate registration form must be completed for each person registering. Select sessions to attend on the reverse side of this form. If more than one person from your company will attend, a photocopy of the registration form must be made for each person and a single check issued or credit card information included for the total amount.*

### For pre-registration return by Wednesday, May 10, 2023.

After this date, a confirmation letter cannot be guaranteed. Some sessions may close; if you intend to register on-site, call for session availability, 503-947-7411.

#### Please return this registration and your check to:

Region X VPPA Conference      FAX: 503-947-7019  
 PO Box 5640  
 Salem, OR 97304-0640      (Federal tax ID: 82-0489420)

Make payable to Region X VPPA      Amount enclosed: \$ \_\_\_\_\_

Charge my:  MasterCard  VISA  American Express

Name on card (print): \_\_\_\_\_

Phone number: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Billing ZIP code: \_\_\_\_\_ Exp. date: \_\_\_\_\_ Security code: \_\_\_\_\_

Signature: \_\_\_\_\_

## Questions?

Call the Conference Section at  
 503-947-7411

Email:  
[oregon.conferences@dcbs.oregon.gov](mailto:oregon.conferences@dcbs.oregon.gov)

### Office use only

Date Rec. \_\_\_\_\_  
 Amt. Rec. \_\_\_\_\_  
 Check # \_\_\_\_\_  
 PO # \_\_\_\_\_  
 Last 4 \_\_\_\_\_

{ 3 digits on back of MasterCard or VISA  
 4 digits on front of American Express

Credit Card #:

For your protection, your credit card number will be shredded after processing.



Registrant's name: \_\_\_\_\_

**Attendee profile (check one)**

- Employee       Consultant
- Management     Other/not listed: \_\_\_\_\_
- Owner

- Are you a safety committee member?**
- Yes     No

- Please indicate the number of employees at your worksite:**
- 1 to 20 employees
  - 21 to 50 employees
  - 51 or more employees

**Indicate which industry you represent: (check one)**

- Agriculture
- Construction
- Food processing/manufacturing
- Forest activities/logging
- Foundries
- Government/public administration
- Healthcare
- Manufacturing
- Oil/gas
- Transportation
- Utilities
- Warehousing
- Wood products manufacturing
- Other/not listed: \_\_\_\_\_

**Session Registration**  
 Circle your first (1) and second (2) choices for each session on Wednesday and Thursday.

Example:     1    2    Example class A  
                    1    2    Example class B  
                    1     2    Example class C

## Tuesday, May 16, 2023

**8-11:30 a.m. Workshops**

- 1 2 Injury Prevention/Response: Theoretical Approach
- 1 2 Check Your Bias at the Door – How Unconscious Bias Interferes With Your Leadership
- 1 2 Building a Lasting Safety Culture
- 1 2 Three Hot Topics to Enhance Your VPP Program
- 1 2 Incident Investigation: Uncovering the Root Cause
- 1 2 VPP Application Workshop™ (8 a.m.-4 p.m.)
- 1 2 OSHA 10-hour for General Industry Training (All day, Tuesday & Wednesday)

**12:30-4 p.m. Workshops**

- OSHA 10-hour for General Industry Training (continued)
- VPP Application Workshop™ (continued)
- 1 2 Injury Prevention/Response: Practical Applications
- 1 2 Effective Communication and Power of Positive Thinking
- 1 2 VPP Re-approval, Ready, Set, Go!
- 1 2 The Science of Safety – Usability Mapping User Documents
- 1 2 Community Partnerships in Traffic and Vehicle Safety

## Wednesday, May 17, 2023

**7:15-11:45 a.m. Breakfast & Welcome/Keynote**

- Yes, I will attend Breakfast, Welcome, and Keynote

**1:15-2:45 p.m. Sessions**

- OSHA 10-hour for General Industry Training (continued from Tuesday)
- 1 2 Conflicts in the Workplace
- 1 2 Employee Safety: What's Communication Got to Do With It?
- 1 2 Confined Space Beyond the Basics
- 1 2 The Path to VPP Through Culture
- 1 2 EZ Procedures Are Not Necessarily Easy! - A 10-year Journey
- 1 2 Employee Well Being – A Holistic Approach

**Special accommodations**

- Check if you require special (ADA or dietary) services. Attach a written description of your needs.

At this event you may be photographed. Photos, videos, or film likeness may be used for legitimate purposes by Region X VPPPA for promotional purposes and/ or inclusion on Region X VPPPA websites.

**3:30-5 p.m. Sessions**

- OSHA 10-hour for General Industry Training (continued)
- 1 2 Gap Analysis: The Challenge of Maintaining Consistent VPP Effectiveness
- 1 2 What OSH Professionals Should Know About Total Worker Health®
- 1 2 Moving to a Risk-based Approach in Behavior-based Safety
- 1 2 Mental Health as a Workplace Concern
- 1 2 Improving Your Safety Culture Through Safety and Health Management
- 1 2 Boots on the Ground Ergonomics
- 1 2 Safety and Negativity Bias

**7-10:30 p.m. Reception**

- Yes, I will attend the Networking Reception

## Thursday, May 18, 2023

**8-10 a.m. Breakfast, General Session, & Awards**

- Yes, I will attend Breakfast, Awards Presentation, and General Session: The Worst Kind of Engineer (*hot breakfast buffet provided*)

**10:30-11:45 a.m. Sessions**

- 1 2 Mentoring and Outreach: What a Mentor Needs to Know
- 1 2 Introduction to Whistleblower Retaliation and Protections
- 1 2 Overview of the Hazardous Materials Management and Emergency Response (HAMMER) Volpentest Federal Training Center
- 1 2 Wildfire Smoke Safety: Clearing the Air on a Growing Workplace Hazard
- 1 2 Making Construction Awesome Through Craft Engagement
- 1 2 Employee Empowerment: Tools for Creating and Sustaining a Culture of Safety
- 1 2 Active Aggressor Preparedness

**1-2:15 p.m. Sessions**

- 1 2 Journey to VPP
- 1 2 You Don't Know, What You Don't Know...Once It's Retired
- 1 2 Integration of Human Performance Application in the Workplace
- 1 2 Multi-layered Progressive Approach to Job Hazard Analysis
- 1 2 Using Small Learning Teams – When Leaders Respond vs. React
- 1 2 Being Prepared in the Event of a Wildland Fire

**2:30-4 p.m. General Session and Closing**

- Yes, I will attend the General Session: VPP Success: This is Why We Do It and Closing (*announcement of board election results and prize drawing*)