



34th Annual

Western Pulp, Paper, & Forest Products Safety & Health Conference

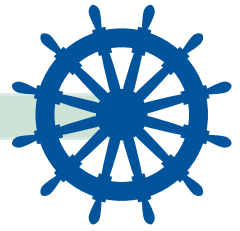
Partners in Safety – Steering Toward the Future

December 1–4, 2026

Holiday Inn Portland - Columbia Riverfront • Portland, Oregon

Register online at safetyseries.cventevents.com/wppfp26

Conference Planning Committee



Steve Barham, ALC Service, Inc., Coeur d'Alene

Aaron Boedeker, AWPPW, Vancouver

Liz Brandenburg, Nippon Dynawave Packaging, Longview

Mandie Bryant, Smurfit Westrock, AWPPW Local 153, Longview

Jason Crockett, Nippon Dynawave Packaging, Longview

Sheila Davis, Wilcox + Flegel, Longview

Abigail Ellin, Georgia-Pacific, Camas

AJ Fourier, Georgia-Pacific, Toledo

Angie Gorley, Georgia-Pacific Wauna, Clatskanie

Aaron Green, Willamette Valley Company, Centralia

David Grim, Associated Oregon Loggers, Salem

Brian Hammond, Nippon Dynawave Packaging, Longview

Darcy Hendrickson, Washington Labor & Industries, Kelso

Keith Johanson, Smurfit Westrock Container, Longview

Bob Kendall, Wilcox + Flegel, Longview

Geni Lefler, Smurfit Westrock, Tulare, California

Debbie Mattinen, SAIF Corporation, Portland

Tracy McEntire, Georgia-Pacific Wauna, Clatskanie

Tyffany McIntyre, Georgia-Pacific, Camas

Tim Ogden, AWPPW Washington Area Council, Smurfit Westrock, Longview

Ken Parsons, Smurfit Westrock, Longview

Jack Samuel, International Paper, AWPPW Local 677, Springfield

Lynn Smith, Georgia-Pacific, Toledo

Martin Thiede, Boise Cascade, Willamina

BJ Wawrak, Georgia-Pacific, Toledo

Jeremy Whiteside, Georgia-Pacific Wauna, USW 1097, Clatskanie

Nathan Young, Georgia-Pacific, Toledo

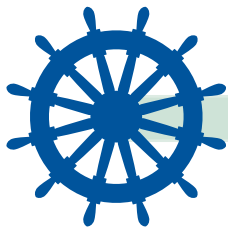


Table of Contents

Conference planning committee

AWPPW, Oregon OSHA, & DOSH.....	4
---------------------------------	---

Conference Information & Services

Registration	5
--------------------	---

Refunds.....	5
--------------	---

Lodging.....	5
--------------	---

Accreditation.....	5
--------------------	---

Accommodations for disabilities	5
---------------------------------------	---

Map to the Holiday Inn Portland — Columbia Riverfront	5
---	---

Schedule at a glance	6
----------------------------	---

Sessions

Tuesday.....	10
--------------	----

Wednesday	15
-----------------	----

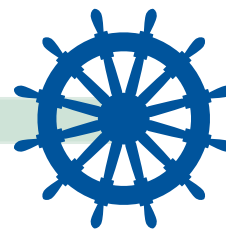
Thursday.....	19
---------------	----

Friday.....	23
-------------	----

Special thanks to conference sponsors	24
---	----

Registration form	25
-------------------------	----

Co-sponsorship of this conference by the Association of Western Pulp & Paper Workers and Oregon OSHA does not necessarily constitute endorsement or approval of the content of programs. Employers and employees should review applicable rules and regulations to ensure that the information they have received is appropriate to specific worksites and work situations. Oregon Safety Council of AWPPW is financially responsible for this event.



AWPPW

The Association of Western Pulp and Paper Workers (*AWPPW*) is a labor organization who represents members employed in pulp, paper, paper converting, packaging, and medium-density board industries in Washington, Oregon, Idaho, California, and Virginia. The AWPPW headquarters is located in Vancouver, Washington.

Safety and health in the workplace is the first and foremost priority. Our goal is to make certain when a member goes to work each day, that person returns safely home. The Safety Steering Committee that helps plan the Annual Western Pulp & Paper Workers Safety & Health Conference is made up of dedicated participants who promote and endorse programs to provide safe workplaces and educate safety committee members in safety and health for all workers.

Oregon OSHA



Oregon OSHA administers the Oregon Safe Employment Act (*OSEA*). The OSEA authorizes enforcement of federal and state occupational safety and health regulations and provides consultation, educational opportunities, technical assistance, and creative programs to assist employers and workers in Oregon. Oregon OSHA is committed to reducing occupational fatalities, injuries, and illnesses, thereby reducing human suffering and workers' compensation costs. For training opportunities or for information about conferences, please call 503-947-7411, or toll-free 888-292-5247, option 1. For technical assistance or consultative services, call toll-free 800-922-2689.

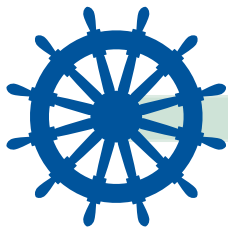
DOSH



The Washington State Legislature passed the Washington Industrial Safety and Health Act in 1973, establishing the Division of Occupational Safety and Health program. DOSH enforces the state's occupational safety and health laws to ensure safe and healthful working conditions for all workers in Washington state. DOSH is dedicated to working in partnership with employers and employees to save workers' lives, and to prevent workplace injuries and illnesses. To report workplace hazards or request technical assistance or consultative services, call 1-800-4BE-SAFE.

Register online at safetyseries.cventevents.com/wppfp26

[f](#) [in](#) | [#WPPFP](#)



Conference Information & Services

Registration

Early registration is encouraged. **Register online at safetyseries.cventevents.com/wppfp26.** Registrations also accepted by mail and scan/email. Checks, purchase orders, and credit cards are accepted for registrations. If space is available, you may register at the conference. Fees are as follows:

Full conference: Dec. 1–4.....\$480
One day: Tuesday, Wednesday, or Thursday\$160
One day: Friday\$60

A hot breakfast buffet and lunch are included in your registration fee on Tuesday, Wednesday, and Thursday. On Friday, a hot breakfast buffet is included. Tickets to the Awards Presentation Dinner on Wednesday, December 2, are \$50 each. Please purchase tickets in advance.

Scan/email registration form to
oregon.conferences@dcbs.oregon.gov.

To register by mail, complete the conference registration form and make your check or purchase order payable to:

Pulp & Paper Conference
PO Box 5640
Salem, OR 97304-0640

A separate registration form must be completed for each person registering. A unique e-mail address must be included for each individual. If more than one person from your company is attending, photocopy the registration form for each person registering and issue a single check or purchase order for the total amount, or provide a single credit card number.

All parts of the registration form must be completed. If not, forms are returned for you to complete before we process your registration.

You can also register online at:
safetyseries.cventevents.com/wppfp26

Refunds

No refunds are granted after November 20, 2026. Substitutions are permissible.

Lodging

Attendees are responsible for making and paying for their own lodging arrangements. A block of rooms has been reserved at the Holiday Inn Portland — Columbia Riverfront. The conference rate is **\$147 plus tax and \$10 facility fee**. For room reservations, call 503-283-4466. When making reservations, the room block is under the name “2026 Western Pulp & Paper Safety & Health Conference.” Reservations received after **November 10, 2026**, are accepted only on a space-available basis, at standard room rates. Check-in time is 3 p.m. and check-out is noon.

To make your reservation online, click on [this link](#).

Deadline for reduced room rate is November 10!

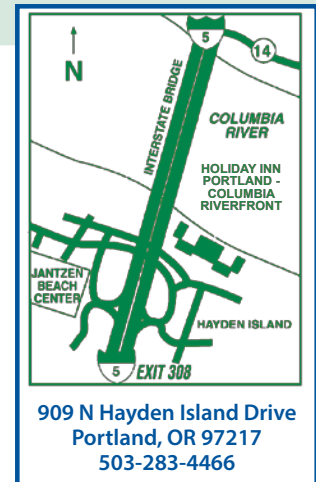
Accreditation

If you need continuing education credits (CEUs) to keep certifications or licenses current, complete the form provided in your on-site attendee packet. This form is proof of attendance at sessions you wish to submit for accreditation. Submit your form, with required signatures and program descriptions of applicable sessions, directly to your accrediting organization, and keep a copy for your records.

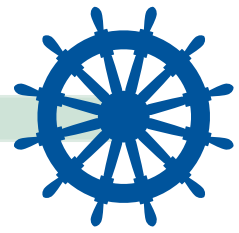
Accommodation for disabilities

The Holiday Inn Portland — Columbia Riverfront is wheelchair accessible. If you need special accommodations to attend conference sessions, be sure to complete the Special Accommodations Section of the registration form. Information concerning additional services for the disabled will be available at the registration desk.

**Pre-register for sessions
by November 20**



Schedule at a glance



Tuesday, December 1, 2026

- 7:30 a.m.** Registration opens
- 7:30-8:30 a.m.** Networking Breakfast (*hot buffet breakfast provided*) – Grand Ballroom
- 7:30 a.m.-3:30 p.m.** Exhibits open

SESSION 1

- 8:30-9:45 a.m.** ● Opening and Keynote: The History of the Safety and Health Conference – How It Started and What Is My Why
- 9:45-10:30 a.m.** Break and Visit Exhibits; Passport activity begins

SESSION 2

- 10:30 a.m.-noon**
- Roundtable: Mobile Equipment (*repeat on Thursday*)
 - Is That Confined Space Permit Required? Yes or No?
 - Normalizing and Processing Grief: A Voluntary Interactive
 - Proven Strategies for Improving Interactions (*10:30 a.m.-5 p.m.; repeat session on Thursday*)
 - Fall Protection
 - American Heart Adult CPR/AED and First Aid (*10:30 a.m.-5 p.m.; repeat session on Thursday*)
- Noon-1:30 p.m.** Lunch (*provided*) and Visit Exhibits – Prize drawing at 12:30 p.m.

SESSION 3

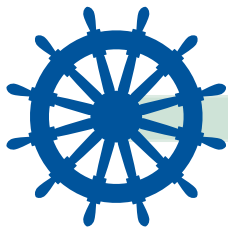
- 1:30-3 p.m.**
- Proven Strategies for Improving Interactions (*continued*)
 - American Heart Adult CPR/AED and First Aid (*continued*)
 - Roundtable: Training/Retaining Employees
 - Distractions in the Workplace
 - Beyond Compliance: Preventing Confined Space Fatalities in High-Reliability Organizations
 - Hazardous Line Breaking: Program Overview and Best Practices
- 3-3:30 p.m.** Break and Visit Exhibits

SESSION 4

- 3:30-5 p.m.**
- Proven Strategies for Improving Interactions (*continued*)
 - American Heart Adult CPR/AED and First Aid (*continued*)
 - Roundtable: Challenges with Confined Space in Our Workspace
 - Why Good People Miss Bad Hazards: Cognitive Bias and Mindfulness at Work
 - Basic Electrical Hazards – Taking the Mystery Out of Electrical Energy
 - Understanding the Connection Between Safety, Decision-Making, and Substance Use

Register online at safetyseries.cventevents.com/wppfp26

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Schedule at a glance

Wednesday, December 2, 2026

- 7:30 a.m.** Registration opens
Networking Breakfast (*hot buffet breakfast provided*) – Grand Ballroom
- 7:30 a.m.-3:15 p.m.** Exhibits open

SESSION 5

- 8-11:45 a.m.** ● Welcome and General Session: Surviving the Active Lethal Threat
- 9:45-10:15 a.m.** Visit Exhibits; Passport activity continues
- 11:45 a.m.-1 p.m.** Lunch (*provided*) and Visit Exhibits

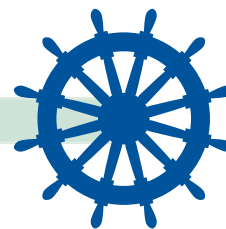
SESSION 6

- 1-2:30 p.m.** ● Roundtable: Lockout/Tagout (*repeat on Thursday*)
● Bystander to First Responder: Emergency Bleeding and Narcan Essentials
● Steam Hammer and Water/Condensate-Induced Water Hammer Safety (*1-4:30 p.m.*)
● Leadership and the Human Element (*1-4:30 p.m.*)
● Trust Me—It's Safe!: Psyching You Out with Psychological Safety (*1-4:30 p.m.*)
- 2:30-3:15 p.m.** Break and Visit Exhibits

SESSION 7

- 3:15-4:30 p.m.** ● Steam Hammer and Water/Condensate-Induced Water Hammer Safety (*concludes*)
● Leadership and the Human Element (*concludes*)
● Trust Me—It's Safe!: Psyching You Out with Psychological Safety (*concludes*)
● Roundtable: Incentive and Engagement Programs
● Building a Company Business Continuity Plan
- 5:30 p.m.** Awards Presentation and Dinner
Prize Drawing

Schedule at a glance



Thursday, December 3, 2026

7:30 a.m. Registration opens
Networking Breakfast (*hot buffet breakfast provided*) – Grand Ballroom

SESSION 8

8:15-9 a.m. ● General Session: Getting Your Body Ready for Work
9-9:30 a.m. Transition time

SESSION 9

9:30-11:30 a.m.

- Communication: The Vital Key to Safety No Matter the Generation
- Managing Our Driving Behaviors
- HOP vs. the Alternatives
- Proven Strategies for Improving Interactions (*9:30 a.m.-3:30 p.m.; repeat session from Tuesday*)
- Nutrition and Wellness in the Workplace
- American Heart Adult CPR/AED and First Aid (*9:30 a.m.-3:30 p.m.; repeat session from Tuesday*)

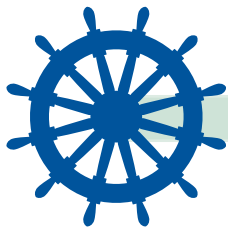
11:30 a.m.-12:30 p.m. Lunch (*provided*)

SESSION 10

12:30-1:45 p.m.

- Proven Strategies for Improving Interactions (*continued*)
- American Heart Adult CPR/AED and First Aid (*continued*)
- Roundtable: Lockout/Tagout (*repeat from Wednesday*)
- Mindful Safety: Staying Present, Staying Safe
- Process Opening vs. Hazardous-Line Breaking: Definitions, Program Overview, and Best Practices Discussion
- Mobile Equipment and Pedestrian Interaction Safety Improvement

1:45-2:15 p.m. Break – Lower lobby by breakout sessions



Schedule at a glance

SESSION 11

2:15-3:30 p.m.

- Proven Strategies for Improving Interactions (*concludes*)
- American Heart Adult CPR/AED and First Aid (*concludes*)
- Roundtable: Mobile Equipment (*repeat from Tuesday*)
- Energize Your Safety Committee: Zap It With Creativity
- Hand Safety
- Synthetic Ropes in the Forest Products Industry

3:30-3:45 a.m.

Transition time

SESSION 12

3:45 a.m.-4:45 p.m.

- Spill the Tea with Mandie and Debbie – Reflections and Connections: Sharing Your Conference Experience
- Georgia-Pacific Company Meeting
- International Paper Company Meeting
- Smurfit Westrock Paper Company Meeting

Friday, December 4, 2026

7:30 a.m.

Registration opens

7:30-8:30 a.m.

Networking Breakfast (*hot breakfast buffet provided*) – Grand Ballroom

SESSION 13

8:30-10 a.m.

- General Session: Self-care for the Stressed Professional

10-10:10 a.m.

Break

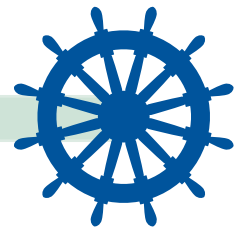
10:10 a.m.

Conclusion and Prize Drawings

Register online at safetyseries.cventevents.com/wppfp26

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Sessions



Tuesday, December 1

7:30 a.m.

Registration opens and Networking Breakfast
(hot breakfast buffet provided) – Grand Ballroom

7:30 a.m.-3:30 p.m.

Exhibits open

SESSION 1

8:30-9:45 a.m.

Opening and Keynote

Mandie Bryant and Debbie Mattinen
Conference Planning Committee Co-chairs

Keynote: The History of the Safety and Health Conference – How It Started and What is My Why

The History of the Safety and Health Conference

– **How it Started:** The Pulp and Paper Safety and Health Conference was started by a small group of papermill employees that felt the need to introduce safety and health to site workplaces. After several serious accidents and incidents, the group came together to form what is now the Western Pulp, Paper, and Forest Products Safety and Health Conference.

Gary McDonough
30-year employee
Retired from Georgia-Pacific Toledo
Payette, Idaho

What is My Why: What makes employees work safely? Why do we work safely and why is working safely so important? Why and how safety impacts your life, the lives of others, and businesses?

Edward Larson
Safety Representative
Olsson Industrial Electric, Springfield

9:45-10:30 a.m.

Break and Visit Exhibits; Passport activity begins

SESSION 2

10:30 a.m.-noon

Roundtable: Mobile Equipment (repeat on Thursday)

Join James Froberg and Shauna DeSpain for an interactive discussion focused on the safe operation and management of mobile equipment in the pulp and paper industry. This roundtable provides an opportunity to share experiences, discuss recent incidents and lessons learned, and explore practical solutions for reducing risk in daily operations.

Shauna DeSpain
Pipefitter General Mechanic
Smurfit Westrock, Longview, Washington

James Froberg
Long Term Project Safety, Mill Electrician
Smurfit Westrock, Longview, Washington



Is That Confined Space Permit Required? Yes or No?

Industrial facilities and construction sites have a wide variety of enclosed areas within which workers may perform a wide variety of work tasks. The safety standards that would apply to each of these spaces depend on how they are identified and classified by the employer. Confined spaces (*both permit and non-permit required*), enclosed spaces, confined spaces under the welding standard, and other enclosed areas all have slightly different definitions and safety standards.

In this session we analyze all the different categories of enclosed spaces and see what standards apply to each along with best practices for protecting entrants and responding properly in the event of an emergency.

Jim Johnson

CEO

D2000 Safety, Inc., Eugene

Normalizing and Processing Grief: A Voluntary Interactive

Grief is deeply personal and can look different for each person and each loss. There is value in having a safe, supportive space where people can share their experiences without judgement or expectations about how they “should” grieve. The hope is to help participants feel less alone while gaining a greater understanding of their own grief journey. Participants receive resources and support to help themselves and others experiencing grief at home and in the workplace.

Brooke Stafford, LMFT, MA

Marriage and Family Therapist

Manestream Therapy, Portland

Proven Strategies for Improving Interactions

(10:30 a.m.-5 p.m.; repeat session on Thursday)

This class focuses on the human element in safety. This interactive one-day workshop develops essential communication skills and creates mindsets to improve the quality of our relationships. When people take ownership for how their behaviors affect others, more meaningful and authentic interactions are possible. When relationships break down, information is withheld, immovable positions are taken, and interpersonal dramas escalate, negatively affecting quality, safety, and productivity. This workshop explores the human element from the perspectives of conscious communication and interpersonal neurobiology. Be prepared to take a deep dive in discovering patterns or behaviors that influence your interactions with others. Develop skills that can be applied on and off the job with family, friends, and workmates.

Dan Miller

President

Dan Miller & Associates, Bend

Fall Protection

In this session, key points include:

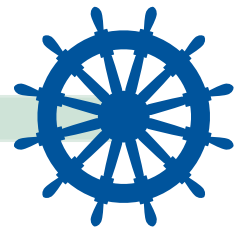
- The shift from fall protection to fall hazard elimination.
- Understanding why experienced workers fall.
- Managing nonroutine work.
- Risk management for high-energy falls.
- The hidden risks unique to pulp and paper facilities.
- Human performance and fall protection.
- Rescue readiness is more important than arrest capability.
- Leading indicators that predict risk.
- Building a generative fall-safety culture.

Garye Twichell, CSP

Senior Safety Leader

Smurfit Westrock, Longview, Washington

Sessions



Tuesday, continued

American Heart Adult CPR/AED and First Aid

(10:30 a.m.-5 p.m.; repeat session on Thursday)

Attendees receive a card after successfully completing this full training course.

- ▶ **Daniel Ammons, Rope Technician (DPSST)**
Fire Chief
Georgia-Pacific, Toledo
- ▶ **BJ Wawrak, Rope Technician (DPSST)**
Maintenance Utility
Georgia-Pacific, Toledo

Noon-1:30 p.m.

Lunch (provided) and Visit Exhibits

Prize drawing at 12:30 p.m.

SESSION 3

1:30-3 p.m.

Proven Strategies for Improving Interactions
(continues)

American Heart Adult CPR/AED and First Aid
(continues)

Roundtable: Training/Retaining Employees

This roundtable is an opportunity to share strategies that facilities are using to keep new hires and to learn what a solid onboarding process looks like. We got the employees; how do we keep them?

- ▶ **Geni Lefler**
EHS Manager
Smurfit Westrock, Tulare, California
- ▶ **Jeremy Whiteside**
Crane Tech
Georgia-Pacific Wauna, Clatskanie

Distractions in the Workplace

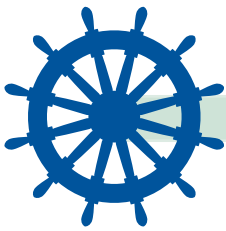
The demands on our attention that often distract us from maintaining focus on the job requires personal skill and a shared safety culture. This session explores distractions in the workplace through three distinct lenses: the cognitive factors that hijack mental bandwidth, the environmental conditions that disrupt awareness, and the physiological states that undermine energy and reaction times.

- ▶ **Eric Connelly, CSP**
Construction Safety Specialist
SAIF Corporation, Lake Oswego

Beyond Compliance: Preventing Confined Space Fatalities in High-Reliability Organizations

The following key points are covered in this session:

- Shift from permit compliance to exposure elimination.
 - Understand why confined space fatalities continue to occur.
 - Confined space hazards are dynamic, not static.
 - Atmospheric testing is not hazard identification.
 - The pulp and paper industry's unique confined space risks.
 - Energy control is often the real killer.
 - Human performance in confined spaces.
 - The fatal rescuer phenomenon.
 - Rescue capability versus rescue plans.
 - Learning from weak signals.
 - Building a highly reliable confined space program.
- ▶ **Garye Twichell, CSP**
Senior Safety Leader
Smurfit Westrock, Longview, Washington



Hazardous Line Breaking: Program Overview and Best Practices

This presentation focuses on the hazards of line breaking in manufacturing maintenance with an emphasis on worker safety. Key topics include risk identification, safe work procedures, and effective communication among all team members. The importance of proper permitting and the correct use of personal protective equipment are explored in detail. Participants leave this session with practical strategies to improve their safety program and manage risk during line-breaking tasks. [Note: This session discusses line break safety programs. It is not a technical session addressing line breaking methods.]

► **Dustin Crawford**

*Environmental Engineer, Water
International Paper, Springfield*

3-3:30 p.m.

Break and Visit Exhibits

SESSION 4

3:30-5 p.m.

Proven Strategies for Improving Interactions
(concludes)

American Heart Adult CPR/AED and First Aid
(concludes)

Roundtable: Challenges with Confined Space in Our Workspace

Why do experienced organizations still have confined space fatalities? Often because strong procedures and capable rescue teams do not always translate into effective rescue planning and capability. This session examines the gaps between having rescue capability and having a realistic, well-rehearsed rescue plan. This includes looking at the fatal rescuer phenomenon in which would-be rescuers become victims themselves. Participants explore atmospheric hazards that may be invisible or unpredictable, and learn why air monitoring, while essential, can sometimes create a false sense of security. The session also looks ahead at the future of confined space energy, including strategies for eliminating the need for entry whenever possible. Also addressed are shutdowns, outages, and turnarounds, where changing conditions and energy isolation failures can create significant risks. During the session, human performance principles are applied to confined space work to help organizations plan and prevent incidents before they occur.

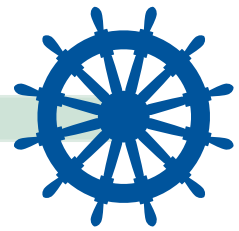
► **Ken Parsons, SMP**

*Safety Specialist
Smurfit Westrock, Longview, Washington*

► **Garye Twichell, CSP**

*Senior Safety Leader
Smurfit Westrock, Longview, Washington*

Sessions



Tuesday, continued

Why Good People Miss Bad Hazards: Cognitive Bias and Mindfulness at Work

This session explores the hidden psychological traps that compromise workplace safety and introduces practical tools to overcome them. We unpack the science of decision-making to reveal why experienced, well-intentioned professionals make mistakes and how increased awareness can prevent errors that lead to incidents.

► **Eric Connelly, CSP**

*Construction Safety Specialist
SAIF Corporation, Lake Oswego*

Basic Electrical Hazards – Taking the Mystery Out of Electrical Energy

This session offers safety professionals a foundational understanding of electrical energy and hazards at an OSHA 10 General Industry level. Designed to demystify electrical theory, the course begins with basic terminology — voltage, current, and resistance — and progresses into practical hazard recognition using the BE SAFE framework: Burns, Electrocution, Shock, Arc, Fires, and Explosions. Attendees explore real-world examples of electrical incidents, including ground faults, arc flash events, and step potential risks. The presentation emphasizes employer responsibilities under OSHA standards, including lockout/tagout procedures, ground fault circuit interrupter use, overhead line clearance, and flexible cord safety. Through engaging visuals and relatable scenarios, participants gain actionable insights into hazard identification, protective methods, and safe work practices around electrical systems.

► **Nowel Johnson**

*Senior Safety Management Consultant
SAIF Corporation, Lake Oswego*

Understanding the Connection Between Safety, Decision- Making, and Substance Use

This presentation combines real-life stories, practical information, and safety-focused discussions designed to engage employees at all levels. Topics include:

- Purpose and safety impact – Why this conversation matters in the workplace.
- Understanding addiction – Clear and accessible definitions.
- Brain and behavior – How addiction and human behavior can affect judgment and safety.
- Thinking, mood, and safety – The relationship between mental health and safe decision-making.
- Practical self-care tools – Strategies employees can use to improve resilience and well-being.
- Community resources – Support options for employees and their families.

► **Steve Harris**

*Business Development
Serenity Lane, Coburg*

Register online at safetyseries.cventevents.com/wppfp26

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Wednesday, December 2

7:30 a.m.

Registration opens and Networking Breakfast
(hot breakfast buffet provided) – **Grand Ballroom**

7:30 a.m.-3:15 p.m.

Exhibits open

SESSION 5

8-11:45 a.m.

Welcome

► **Greig Lowell**

*Statewide Consultation Manager
Oregon OSHA, Salem*

General Session: Surviving the Active Lethal Threat

2025 marked a sobering chapter in American history, recording the fourth-highest number of mass shootings ever – a stark reminder that active lethal threat events continue to haunt our communities. These violent incidents are striking every facet of society, leaving devastation behind, and exposing how dangerously unprepared many organizations remain. Without a robust response plan and essential training, businesses, schools, and agencies are vulnerable to chaos and tragedy. In this transformative session, Jesus Villahermosa Jr. exposes the urgent necessity of a

lockdown strategy – making clear that preparation is not just recommended, but absolutely vital for every American workplace. He unveils LEAST – Lockdown, Evacuation, and Survival Tactics – a groundbreaking safety program he has designed and delivered to organizations nationwide. Backed by real-life evidence, LEAST arms individuals with nine life-saving tactics that can tip the odds in your favor during an active lethal threat, whether you're at work, attending a concert, shopping at a grocery store, or in any public setting. The tactics Jesus teaches are direct, actionable, and proven: lockdown; duck, cover, assess, and move; running; evacuation; the power of your voice; hiding; playing dead; crawling; and fighting. Each strategy gives you a concrete plan, and a real fighting chance, when every second counts. Don't wait until disaster strikes to act; equip yourself with the skills and mindset needed to protect your life and the lives of those around you.

► **Jesus Villahermosa Jr.**

*President
Crisis Reality Training Inc.
University Place, Washington*

9:45-10:15 a.m.

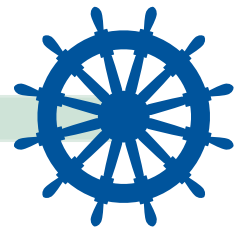
Visit Exhibits (Passport activity continues)

11:45 a.m.-1 p.m.

Lunch (provided) and **Visit Exhibits**

If you have questions or need help registering, call the Oregon OSHA Conference Section at 503-947-7411 or toll-free 888-292-5247, option 1.

Sessions



Wednesday, continued

SESSION 6

1-2:30 p.m.

Roundtable: Lockout/Tagout

(repeat on Thursday)

This lockout/tagout roundtable starts with a short demonstration of best practices for locking out and covers basics on alternate protective measures and zero energy. The session includes an open discussion on practices and procedures at your workplace.

- ▶ **AJ Fourier**
Lock Out Tag Out Coordinator
Georgia-Pacific, Toledo
- ▶ **Martin Thiede**
Millwright, fourth-year apprentice electrician
Boise Cascade, Willamina
- ▶ **Jeremy Whiteside**
Crane Technician
Georgia-Pacific Wauna, Clatskanie

Bystander to First Responder: Emergency Bleeding and Narcan Essentials

When a life-threatening crisis occurs, bystander intervention in the first few minutes is often the determining factor between life and death. This highly practical, hands-on session equips attendees with the vital skills needed to respond effectively to immediate medical emergencies before professional first responders arrive on the scene. Participants master the core tenets of the national Stop the Bleed campaign, learning how to recognize life-threatening bleeding, apply direct pressure, pack wounds, and confidently deploy a tourniquet. Additionally, this session addresses the critical reality of the opioid crisis by training attendees on how to identify the signs of an opioid overdose and safely administer the reversal agent Naloxone (*Narcan*). By the conclusion of this session, attendees walk away with the practical knowledge, muscle memory, and confidence needed to step up, control chaos, and save a life in a critical moment.

- ▶ **Aaron Green**
Operations Specialist and Safety Manager
Willamette Valley Company
Centralia, Washington
- ▶ **Nicole McCormack**
EMT
Lewis County District 8, Salkum, Washington
- ▶ **Shari Keim**
Medical Captain
Lewis County District 8, Salkum, Washington



Steam Hammer and Water/Condensate-Induced Water Hammer Safety (1-4:30 p.m.)

Steam and water systems present many hazards to personnel, but one that goes unrecognized at times is the destructive force of water hammer and condensate-induced water hammer. The symptoms leading to these events often get marginalized and normalized as a part of normal operations. Learn how proper design and maintenance of steam and water systems can prevent these events. The presentation discusses the properties of water and steam to help understand the mechanisms that generate steam and water hammer events. We also cover real-world events illustrating the devastating nature and hazard to personnel who operate these systems. Props are used to demonstrate the properties of these events. Conduct-of-operations principles and best practices are discussed to improve the safety of operations for steam systems. Initial response to steam injuries can be unique, and the injuries caused can be devastating. First-response actions to these injuries are discussed to bring awareness of how to respond to these injuries.

- **Dave Dey, CESPC**
Senior Industrial Training Specialist
Dey Safety Solutions, Kennewick, Washington
- **Sue Dey, RN, CEN**
Lead Instructor
Dey Safety Solutions, Kennewick, Washington

Leadership and the Human Element (1-4:30 p.m.)

Many managers and supervisors are promoted into leadership positions because of their technical skills. Unfortunately, they may focus their time addressing worker attitudes, but in reality, they can only influence worker performance. People struggle

with change because there is no attention given to the emotional and psychological effects it has on them. Learn to lead key aspects of change and transition by using proven strategies that positively affect safety culture. You have the opportunity to examine your leadership approach and practice key concepts that strengthen your relationships. This workshop explores conscious leadership from the following perspectives:

- Organizational culture
- Continuous improvement
- Leading change and transition

- **Dan Miller**
President
Dan Miller & Associates, Bend

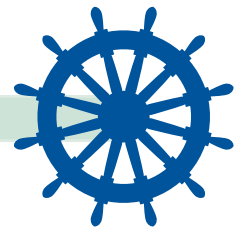
Trust Me—It's Safe!: Psyching You Out with Psychological Safety (1-4:30 p.m.)

What is psychological safety? Why does it matter? How does it relate to physical safety? More importantly, how can you create psychological safety in the workplace? Prepare for an engaging and thought-provoking workshop where we dive into the realm of psychological safety. With hands-on activities and group exercises, this course demonstrates the power of psychological safety to improve physical safety and health outcomes and show how anyone, from top managers to front-line workers, can be a positive force for promoting psychological safety in the workplace.

- **Timothy Carrico**
PM 10 Team Member
Smurfit Westrock, Kelso, Washington

2:30-3:15 p.m.
Break and Visit Exhibits
Prize drawings

Sessions



Wednesday, continued

SESSION 7

3:15-4:30 p.m.

Steam Hammer and Water/Condensate-Induced Water Hammer Safety (concludes)

Leadership and the Human Element (concludes)

Trust Me—It's Safe!: Psyching You Out with Psychological Safety (concludes)

Roundtable: Incentive and Engagement Programs

Join us for a collaborative roundtable discussion focused on sharing ideas, successes, and opportunities to strengthen employee incentive and engagement programs. Together, we explore innovative approaches, discuss what has been effective across teams, and identify new ways to recognize contributions, boost participation, and foster a positive workplace culture. This interactive session is designed to encourage open dialogue, knowledge sharing, and practical takeaways that can be implemented throughout the organization.

- ▶ **Angela Gorley**
Document Control Coordinator
Georgia-Pacific Wauna, Clatskanie
- ▶ **Alicia Lane**
Employee Experience Coordinator
Georgia-Pacific Wauna, Clatskanie
- ▶ **Ken Parsons, SMP**
Safety Specialist
Smurfit Westrock, Longview, Washington

Building a Company Business Continuity Plan

This session provides an overview of the essential components of an effective business continuity plan and the role continuity planning plays in organizational resilience and employee safety. Attendees learn about key continuity program requirements, regulatory considerations, documentation and binder organization, emergency communication planning, training expectations, and recovery coordination strategies. The presentation also discusses the importance of risk assessments, business impact analyses, continuity exercises, and ongoing plan maintenance as part of a comprehensive preparedness program. Ideal for safety professionals, managers, emergency coordinators, and organizational leaders responsible for operational preparedness and resilience.

- ▶ **Sheila Davis**
Safety, Compliance, and Training Specialist
Wilcox+Flegel, Longview, Washington

Awards Presentation and Dinner

Wednesday, December 2 • 5:30 p.m.
Grand Ballroom

*Join us as we
celebrate 34 years!*

Dinner tickets \$50 each

Purchase in advance

Grand Prize Drawing

You must be present to win!

Register online at safetyseries.cventevents.com/wppfp26

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Thursday, December 3

7:30 a.m.

Registration opens and Networking Breakfast
(hot breakfast buffet provided) – **Grand Ballroom**

SESSION 8

8:15-9 a.m.

General Session: Getting Your Body Ready for Work

Learn the importance of sleep, stretching, and nutrition to prepare for your workday.

- ▶ **Sam Rader, BA, Certified Nutritional Consultant**
Owner
Proactive Injury Prevention Inc.
Vancouver, Washington

9-9:30 a.m.

Transition time

SESSION 9

9:30-11:30 a.m.

Communication: The Vital Key to Safety No Matter the Generation

Clear communication saves lives in industrial environments. Whether working alone, or in a multigenerational setting, differences can sometimes create gaps that affect safety. With baby boomers, Gen Xers, millennials, and Gen Zers all working side-by-side, understanding how each group communicates is crucial to ensuring safety messages are heard, understood, and acted on. This course focuses on bridging the generational communication styles to strengthen the safety culture, reduce misunderstandings, and keep every worker protected. Whether you work alone or in a group, improving your communications skills is always key!

- ▶ **Geni Lefler**
EHS Manager
Smurfit Westrock, Tulare, California

Managing Our Driving Behaviors

If you like to have fun while learning, then you are in for a real treat. Syd Muzzy, known all across the United States as a “driver behavior specialist,” offers a unique and fresh approach to “defensive driving” courses that keeps you and your employees alive. Topics include driver distractions, physical and mental limitations, 15 good driving habits, driver behaviors, and truths and myths regarding “drowsy driving.” You learn all about what our minds and bodies can and cannot do, as well as the limitations of the vehicles we operate. This is a fast-paced, energetic, fun, and very informative course. Hang onto your seats for a passionate and emotional ride. We invite you attend this special seminar!

- ▶ **Syd Muzzy, MA, Driver Behavior Specialist**
Traffic Safety Education Consultant
Sydney W. Muzzy Traffic Safety Education
Consultant, Vancouver, Washington

HOP vs. the Alternatives

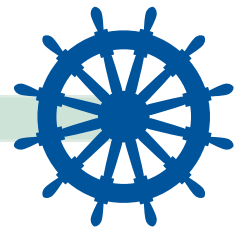
In this session we cover the question: Is human and organizational performance (HOP) really a kid-glove method of managing people or is it a sharper knife for cutting down to root causes in deviations?

- ▶ **Matt Faber**
Project Engineer/Manager
Georgia-Pacific, Toledo

Proven Strategies for Improving Interactions (9:30 a.m.-3:30 p.m.; repeat session from Tuesday)

This class focuses on the human element in safety. This interactive one-day workshop develops essential communication skills and creates mindsets to improve the quality of our relationships. When people take ownership for how their behaviors affect others, more meaningful and authentic interactions are possible. When relationships break down, information is withheld, immovable positions are taken, and interpersonal dramas escalate,

Sessions



Thursday, continued

negatively affecting quality, safety, and productivity. This workshop explores the human element from the perspectives of conscious communication and interpersonal neurobiology. Be prepared to take a deep dive in discovering the patterns or behaviors that influence your interactions with others. Develop skills that can be applied on and off the job with family, friends, and workmates.

Dan Miller

President

Dan Miller & Associates, Bend

Nutrition and Wellness in the Workplace

This session is an interactive discussion on nutritional choices, dieting, and the importance of staying properly hydrated at work. It targets the overall wellness of employees – mentally and physically. It teaches strategies to help overcome obesity, stress, and chronic fatigue. This program is designed to help identify potential health concerns before they become serious injuries.

Sam Rader, BA, Certified Nutritional Consultant

Owner

Proactive Injury Prevention Inc.

Vancouver, Washington

American Heart Adult CPR/AED and First Aid

(9:30 a.m.-3:30 p.m.; repeat from Tuesday)

Attendees will receive a card after successfully completing this full training course.

Daniel Ammons, Rope Technician (DPSST)

Fire Chief

Georgia-Pacific, Toledo

BJ Wawrak, Rope Technician (DPSST)

Maintenance Utility

Georgia-Pacific, Toledo

11:30 a.m.-12:30 p.m.

Lunch *(provided)*

SESSION 10

12:30-1:45 p.m.

Proven Strategies for Improving Interactions
(continues)

American Heart Adult CPR/AED and First Aid
(continues)

Roundtable: Lockout/Tagout
(repeat from Wednesday)

This lockout/tagout roundtable starts with a short demonstration of best practices for locking out and covers basics on alternate protective measures and zero energy. The session includes an open discussion on practices and procedures at your workplace.

AJ Fourier

Lock Out Tag Out Coordinator

Georgia-Pacific, Toledo

Martin Thiede

Millwright, fourth-year apprentice electrician

Boise Cascade, Willamina

Jeremy Whiteside

Crane Technician

Georgia-Pacific Wauna, Clatskanie

Mindful Safety: Staying Present, Staying Safe

We cover what mindfulness is and why it matters in safety. Included are practical mindfulness techniques for the workplace that improve situational awareness and hazard recognition, and reduce complacency during routine work. Mindfulness in safety means intentionally focusing on the present moment and being fully aware of your surroundings, tasks,



Sessions

Thursday, continued

and potential hazards. When we stay present and focused, we protect ourselves, our co-workers, and the success of our operations.

Loria Holden, CSP

Senior Safety Manager

Smurfit Westrock, Longview, Washington

Process Opening vs. Hazardous-Line Breaking: Definitions, Program Overview, and Best Practices Discussion

This session defines process opening and hazardous-line breaking, explains the key differences between them, and reviews the risks associated with exposing or releasing process materials. Attendees are encouraged to share engineered solutions that have successfully reduced hazards and employee exposure. Participants are able to explore and discuss an established process opening safety program with real-world examples and lessons learned that provide practical strategies for strengthening process safety and operational performance.

Dustin Crawford

Environmental Engineer, Water

International Paper, Springfield

Mobile Equipment and Pedestrian Interaction Safety Improvement

Learn how one manufacturer significantly reduced powered industrial truck and pedestrian struck-by injuries, lowered the number of tip-over incidents, as well as decreased mobile-to-mobile and mobile-to-object events. These improvements were accomplished using a comprehensive strategy and new technology, including artificial intelligence cameras, mast height sensors, and speed-control devices across the manufacturer's powered industrial truck fleet. The speakers also discuss how

the company eliminated boiling liquid expanding vapor explosions by using prevention-through-design and human-and-organizational-performance concepts and tools.

Kirk Mahan, PE, CSP

Director, Safety

Georgia-Pacific, Atlanta, Georgia

Andrew Perkins, ASP

Senior Safety and Health Manager

Georgia-Pacific, Atlanta, Georgia

1:45-2:15 p.m.

Break and Dessert (*Lower lobby by breakout sessions*)

SESSION 11

2:15-3:30 p.m.

Proven Strategies for Improving Interactions
(concludes)

American Heart Adult CPR/AED and First Aid
(concludes)

Roundtable: Mobile Equipment
(repeat from Tuesday)

Join James Froberg and Shauna DeSpain for an interactive discussion focused on the safe operation and management of mobile equipment in the pulp and paper industry. This roundtable provides an opportunity to share experiences, discuss recent incidents and lessons learned, and explore practical solutions for reducing risk in daily operations.

James Froberg

Long Term Project Safety, Mill Electrician

Smurfit Westrock, Longview, Washington

Shauna DeSpain

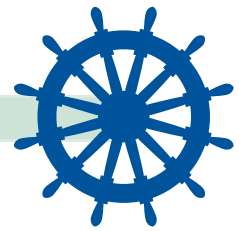
Pipefitter General Mechanic

Smurfit Westrock, Longview, Washington

Register online at safetyseries.cventevents.com/wppfp26

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Sessions



Thursday, continued

Energize Your Safety Committee: Zap It With Creativity

Is your safety committee stale or boring? Is it hard to get people to join the committee or come to meetings? If so, this presentation is for you! This interactive course reviews the best practices for engaging employees using safety committees, and you don't even have to buy pizza.

Leigh Manning, MPH, CSP, ARM

*Senior Safety Management Consultant
SAIF Corporation, Eugene*

Debbie Mattinen

*Senior Safety Management Consultant
SAIF Corporation, Lake Oswego*

Hand Safety

You are born with one set of hands. You must take care of them. Discussed are the hazards of working in the pulp and paper industry, ways to help protect the hands you were born with, and the effects of living without them.

Keith Johanson

*Safety Specialist
Smurfit Westrock, Longview, Washington*

Matt Pomerinke

*Safety Specialist
Smurfit Westrock, Longview, Washington*

Synthetic Ropes in the Forest Products Industry

Synthetic ropes have already replaced steel wire in some forestry applications, and with the more recently developed ropes and newer fibers, there are more opportunities to replace steel wire, chain, and shackles. These replacements are lighter, easier to handle, and just as durable. Synthetic ropes, and the blocks designed to work with these high-tech ropes, are dramatically lighter than the industry standard steel wire and matching steel blocks and shackles. These weight savings are a huge advantage, especially when you have to pack the gear in and out of active sites. In forestry/logging, as with fishing, switching to these products can make the job easier and help create a safer working environment.

Mike Spear

*General Manager
Gannet Nets, Vashon, Washington*

3:30-3:45 p.m.

Transition time



SESSION 12

3:45-4:45 p.m.

Spill the Tea with Mandie and Debbie – Reflections and Connections: Sharing Your Conference Experience

Wrap up your conference journey by joining fellow attendees for an interactive session designed to capture your takeaways, insights, and highlights. This is your chance to reflect on what you've learned, exchange ideas with peers, and share stories about the sessions, speakers, and moments that made the biggest impact. Whether it's a new strategy, a fresh perspective, or a memorable connection, your experiences will help create a collective snapshot of the conference. Come ready to contribute, listen, and leave with renewed energy and inspiration to bring back to your work.

Mandie Bryant

Lube Tech

Smurfit Westrock, Longview, Washington

Debbie Mattinen

Senior Safety Management Consultant

SAIF Corporation, Lake Oswego

Georgia-Pacific Company Meeting

A safety meeting for Georgia-Pacific employees.

International Paper Company Meeting

A safety meeting for International Paper employees.

Smurfit Westrock Paper Company Meeting

A safety meeting for Smurfit Westrock Paper employees.

Friday, December 4

7:30 a.m.

Registration opens and Networking Breakfast
(hot breakfast buffet provided) – Grand Ballroom

SESSION 13

8:30-10 a.m.

Self-care for the Stressed Professional

As professionals, we are asked show up to work well-rested, work-focused, and protect property and environment all while we are also managing a whole life outside of work with its own unique challenges. Those responsibilities can take a toll on our own wellbeing. This session addresses the unique needs of working professionals balancing a real life, too. Each attendee

leaves with a draft self-care plan for themselves as well as many ideas to incorporate into their wellness plans.

Learning objectives:

- Utilize team techniques to identify stressors unique to the pulp and paper profession
- Describe clinically proven wellness practices
- Understand personal stressors and interests to add to a self-care plan
- Develop a personal self-care plan

Mandi Horton, MS, BS, BA, CSP, CHST

Director of Safety Services

*Associated General Contractors of Washington
Seattle, Washington*

10:10 a.m.

Conclusion and prize drawings

Special Thanks — Sponsors

The Conference Planning Committee members thank the following organizations for their generous donations to this year's conference:

<i>AWPPW Local 5..... Camas, WA</i>	<i>International Paper Springfield, OR</i>
<i>AWPPW Local 13 Toledo, OR</i>	<i>Jammie's Environmental.....Longview, WA</i>
<i>AWPPW Local 153.....Longview, WA</i>	<i>Olsson Industrial Electric</i>
<i>AWPPW Local 677.....Springfield, OR</i>	<i>SAIF Corporation..... Oregon</i>
<i>AWPPW Washington Area Council..... Washington</i>	<i>SHARP Alliance Oregon</i>
<i>Boise Cascade</i>	<i>Smurfit Westrock Container Longview, WA</i>
<i>Cowlitz-Wahkiakum Central Labor Council Longview, WA</i>	<i>Smurfit Westrock Paper Mill Longview, WA</i>
<i>Georgia-Pacific Toledo, OR</i>	<i>USW Int'l Union Local 1097..... Clatskanie, OR</i>
<i>Georgia-Pacific Wauna Clatskanie, OR</i>	<i>Wilcox + Flegel Longview, WA</i>

(List as of 9/24/26)

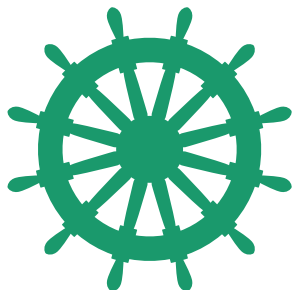
Conference history

The Pulp, Paper, & Forest Products Safety & Health Conference (formerly *Pulp & Paper Workers Safety & Health Conference*) is celebrating its 34th year! The conference started in 1990 as a single training day with an attendance of 50 people. It was developed by the AWPPW Oregon Area Council Safety Steering Committee and Oregon OSHA. As more people became involved with the conference, more mill managers realized the value in supporting it and they made this conference the one to send employees for outside training.

There is now a planning committee with labor, management, and government representatives from Oregon, Washington, Idaho, and California. This three-and-a-half-day event is the largest safety and health conference in the West dedicated to providing quality educational opportunities for the pulp, paper, and converting industries. Past attendance has exceeded 450 people and, each year, the conference program gets better. The conference offers more than 45 workshops and sessions and 40 exhibit booths showing the latest safety-and-health products and services. There is an awards ceremony and dinner that acknowledges safety and health excellence in the industry.



A joint effort of the Oregon/Idaho/California/Virginia Pulp & Paper Workers Council of AWPPW, the Department of Consumer and Business Services Oregon Occupational Safety & Health Division (Oregon OSHA), the Washington Council of AWPPW, the Washington Department of Labor & Industries (DOSH), USW, and the pulp and paper manufacturing and forest products industries.



Western Pulp, Paper, & Forest Products Safety & Health Conference

December 1-4, 2026

Holiday Inn Portland – Columbia Riverfront • Portland, Oregon

Registration Form

Please print

*All parts of the registration form must be completed
before we can process your registration.*

Name: _____

Company: _____

Job title: _____

Business mailing address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Ext.: _____

Required for Confirmation: E-mail address:

(Must be unique e-mail address; no duplicate e-mails) _____

Is this the first WPPFP Conference you've attended? ☐ Yes ☐ No

Part 1 – Registration Fees

Check all that apply

- ☐ Full conference (Dec. 1-4)..... \$480
- ☐ One day – Tuesday (Dec. 1)..... \$160
- ☐ One day – Wednesday (Dec. 2)..... \$160
- ☐ One day – Thursday (Dec. 3)..... \$160
- ☐ One day – Friday (Dec. 4)..... \$60
- ☐ Awards dinner @ \$50 per person *(purchase in advance)*

How many Award dinner tickets _____ \$ _____

TOTAL ENCLOSED \$ _____

*Check, credit card, or purchase order
must accompany registration form.*

Mailing address:

Pulp, Paper, & Forest Products Conference
PO Box 5640 • Salem, OR 97304-0640

Scan/email: oregon.conferences@dcbs.oregon.gov

Fax: 503-947-7019

Questions?

Call the conference Section toll-free at
888-292-5247, option 1 or in Salem 503-947-7411

FOR PRE-REGISTRATION, RETURN BY NOVEMBER 20, 2026.

Some sessions may close; if you intend to register on-site, call for session availability, 503-947-7411.

Charge my: ☐ MasterCard ☐ VISA ☐ American Express ☐ Discover

Name on card (print): _____

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Billing address: _____

Phone number: _____ Billing Zip Code: _____

Exp. date: _____ Security code: _____

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Office use only

Date Rec. _____

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{ 3 digits on back of MasterCard or VISA
4 digits on front of American Express

(Continued on next page)

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*For your protection, your credit card
number will be shredded after processing.*

Part 2

For each time period, circle the **1** next to the session you would most like to attend.
Also circle the **2** next to the session that is your second choice for that time period.

(See **Schedule at a glance**, pages 6–9
for registration times, breaks, and meals.)

Tuesday, December 1, 2026

7:30–8:30 a.m.

- ☐ Yes, I will attend the Networking Breakfast
(hot breakfast buffet provided)

8:30–10 a.m.

SESSION 1

- ☐ Yes, I will attend the Opening and Keynote: The History of
the Safety and Health Conference and What Is My Why

10:30 a.m. – noon

SESSION 2

- 1 2 Roundtable: Mobile Equipment (repeat on Thursday)
1 2 Is That Confined Space Permit Required? Yes or No?
1 2 Normalizing and Processing Grief: A Voluntary Interactive
1 2 Proven Strategies for Improving Interactions
(10:30 a.m.–5 p.m.; repeat session on Thursday)
1 2 Fall Protection
1 2 American Heart Adult CPR/AED and First Aid (10:30 a.m.–5 p.m.;
repeat on Thursday)

1:30–3 p.m.

SESSION 3

- Proven Strategies for Improving Interactions (continued)
■ American Heart Adult CPR/AED and First Aid (continued)
1 2 Roundtable: Training/Retaining Employees
1 2 Distractions in the Workplace
1 2 Beyond Compliance: Preventing Confined Space Fatalities in
High-Reliability Organizations
1 2 Hazardous Line Breaking: Program Overview and Best
Practices

3:30–5 p.m.

SESSION 4

- Proven Strategies for Improving Interactions (continued)
■ American Heart Adult CPR/AED and First Aid (continued)
1 2 Roundtable: Challenges with Confined Space in Our
Workspace
1 2 Why Good People Miss Bad Hazards: Cognitive Bias and
Mindfulness at Work
1 2 Basic Electrical Hazards – Taking the Mystery Out of
Electrical Energy
1 2 Understanding the Connection Between Safety, Decision-
Making, and Substance Use

Wednesday, December 2, 2026

7:30–11:45 a.m.

SESSION 5

- ☐ Yes, I will attend the Networking Breakfast (hot breakfast
buffet provided) and Keynote: Surviving the Active Lethal
Threat

1–2:30 p.m.

SESSION 6

- 1 2 Roundtable: Lockout/Tagout (repeat on Thursday)
1 2 Bystander to First Responder: Emergency Bleeding
and Narcan Essentials
1 2 Steam Hammer and Water/Condensate-Induced Water
Hammer Safety (1–4:30 p.m.)
1 2 Leadership and the Human Element (1–4:30 p.m.)
1 2 Trust Me—It's Safe!: Psyching You Out with
Psychological Safety (1–4:30 p.m.)

3:15–4:30 p.m.

SESSION 7

- Steam Hammer and Water/Condensate-Induced Water
Hammer Safety (concludes)
■ Leadership and the Human Element (concludes)
■ Trust Me—It's Safe!: Psyching You Out with Psychological
Safety (concludes)
1 2 Roundtable: Incentive and Engagement Programs
1 2 Building a Company Business Continuity Plan

Thursday, December 3, 2026

7:30–9 a.m.

SESSION 8

- ☐ Yes, I will attend the Networking Breakfast (hot breakfast
buffet provided) and General Session: Getting Your Body
Ready for Work

9:30–11:30 a.m.

SESSION 9

- 1 2 Communication: The Vital Key to Safety No
Matter the Generation
1 2 Managing Our Driving Behaviors
1 2 HOP vs. the Alternatives
1 2 Proven Strategies for Improving Interactions
(9:30 a.m.–3:30 p.m.; repeat session from Tuesday)
1 2 Nutrition and Wellness in the Workplace
1 2 American Heart Adult CPR/AED and First Aid
(9:30 a.m.–3:30 p.m.; repeat from Tuesday)

12:30–1:45 p.m.

SESSION 10

- Proven Strategies for Improving Interactions (continued)
■ American Heart Adult CPR/AED and First Aid (continued)
1 2 Roundtable: Lockout/Tagout (repeat from Wednesday)
1 2 Mindful Safety: Staying Present, Staying Safe
1 2 Process Opening vs. Hazardous-Line Breaking: Definitions,
Program Overview, and Best Practices Discussion
1 2 Mobile Equipment and Pedestrian Interaction Safety
Improvement

2:15–3:30 p.m.

SESSION 11

- Proven Strategies for Improving Interactions (concludes)
■ American Heart Adult CPR/AED and First Aid (concludes)
1 2 Roundtable: Mobile Equipment (repeat from Tuesday)
1 2 Energize Your Safety Committee: Zap It With Creativity
1 2 Hand Safety
1 2 Synthetic Ropes in the Forest Products Industry

3:45 a.m.–4:45 p.m.

SESSION 12

- ☐ Spill the Tea with Mandie and Debbie – Reflections and
Connections: Sharing Your Conference Experience
☐ Georgia-Pacific Company Meeting
☐ International Paper Company Meeting
☐ Smurfit Westrock Paper Company Meeting

Friday, December 4, 2026

7:30–10:30 a.m.

SESSION 13

- ☐ Yes, I will attend the Networking Breakfast (hot breakfast
buffet provided); General Session: Self-care for the Stressed
Professional

Special accommodations:

- ☐ Check if you require special (ADA or dietary) services.
Attach a written description of your needs.

Part 3 – Attendee Profile

Check one:

- ☐ Employee ☐ Management ☐ Owner
☐ Consultant ☐ Other

Are you a safety committee member?

- ☐ Yes ☐ No

How many years have you attended the conference?

- ☐ First year ☐ 2–3 years
☐ 4–6 years ☐ more than 6 years

How many employees are at your worksite:

- ☐ 1–20 employees ☐ 21–50 employees
☐ 51 or more employees